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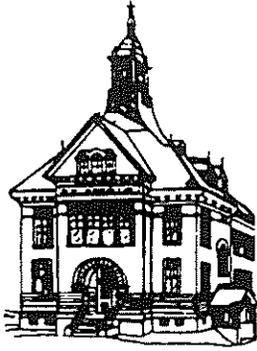
Roudenbush Community Center

FALL 2007

65 Main Street, Westford, MA 01886

978 692-5511 ext 0

Register online at www.roudenbush.org



The Roudenbush Community Center, Inc.

65 Main Street, Westford, Massachusetts 01886-2509
(978) 692-5511

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March 16, 2010

Jodi Ross, Town Manager
Town of Westford
23 Depot Street
Westford, MA 01886

Re: RFP #2010-100

Dear Jodi:

The Roudenbush Community Center, Inc. (TRCCI) respectfully submits this proposal to the Town of Westford. Known in Westford for over 35 years, "Roudenbush" has consistently delivered to the town and its citizens as well as other local communities a level of high quality programs virtually unheard of for an organization of its size. It has grown and prospered with the community and has added programs increasing its scope as the citizenry asked for more and varied activities.

Since any person or company can present a business plan and address buildings and programs, we asked ourselves, "What is it that distinguishes "Roudenbush" from others?" The first fact is that we have an unblemished 35 year record of serving the children, families and individual citizens of Westford and the surrounding towns with exceptionally high quality programs. Indeed just having 35 years of experience is not enough. We also know how to deliver these programs within affordable costs because of our non-profit status. The quality of our programs, the costs to our families and the impact to our budget, always of the utmost importance in planning new activities or reworking existing one, is the challenge, but it is one we meet and which will always remain our guiding principle. We continue to maintain our facilities, programs and budget to the highest local and state expectations and remain a caring and responsible non-profit.

We hold ourselves accountable to the families of Westford, our business partners, our board of directors, the dedicated volunteers and inspired staff. They all combine to make us a first-rate organization. It has been said many times and remains so today, "People don't care how much you know, until they know how much you care". We all care deeply for and about "Roudenbush". For these reasons, we respectfully ask that you accept our proposal, absorb its contents, and consider "Roudenbush" as the candidate that meets all the standards necessary to continue the legacy of this successful community center/organization.

Sincerely,

Frank J. Pisano, Chair
The Roudenbush Community Center, Inc.

A PROPOSAL TO THE TOWN OF WESTFORD

Submitted by

The Roudenbush Community Center, Inc. (TRCCI)

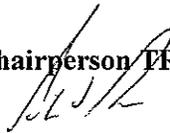
In response to

RFP #2010-100

MARCH 16, 2010

Frank J Pisano, Chairperson TRCCI

Signature: _____

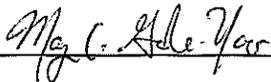


Date: _____

15 March 2010

Mary Gala-Yao, Clerk TRCCI

Signature: _____



Date: _____

15 MAR 2010

TRCCI PROPOSAL IN RESPONSE TO TOWN OF WESTFORD RFP #2010-100

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TRCCI Proposal in Response to Town of Westford RFP #2010-100

1.0 Executive Summary

The Roudenbush Community Center, Inc. (TRCCI) is pleased to submit this proposal in response to the Town of Westford RFP #2010-100. TRCCI is a 501(c) (3) not-for-profit organization that is uniquely positioned to offer outstanding community programming and activities serving a diverse range of Westford residents continuously for 35 years. TRCCI is the non-profit organization that is currently operating the Preschool, Childcare, School Age Childcare and Community Education programs currently in service at 65 Main Street, 73 Main Street and 170 Plain Road. In addition, TRCCI has an Adult Social Daycare Program at 65 Tadmuck Road that currently serves the senior community.

TRCCI plans to continue to offer the successful community education, licensed preschool, childcare, afterschool programs and child and adult classes in place today. By working in conjunction with the Westford town departments, TRCCI will continue to provide the same high-level of excellence that the town's residents have come to expect. Continuing to reside in the historic buildings we have faithfully restored and maintained, will enable us to continue our worthwhile mission. By choosing TRCCI as the recipient of this award, the town will be choosing the organization that will provide the best value and programs to the Town of Westford and ensure a seamless transition.

The Roudenbush Community Center began as the dream of a group of Westford residents in 1975. During the past 35 years, that dream has grown and blossomed under the stewardship of TRCCI, and today the Roudenbush Community Center is considered a "jewel" in the Town of Westford. TRCCI is proud to have been a central part in the growth and reputation of the town as a well-regarded and sought after community in which to nurture a family.

From Roudenbush Community Center's humble beginnings, offering just fifteen (15) classes in 1976 through the Community Education Department (CED) Brochure, the center has grown through the years to offer over 900 classes today. Roudenbush has become a fundamental part of life in Westford, with over 14,000 people per year participating in the CED programs and special events. Each year, over 600 children/adults are enrolled in the Roudenbush childcare and adult care programs.

The numbers of people served are impressive. Perhaps more impressive, however, is that this community center has been operating successfully and financially autonomous from the Town of Westford under TRCCI management. TRCCI has also maintained and improved the three historic buildings using funds generated by its programs and fund raising activities. Over the last ten years, the capital improvements TRCCI has made have totaled approximately \$700,000.00.

Due to its special place in the community, almost everyone in Westford has taken a class at Roudenbush, participated in a Roudenbush sponsored event or known a resident whose child has been cared for by the Roudenbush staff. As importantly, Roudenbush's positive impact on the Town of Westford along with TRCCI's assistance to families in need in this community exemplify Roudenbush's commitment to assisting the town's diverse population. TRCCI is the force behind all of this goodwill.

TRCCI has consistently demonstrated its ability to successfully run the Roudenbush Community Center while enhancing its programs, maintaining and upgrading the buildings and playgrounds, as well as serving as a shining example of how a well run non-profit can operate in self-sustaining fashion. TRCCI's intent is to continue this partnership with the Town of Westford.

1.1 Mission Statement

The Roudenbush Community Center is a self funded, non-profit corporation which strives to enrich the lives of adults and children by offering programs and services to meet the needs of Westford residents and the surrounding communities.

1.2 Proposed use of Facilities

TRCCI currently operates and will continue to operate the facilities at 65 Main Street, 73 Main Street and 170 Plain Road under the collective name “Roudenbush Community Center.” A summary of the proposed uses of the facilities is listed below. Details describing these proposed uses can be found in the body of this proposal.

- 65 Main Street currently serves and will continue to serve as the headquarters and business office of the Roudenbush Community Center. The classrooms and gymnasium will be utilized to deliver preschool programs (2.9 years to 7 years old), School Age summer childcare program (6 years to 13 years old), community education programs for all ages, gymnastics and other gym-based activities.
- 73 Main Street currently offers and will continue to offer childcare services for children ages six (6) weeks through kindergarten age and evening community education programs.
- 170 Plain Road currently offers and will continue to offer preschool programs for children twenty (20) months old to seven (7) years old and evening community education programs.

All childcare and preschool programs are currently licensed and will continue to be licensed through the Massachusetts Department of Early Education and Care (EEC).

1.3 Proposal Highlights

TRCCI is uniquely positioned to offer outstanding community programming and activities that serve a diverse range of Westford residents and others outside the community. TRCCI has been serving the community of Westford for 35 years and is the non-profit organization that is currently managing the Roudenbush Community Center in a financially self-sufficient mode.

This proposal describes the details of TRCCI’s approach to operating these programs in the three buildings identified in RFP #2010-100.

TRCCI’s unique qualifications and selected highlights of this proposal are listed below:

- *Readiness to commence operations:* TRCCI is currently operating all programs at 65 Main Street, 73 Main Street and 170 Plain Road. TRCCI has a detailed list of courses and programs currently offered and planned for the three buildings. Instructors and dates for these programs are listed in this proposal in Appendix B, C, D and E. TRCCI is currently operating these programs, so operations will continue/be ongoing.
- *Range of course and program offerings:* TRCCI offers and will continue to offer the over 900 plus educational, artistic, and physical education programs serving the widest age range of individuals. TRCCI’s proposal includes programs for infants aged six-weeks through senior citizens.

- *Plans for coordination with other organizations:* TRCCI has a successful history of collaborating with other Westford town departments and service providers. TRCCI will continue to work closely with town departments and other service providers to avoid duplication of programs and to provide new programs to bring added value to the community.
- *Routine building and grounds maintenance:* TRCCI has over 30 years of experience in maintaining and improving the three buildings identified in RFP #2010-100. As the provider of maintenance and capital improvements for these building for many years, TRCCI has hands on experience in the unique challenges of maintaining these historic buildings and grounds. This proposal contains a detailed plan for ongoing maintenance of buildings and grounds in section 8.0.
- *Management and corporate experience:* TRCCI's current Executive Director has been managing the Roudenbush Community Center for seven years. The seven member management team for the programs proposed in this proposal has an average of 10 years experience managing their respective programs at the community center. This team of professionals provides strong leadership serving the educational, intellectual, creative, and physical education needs of the Westford community, while also conducting regular and frequent capital improvements and maintenance of the buildings—all in a self-sufficient environment.

1.4 Highlighted Financial Plan Elements

TRCCI has included in the proposed budget for FY11 the following expenditures that will meet the RFP requirements:

Utilities and technology, building and grounds Maintenance, Snow and ice removal, minor repairs, custodial services, maintenance of waste water system (73 Main St and 65 Main St) , upkeep and maintenance of septic system (170 Plain Road).

In addition, TRCCI has extensively restored and maintained these building over the past 35 years and will continue to preserve and retain the historic integrity and market value of these valuable town assets. Please reference Appendix B for the history of past capital improvement projects TRCCI has completed over the years totaling over \$700,000. A few examples of the extent of our renovations and enhancements are:

- TRCCI has replaced the windows at all three locations
- Installed new playgrounds at all three locations
- Installed new exterior siding and trim at 73 Main Street and 65 Main Street.

2.0 Proposed Use of Facilities

2.1 Proposed use of 65 Main Street Building

2.1.1 Overview

The 65 Main Street building is currently used and will continue to be used for preschool programs, community education and school age programs. All preschool programs will be managed by the Director of Preschool with an onsite Assistant Preschool Director. The

Manager of Community Education will oversee all CED activities. The School Age Director will oversee the School Age Program.

The 65 Main Street building serves and will continue to serve as the main headquarters for TRCCI operations where the Executive Director will manage all aspects of the business. The reception area in the front of the building will continue to be used for customer service and registration for all programs offered by TRCCI. The Business Office, Development Office, Facilities/Maintenance operations and School Age Director will continue to be located on the lower level.

The gym located on the lower level will continue to be used for the gymnastic programs and other related physical education classes. The three closets will be used for storage, and the office will be used for the Gymnastic Coordinator and instructors.

2.1.2 Detailed list of Programs to be Offered

Preschool Programs at 65 Main Street

The three classrooms on the second floor of 65 Main Street are used and will continue to be used for preschool programs Monday through Friday as described below. The preschool program is licensed by the Massachusetts Department of Early Education and Care (EEC).

TRCCI's EEC license for 65 Main Street was renewed on January 22, 2010. There have been no serious violations of EEC guidelines at 65 Main Street, which is a credit to the maintenance and upkeep by the TRCCI staff to maintain these buildings to strict EEC regulations.

The three classrooms have a combined capacity of 56 children per EEC guidelines. All classes are staffed and will continue to be staffed with qualified Lead Teachers, Teachers and/or Assistant Teachers in accordance with EEC regulations. A fulltime Assistant Director is on-site to maintain the daily activities and assist the Director in overseeing the preschool programs.

The age-specific preschool programs offered will depend on the market demand for various age groups.

Currently, TRCCI is licensed to offer the following programs in the three classrooms at 65 Main Street. These programs are scheduled to run until the end of the 2009-2010 school year.

Room 3 (second floor): Preschool programs for up to 20 children (2.9 to 7 years old) per EEC guidelines.

Room 4 (second floor): Preschool programs for up to 20 children (2.9 to 7 years old) per EEC guidelines.

Room 5 (second floor): Preschool programs for up to 16 children (2.9 to 7 years old) per EEC guidelines.

A detailed schedule for the programs currently offered in each classroom is included in Appendix C. We anticipate similar scheduling with some variation due to market demand in different age groups.

In addition to the classrooms, the preschool program utilizes and will continue to use the hall closet for supplies/snacks storage. One room in the attic is currently used for storage and will be continue to be designated for Preschool storage. TRCCI will continue to use one office on the third floor/attic for the Assistant Preschool Director.

Community Education Programs at 65 Main Street

The Community Education Department (CED) uses and will continue to use the Avis Lounge, gymnasium, and Room 2 for community education programs from 8:30 AM - 9:00 PM daily. Rooms 3, 4 and 5 are also used for CED programs after 4:00 pm. On Saturdays and Sundays, all rooms at 65 Main Street will be available for use between 8:00 AM - 9:00pm depending on programming.

The CED Department may also opt to use rooms at 73 Main Street occasionally for evening or weekend CED classes when 65 Main Street is at full capacity. Additionally, CED will negotiate to use classrooms throughout the Westford School system for various programs as well as outside vendor locations for many dance/art classes as we have historically done in the past to facilitate the broadest range of classes and participants.

Community education programs will be offered in the following categories:

Adult Programs	Child Classes
Arts and Crafts	Early Learning (0-5 years)
Cooking and Home	Arts and Crafts
Computer and Online	Cooking
Fitness and Dance	Fitness and Dance
Personal Enrichment	Learning and Fun
Life and Financial Planning	Special Needs
Health and Safety	Gymnastics
Trips and Tours	
Parenting and Teaching	

Additional categories of classes will be added in response to market demand. A detailed schedule of CED programs with specific dates, times and instructors is shown in Appendix D.

2.1.3 Hours of Operation

Preschool hours of operation currently are and will continue (during the school year) as follows:

Monday through Friday (8:00 AM – 4:00 PM)

School Age hours of operation currently are and will continue (during summer and vacation weeks) as follows:

Monday through Friday (7:00 AM – 6:00 PM)

Community Education programs hours of operation currently are and will continue as follows:

Monday through Friday (8:30 AM - 9:00 PM)

Saturday and Sunday (8:00 AM – 9:00 PM)

2.1.4 Students, Clients, Staff

Preschool programs

Preschool programs at 65 Main Street have a maximum capacity of 56 children per EEC regulations.

Planned staffing: Assistant Director (1), Administrative Assistant (1), Lead teachers (6), Teachers (3), Assistant Teachers (2)

Community Education

Student Capacity: 14,000 annually

Planned staffing: CED Manager (2), Administrative Assistant (2), Clerk (2), Gymnastic Coordinator (1), Instructors (6)

Contractors: CED employs over 50 independent contract instructors year round for its community education classes.

Business Operations :

Executive Director (1), Business Manager (1), Finance Coordinator (1), Facilities Manager (1), Custodian/Maintenance (1), School Age Director (1)

2.1.5 Parking and Traffic

67 parking spots are required, including two van-accessible parking spots.

Individual families transport the clients to the buildings. Classes are staggered to accommodate for parking and alleviate congestion in the parking area. There is a designated entrance and exit to ease the flow and congestion of traffic.

2.2 Proposed use of 73 Main Street Building

2.2.1 Overview

The proposed use for the 73 Main Street building (“Frost”) will be a full-time childcare facility for ages six (6) weeks through kindergarten. The TRCCI childcare program is licensed by EEC. The eight classrooms will be organized to offer programs to infants, toddlers, preschoolers, and pre-kindergarten aged children.

There are two offices in this facility. One will be for the Directors of this program and one to be utilized for the Administrative Assistant and document storage. In addition, there will be an office designated for the staff on the first floor.

The basement will be used for food storage, storing craft supplies, laundry and cooking.

TRCCI's EEC license for 73 Main Street was renewed on March 2, 2010. There have been no serious violations of EEC guidelines at 73 Main Street, which is a credit to the maintenance and upkeep by the TRCCI staff to maintain these buildings to strict EEC regulations.

2.2.2 Detailed List of Programs to be Offered

The programs offered at 73 Main Street will be organized around the eight classrooms which will be configured with age-appropriate equipment and activities. Each class will have the appropriate number of Lead Teacher, Infant/Toddler Teacher, Teacher or Assistant Teacher as outlined by EEC guidelines.

Infant Room

Ages: 6 weeks through 15 months

Description: We will continue to provide a warm, nurturing environment, meeting the needs of every infant individually following a schedule set by the parents on feeding, napping etc. We will provide indoor time which consists of tummy time, arts & crafts, short stories, games and finger plays as examples, and we will continue to take the infants out for walks in carriages and on the lawn daily so that they may freely explore the surroundings.

Licensed for 7 children

Planned staffing:

- 1 educator with a Bachelors of Art, Lead teacher pre-school and Teacher Infant/toddler qualified
- 2 educators, Teacher pre-school and Teacher Infant/toddler qualified

Toddler Room

Ages: 12 months through 2 years

Description: The program will be based on lessons and activities designed to promote healthy growth and development. The daily schedule will consist of both large and small group activities held both indoors and out. We will bring the pre-school curriculum in and tailor it to meet the needs of the toddlers. We will continue to promote independent and group time while working on social skills & manners.

Licensed for 9 children

Planned staffing:

- 1 educator, Teacher pre-school and Teacher Infant/toddler qualified
- 2 educators, Teacher Infant/toddler qualified

Toddler Room

Ages: 2 years through 2.9 years

Description: The program will be based on lessons and activities designed to promote healthy growth and development. The daily schedule will consist of both large and small

group activities held both indoors and out. We will bring the pre-school curriculum in and tailor it to meet the needs of the toddlers. We will continue to promote independent and group time while working on social skills & manners.

Licensed for 9 children

Planned staffing:

- 1 educator with Bachelor of Arts, working towards Infant/toddler qualified
- 1 educator Teacher pre-school and Teacher Infant/toddler qualified

Pre-School Room

Ages: 2.9 years through 3.6 years

Description: The Preschool curriculum is designed to prepare the preschooler for a classroom environment by exploring math, language, science, art and music skills while developing large and small motor skills.

Licensed for 16 children

Planned staffing:

- 1 educator, Teacher pre-school and Teacher Infant/toddler qualified
- 1 educator, Lead Teacher pre-school qualified

Pre-School Room

Ages: 3.6 years through 4 years old

Description: The Preschool curriculum will continue to be designed to prepare the preschooler for a classroom environment by exploring math, language, science, art and music skills while developing large and small motor skills.

Licensed for 18 children

Planned staffing:

- 1 educator, Teacher pre-school qualified
- 1 educator, Teacher pre-school and Teacher Infant/toddler qualified
- 1 educator, Lead Teacher pre-school qualified

Pre-School Room

Ages 3.9 year olds through 4.9 year olds

Description: The Preschool curriculum will continue to be designed to prepare the preschooler for a classroom environment by exploring math, language, science, art and music skills while developing large and small motor skills.

Licensed for 18 children

Planned staffing:

- 1 educator with Bachelor of Science, Lead Teacher pre-school qualified
- 1 educator with Masters Degree, Lead Teacher pre-school, Lead Teacher Infant/Toddler and Director II qualified

Pre-K Room

Ages: 4 years old by September 1st

Description: The Preschool curriculum will continue to be designed to prepare the preschooler for a classroom environment by exploring math, language, science, art and music skills while developing large and small motor skills.

Licensed for 18 children

Planned staffing:

- 2 educators, Lead Teacher pre-school qualified
- 1 educator with Associates Degree, Teacher pre-school, Lead Teacher Infant/toddler qualified

Kindergarten Before/After School

Ages: 5 by September 1st

Description: Curriculum will include planned activities and non-structured play especially geared to the Kindergarten child. This program will continue to focus on enhancing and promoting mastery of newly acquired academic skills. *Please note: This program has and will continue as an on-going program that is not a substitution for the Westford Public School's Kindergarten Requirement but serves as a supplementary program for before and after Westford school hours.*

Licensed for 18 children

Planned staffing:

- 1 educator with Bachelor of Science, Teacher pre-school, Teacher Infant/toddler qualified
- 1 educator, Teacher pre-school qualified

2.2.3 Hours of Operation

The childcare program at 73 Main Street will be open 52 weeks per year. The hours currently are and will continue as follows:

Monday through Friday, 7:00 AM to 6:00 PM

2.2.4 Students, Clients, Staff

TRCCI will provide services for up to 111 children ages 6 weeks old through kindergarten per EEC licensing guidelines and required child/teacher ratios.

TRCCI onsite staff will include the following:

- 2 Directors
- 1 Administrative Assistant
- 22 Teachers
- 1 Custodian

All educators are licensed and qualified through the Massachusetts Department of Early Education and Care.

2.2.5 Parking and Traffic

25 parking spaces will be required.

TRCCI will continue to privately contract school buses, which will provide daily transportation to and from all Westford Elementary Schools. Over the years, TRCCI has established a “one way” entrance and exit which has eased the flow and eliminated traffic congestion.

2.3 Proposed Use of 170 Plain Road Building

2.3.1 Overview

The 170 Plain Road building will be primarily used for preschool programs for children ages 18 months to 6 years old. The TRCCI pre-school program is currently licensed by the EEC.

The four classrooms at 170 Plain Road will be divided into specific age groups per EEC requirements. The 170 Plain Road facility is currently licensed and will continue to offer preschool programs for up to 63 children under EEC guidelines. Classrooms will be divided into interest centers designed to encourage individual choice, group play and creativity. Incorporated into the curriculum will be activities that provide opportunities for small motor development, problem solving, language development, and pre-reading skills. The preschool will offer young children an opportunity to participate in group activities and explore the world around them.

TRCCI’s EEC license for 170 Plain Road was renewed on January 29, 2010. There have been no serious violations of EEC guidelines at 170 Plain Road, which is a credit to the maintenance and upkeep by the TRCCI staff to maintain these buildings to strict EEC regulations.

TRCCI will have an onsite Director to manage daily activities and to oversee the preschool programs. An Administrative Assistant will also be onsite.

2.3.2 Detailed List of Programs to be Offered

The age-specific preschool programs offered will depend on the market demand for various age groups.

Each class will have the appropriate number of Lead Teachers, Teachers or Assistant Teacher per EEC guidelines.

A detailed schedule for the programs currently offered in each classroom is included in Appendix E. We anticipate similar scheduling with some variation due to market demand in different age groups and are currently enrolling students for September, 2010.

We are currently licensed for the following programs:

Room 1 (upper level): Preschool programs for up to 18 children (2.9 to 7 years old) per EEC guidelines.

Room 2 (upper level): Preschool programs for up to 18 children (2.9 to 7 years old) per EEC guidelines.

Room 3 (lower level): Preschool programs for up to 12 children (2.9 to 7 years old) per EEC guidelines.

Room 4 (lower level): Preschool programs for up to 12 children (2.9 to 7 years old) per EEC guidelines.

During the summer vacation, TRCCI will offer Kindergarten Readiness Classes, “Fun in the Sun” days and other age-appropriate programs.

2.3.3 Hours of operation

Hours of operation currently are and will continue (during the school year) as follows:
Monday through Friday, 8:00 AM to 4:00 PM

2.3.4 Students, Clients, Staff

The building at 170 Plain Road is and will continue to be licensed to offer programs for up to 63 children per EEC requirements.

TRCCI onsite staff will include the following:

- 1 Director
- 1 Administrative Assistant
- 17 Teachers
- 1 Custodian

2.3.5 Parking and Traffic

35 parking spaces will be required.

To accommodate parking we will continue to stagger our class starting and ending times. We also have established a “one way” entrance and exit to ease the flow and congestion of traffic. The entrance is marked on the Plain Road side of the building and the parking flow exits onto the Oak Hill Road side of the building.

3.0 The Roudenbush Community Center, Inc. (TRCCI)

3.1 History

The Roudenbush Community Center (RCC) is a self funded, non-profit corporation whose mission is to enrich the lives of adults and children by offering programs and services to meet the needs of Westford residents and the surrounding communities.

Built in 1897, the main building, currently known as Roudenbush Community Center at 65 Main Street, was Westford Academy, from 1897-1928. In 1928, the town purchased this building from the Westford Academy trustees and used it for a public high school until 1955. Over the next eighteen years, the building was used as an overflow school for the Westford school system. For two additional years, the building was leased on a temporary basis to the Lowell YWCA, so that Westford would have a central location for human services and activities to benefit all the residents. Through the assistance of a Housing and Urban Development (HUD) grant to renovate the building and a federally funded Comprehensive Employment and Training Act (CETA) grant

used to hire a director, clerk and maintenance staff, the Roudenbush Community Center became a reality in 1975.

At the Town of Westford's annual meeting in 1975, the Selectmen were directed to appoint a committee to take over care, custody, control and supervision of 65 Main Street and make suitable rules and regulations for its management and use. A seven-member Roudenbush Community Center (RCC) Board of Directors was established at that time to guide the community center. The board was responsible for overseeing all aspects of the growing community center, while the community center remained a Town of Westford department.

In 1976, incorporation papers were filed with the Commonwealth of Massachusetts for the RCC Associates, Inc. The RCC Associates became known as the "Friends of Roudenbush" and their purpose was to increase awareness of the community center and provide a fundraising capability necessary to fund capital expenditures because town committees were prohibited from raising money. The board of directors approved many capital expenditures over time that renovated each of the historic buildings—65 Main Street, 73 Main Street (Frost) and 170 Plain Road (Nab). These historic renovations included playgrounds, "Nab" preschool, "Frost" child care classrooms and "Nab" handicap accessibility. These facilities were in dire need of renovations, and the RCC Associates ensured these buildings were maintained for the future use of Westford residents. RCC Associates, Inc. as a non-profit served an additional function in the growth of RCC, because as a non-profit, income from the multitude of programs could be used to pay for the expenses associated with these programs. Surplus funds were eventually held in reserve to fund future operating and capital expenditures to further maintain these historic buildings. Still functioning as a town department, employees were town employees, but all other financial aspects were managed by RCC Associates.

The current configuration of Roudenbush Community Center was completed in 1995, when The Roudenbush Community Center, Inc. (TRCCI) was incorporated as the non-profit 501(c) (3) it is today. RCC Associates was given the responsibility for key fundraising events, while TRCCI managed the daily operations of this vital community center. TRCCI managed all program funds and employed all Roudenbush staff with the exception of a few remaining town employees. By 1996, TRCCI paid back town employees' salaries to the Town of Westford from program surplus funds and was completely self-sufficient. Beginning in 2003, the Executive Director of Roudenbush was the only town employee, and TRCCI gifted back to the Town of Westford the complete salary for this position.

Over the years as laws changed, it became critical to formalize the status of TRCCI and its relationship regarding the buildings housing their programs. In May 2009 at the annual Westford Town Meeting, it was voted to transfer care and custody of the three buildings—65 Main Street, 73 Main Street and 170 Plain Road—back to the Town of Westford Selectmen, dissolve the RCC Committee and authorize the Board of Selectmen to enter into a lease agreement for the three above-referenced buildings not to exceed ten years. At that time, Roudenbush Community Center was no longer a town department and the Director's position was eliminated from town budget.

Over 14,000 people per year come to Roudenbush to take part in our community education programs and special events. Each year, over 600 children/adults are enrolled in the Roudenbush childcare and adult care programs. With a complete child care facility, preschool programs, school age child care and an extensive array of community education and gymnastics programs, the community center continues to grow.

Preschool (Nab) and Child Care Centers (Frost)

The Roudenbush Children's Center preschool was originally a single class operated by the Lowell YWCA, which rented second floor space at 65 Main from the RCC Committee. In the spring of 1978, the RCC Committee informed the YWCA that Roudenbush would be starting its own preschool that fall. In order to pay the teachers through the program account held by the Associates, the preschool license was put in the Associates' name, and the RCC Board established preschool policy and hired the director.

As enrollment grew, the RCC Committee became concerned about the scope of the operation on the second floor of their building so a school board was established with members from the Associates, RCC Committee and two residents from the community.

The original Roudenbush childcare program operated at 65 Main Street. When the Frost School located at 73 Main Street became vacant at the end of the 1992 school year, the Town of Westford granted the RCC Committee care, custody and control of the building. Having outgrown its original location at 65 Main Street, the Roudenbush daycare moved to Frost in August, 1992.

With preschool wait lists getting longer and no room to expand community education classes, in May, 1994 the RCC Committee asked the town to grant care, custody and control of the Nab facility to RCC Committee. Roudenbush at Nabnasset (Nab) opened in September of 1994.

3.2 Current Operations

TRCCI currently operates the following programs in the Town of Westford:

- Half-day Preschool Programs at 65 Main Street and 170 Plain Road
- Full-day Childcare Programs at 73 Main Street
- Community Education Programs at 65 Main Street, 73 Main Street, 170 Plain Road and other designated Westford School buildings
- Adult Social Daycare Program at 65 Tadmuck Road
- School Age Program at 23 Depot Street (school year)
- School Age Program at 65 Main Street (summer and school vacation weeks)

The day to day operations including programs, financial and maintenance are the responsibility of the Executive Director. This leadership includes working with outsourced human resource resources professional to help insure that all employee benefits including salaries and health and welfare benefits are in keeping with the culture and financial capabilities of the Center. Employees have a competitive benefit offering and their salaries are reflective of a non-profit for our size and financial capabilities. TRCCI offers health insurance, disability insurance, job protected time-off in keeping with the needs of our center and applicable state or federal laws. All employees undergo Criminal Offender Record Information (CORI) – going beyond the state requirements. Employees receive training on first-aid and other classes which assist them in protecting and stimulating the children put in our care. Employees are reviewed annually for performance and are given increases based on merit.

3.3 Awards and Recognition

Under TRCCI's management, Roudenbush Community Center has been recognized by local organizations for outstanding community service. The most recent awards received are:

- The Nashoba Valley Chamber of Commerce awarded Roudenbush Community Center the *2007 Roy L. Jeannotte Service and Leadership Award for Outstanding Organization*.
- Enterprise Bank and Trust awarded Roudenbush Community Center *The 2008 Celebration of Excellence Award*, which recognized local businesses and non-profit organizations that have harnessed the power of their assets, resources, and visibility to make a significant positive impact on their community and exemplified “community excellence”.

3.4 Existing Westford Connections

During its 35 years of operation TRCCI has worked closely with a variety of Westford departments including but not limited to: Health Department, Cameron Senior Center, Recreation Department, School Department, Fire Department, Police Department, Town Manager, Town Clerk, and Highway Department.

TRCCI has also been heavily involved with a number of Westford-based community programs including but not limited to: Westford Farmer’s Market, Red Cross, Scouting Programs, Newcomers, Garden Club and Westford Rotary.

TRCCI has always been open to collaboration with any and all town departments and local organizations. Details of TRCCI’s plans to coordinate future activities with Westford town departments and local organizations are outlined in section 7.0 of this proposal.

4.0 Management and Corporate Experience

The Roudenbush Community Center, Inc. is a 501(c)(3) not-for-profit organization registered with the Commonwealth of Massachusetts. TRCCI was established as a non-profit in 1994.

The TRCCI Board is to establish policies and procedures that are in the best interest of Roudenbush and its continued service to the people of Westford. Provide direction and assistance to the Executive Director in the operation of business as needed. The TRCCI Board has final approval of hiring of management team.

4.1 Management Structure

Daily operations of TRCCI will be managed by an Executive Director who is responsible for oversight of all childcare and preschool programs, community education programs, adult social day programs, maintenance of building and grounds, and financial operations.

The following staff report directly to the Executive Director:

- Director, Preschool Programs
- Director (2), Childcare Programs
- Director, School Age Programs
- Manager (2), Community Education Department
- Manager, Business
- Manager, Facilities
- Coordinator, Adult Day Social Program
- Human Resources (Contractor)
- Administrative Assistant

A detailed organizational chart is located in Appendix F.

Individual biographies of key personnel are located in Appendix G.

4.2 Governing Board

The business and affairs of the TRCCI are governed by the Board of Directors. The TRCCI Board is comprised of up to nine (9) members who must be Westford residents. This board meets monthly with the Executive Director to review financial status and overall function of the organization. The Board has four elected offices: Chairperson, Vice Chairperson, Treasurer and Clerk.

Current members of the TRCCI Board as of March 16, 2010:

- Frank Pisano, Chairperson
- Gary Hultgren, Vice Chairperson
- Christine Coughlin, Treasurer
- Mary Gala-Yao, Clerk
- Robert Waskiewicz
- Arlene Hammel
- Stacy Mantenuto
- Jack Viera
- (One open position)

A copy of the TRCCI Bylaws is located in Appendix H.

5.0 Tuition Assistance Programs

TRCCI will continue to offer a number of scholarship and financial assistance programs to Westford residents.

5.1 Deborah Fridrich Scholarship

This scholarship was established in the fall of 2007 to honor TRCCI's valued employee, Deborah Fridrich, who died in 2007. The scholarship is available to anyone with a financial need who would like to take a community education program. It is available to both adults and children and is open to Westford and out of town residents.

The Scholarship Committee (TRCCI Executive Director, CED/Development Director and Business Manager) review applications and award scholarships based on criteria and available funds. TRCCI uses state guidelines to help determine eligibility.

Criteria: Award shall not exceed 50% of the total cost of the class. Only one scholarship per family will be awarded within a twelve month period. The family maximum award is \$200.00 per year.

5.2 Avis Hooper Scholarship

The Avis Hooper Scholarship was established in the spring of 1989 to honor our founder and first director who died in 1989. This scholarship is available to cover short-term childcare expenses in order to enable a parent to work or participate in job training or retraining.

Scholarship candidates are identified by program directors. The Scholarship Committee selects the recipient of the scholarship based on extraordinary financial need per the fund's guidelines.

5.3 Roudenbush Scholarship

This scholarship is for Westford residents with a financial who are applying to TRCCI's Preschool, School Age or Childcare Programs. State guidelines are used to help determine income eligibility. The scholarship is awarded by the Scholarship Committee based on financial need.

Criteria: Applicants for this scholarship can only be awarded one scholarship in a 3-year period. The award shall not exceed \$500 per family.

5.4 Patti Mason Art & Music Scholarship

The Patti Mason Art & Music Scholarship was established in 2005 to honor long-time Roudenbush employee, Patti Mason. This scholarship is to be used for children's education programs with a focus on art and music. State guidelines are used to help determine income eligibility.

5.5 Special Circumstances

In the past, TRCCI has offered financial assistance to individuals and families in need who are not eligible for the scholarships described above. In these instances, TRCCI's management team reviews special requests for assistance and, when possible, extended assistance as needed. TRCCI will continue to review special requests for assistance that fall outside the scholarship program criterion on an as-needed basis providing reduced rates, scholarships or sliding fees to assist Westford residents lacking the funds to pay for children's services needed.

Testimonials from past recipients of financial assistance are in Appendix I.

6.0 Westford Resident Priority

Westford residents and existing clients of the pre-school, after-school and childcare programs receive priority enrollment over non-Westford residents.

7.0 Coordination with Westford Town Departments & Service Providers

TRCCI will host two coordination and collaboration meetings annually with interested town departments and local organizations. At these meetings, TRCCI will review its upcoming programs and discuss chances for collaboration among the attendees. Potential conflicts will be discussed and every effort will be made to resolve issues.

TRCCI also expects the Town of Westford to avoid creation of programs that would be duplicates of TRCCI programs and offerings.

TRCCI currently coordinates its programs with a number of Westford Town Departments including the following:

7.1 Health Department

TRCCI has worked with the Health Department to offer blood drives, flu clinics and meetings at no cost at the Roudenbush Community Center buildings. In the past and currently TRCCI is collaborating with the board of health on a Westford Against Substance Abuse Coalition Committee. We currently have a Memorandum of Understanding (MOU) in which we will

participate in Communities Organizing For Change on Alcohol to include public programs and trainings that address the legal, social and health issues related to the causes and consequences of substance, underage drinking and violence prevention in addition we will provide early childhood education programs, afterschool programs for elementary children and provide information to parents of prevention activities. In this program there will be training seminars and community wide events. See Appendix L for MOU.

In 2008, when the Westford Town Hall had to be unexpectedly closed, TRCCI altered its programs and moved out of its Millennium School rooms to make room for the displaced Health Department.

7.2 Cameron Senior Center

The Cameron Senior Center operated a town-funded, Adult Day Care Program for five years until September 2008 when the Town of Westford cancelled the program due to budget constraints. TRCCI created a new program to replace the Town of Westford's program to offer similar services for the existing clients. The new Adult Social Daycare Program ("The Club") expanded the hours and days of operation. TRCCI currently works closely with the Cameron Senior Center to coordinate programs and contract transportation needs of the clients.

TRCCI's Community Care Program provides household necessities and food items to families in need throughout the Town of Westford. TRCCI purchases bulk quantities of household items and organizes collections of food, blankets, clothing, Thanksgiving baskets and Christmas gifts which are distributed at no cost to families-in-need as identified by the Cameron Senior Center.

Each of TRCCI's childcare programs organizes ongoing food drives on behalf of the Westford Food Pantry. These food drives have been extremely successful in collecting hundreds of food items and household necessities that are donated to the Westford Food Pantry.

In conjunction with the Cameron Senior Center, TRCCI has participated in the senior tax deduction program.

7.3 Highway Department

TRCCI's maintenance personnel coordinate activities with the Highway Department for snow removal and grounds management throughout the year.

7.4 Recreation Department

In the past, TRCCI has met to discuss better coordination of programs with the Recreation Department. TRCCI has operated an after-school program at Westford schools since the early 1990s. In 2005, when the Recreation Department launched their own after-school program, TRCCI agreed to share the space they had been renting at the Abbott School, including half the gymnasium.

In 2002, TRCCI began coordination with the Recreation Department and voluntarily began purchasing and maintaining new playground equipment for the playgrounds at 65 Main Street, 73 Main Street and 170 Plain Road. TRCCI removed old, outdated equipment and bought and installed new equipment. TRCCI also installed new fences where required and repaired damaged fences at the playgrounds. This renovation allowed the Town of Westford to save money on the cost of maintenance for these facilities. The playground equipment was officially gifted back to the Town of Westford after completion of each playground's restoration.

In addition, TRCCI is currently working with the Recreation Department to coordinate future programs between both organizations for the upcoming summer and fall schedules.

TRCCI and the Recreation Department have always worked together closely to coordinate the parking needs of both entities.

7.5 School Department

TRCCI has a contract for rented space at the Abbott School where TRCCI's after-school program is offered. School Department officials and teachers' groups use TRCCI facilities at no-cost to the Town of Westford for town meetings and other events.

TRCCI staff will continue to participate in the Westford schools' annual Science Fair.

7.6 Other Local Organizations

TRCCI has also worked with the following groups:

- Westford Farmer's Market: TRCCI personnel were instrumental in the creation and operation of the Westford Farmer's Market. TRCCI supports the Farmer's Market with free advertising in the Roudenbush Community Center catalog brochure and staff volunteers.
- Red Cross: TRCCI has supported the Red Cross by granting the organization use of its classrooms and facilities for its two annual blood drives at no charge.
- Westford Youth Sports Organizations: TRCCI has accommodated various requests for meeting rooms by youth sports organizations in Westford.
- Girl Scouts & Boy Scouts: TRCCI has accommodated various requests for meeting rooms by both the Girl Scouts and Boy Scout organizations in Westford free of charge. The Eagle Scout groups have done community service projects for TRCCI to complete their badge requirements. There are continual collection boxes for donation items that the scout troops will distribute.

8.0 Facilities Management

TRCCI currently provides and will continue to provide the following routine maintenance, management and repair at 65 Main Street, 73 Main Street and 170 Plain Road unless otherwise noted. TRCCI will maintain the above premises in compliance with the applicable laws, regulations and building codes.

8.1 Building Maintenance

TRCCI will perform the following tasks at the frequency noted below:

Annually

- Suppression/inspection of all fire extinguishers will continue to be performed by a certified contractor specialist.
- Solid waste removal and inspection of the septic system (170 Plain Road) will continue to be performed by a certified/licensed septic professional
- Inspection of building alarm systems will continue to be performed by a certified contractor specialist.
- Preventative maintenance of heating systems will continue to be performed by a cooling/heating systems specialist

- TRCCI currently assists with Town of Westford Building inspections for TRCCI certifications and will continue.
- Inspection of all fire alarm systems, heat and smoke detectors will continue to be performed by a certified contractor specialist
- PM on boilers will continue to be performed by a heating/cooling system specialist

Monthly

- Inspection of all fire alarm systems, heat and smoke detectors will continue to be performed by TRCCI facilities staff.
- TRCCI Conduct fire drills in cooperation with Westford Fire Department to prepare and ensure the safety of all our children, staff and participants in our facilities.

Weekly

- Purging of boilers (in season) will be performed by TRCCI facilities staff
- All cooking equipment are inspected by TRCCI facilities staff

Daily/As needed

- Repair of heating systems will be performed by a cooling/heating systems specialist
- inspection of emergency “Exit” lighting systems and replacing bulbs will continue to be performed by TRCCI facilities staff
- Inspection of building alarm systems are performed and will continue to be performed by a certified contractor specialist.
- Repairing/replacing of light bulbs, broken plumbing, broken windows, and any other general maintenance.

8.2 Grounds management

TRCCI will provide grounds management in a condition comparable to abutting town properties. TRCCI will perform these tasks in the frequencies noted below:

Annually

- Parking lot maintenance by TRCCI facilities staff or appropriate contractor
- Parking lot lines re-striping will be performed by TRCCI facilities staff
- Will add additional sand to playgrounds to keep compliant with EEC regulations

Monthly

- Inspection of fences is performed and will continue to be performed by TRCCI facilities staff
- Inspection of playground equipment is performed and will continue to be performed by TRCCI facilities staff

Weekly/As needed

- Removal of any nesting insects from buildings or playgrounds
- Keep all exterior lights working
- Remove any trash or debris from the properties noted in the RFP
- Repairs of playground equipment will be preformed
- Lawn maintenance and upkeep of the green areas as stated in the RFP

8.3 Snow and ice removal

TRCCI will keep sidewalks, stairs, entrance ways, and parking lot free from ice and snow.

8.4 Repairs

TRCCI will perform minor repairs such as repairing broken windows, repairing wall and ceiling finishes, repairing torn carpet and replacing broken floor tiles at TRCCI expense. TRCCI will notify the town in advance of any repairs being conducted for prior approval with an expectation that no approval will be unreasonably withheld. In addition TRCCI will:

- Replace any needed lighting
- Touch up painting on an as-needed basis
- Assess and repair minor faulty plumbing fixtures when necessary

8.5 Custodial

TRCCI will be responsible for all custodial services, including but not limited to cleaning supplies, equipment and paper products. Each building will be cleaned, disinfected and trash will be removed daily. The cleaning products will be purchased in compliance with EEC regulations for all childcare facilities.

TRCCI has four (4) onsite custodians and all applicable equipment necessary to meet all cleaning and general maintenance requirements.

8.6 Utilities and technology

TRCCI will be responsible for all utilities including electricity, heat, internet and telephone. TRCCI will be responsible for providing all technology and technology related components and infrastructure.

8.7 Maintenance of wastewater system

TRCCI will be responsible for paying its share for the cost of maintenance for the Wastewater System including grinder pump. It is estimated to be \$625 for 65 Main Street and \$950 for 73 Main Street and will increase by 3% annually.

8.8 Accessibility issues

TRCCI will accept responsibility for compliance with all applicable disability access laws including but not limited to the Americans with Disabilities Act (ADA) and Massachusetts Architectural Access Board, including any costs associated therewith. TRCCI has researched the applicable laws and has determined that because the facilities are a “public accommodation”, as that term is defined under the ADA, certain requirements will apply. However, because the facilities are “existing” the applicable requirements are less strict than in the case of new construction and/or new alterations. Under the applicable law, TRCCI will be required to “remove any architectural barriers in existing facilities.....where such removal is readily achievable, i.e. easily accomplishable, and able to be carried out without much difficulty or expense.” In operating the facilities for over 35 years, TRCCI has and would continue to operate the facilities in satisfaction of all applicable requirements.

8.9 Alterations

TRCCI will not make alterations to the buildings without prior approval of the town. However; erection of temporary dividers or other internal fixtures necessary for TRCCI’s use will be installed at TRCCI’s expense upon prior written approval by the town. TRCCI will insure temporary fixtures are removed from the premises at the termination of the lease.

8.10 Capital improvements

TRCCI will not be responsible for improvements. TRCCI will not perform capital improvement on 65 Main Street, 73 Plain Road or 170 Plain Road without the Town's prior approval.

9.0 Licensing and certifications

9.1 Licensing

TRCCI has been licensed by EEC. TRCCI has had no serious violations over the course of its history.

Childcare Program – 73 Main Street, license valid from 3/2/2010 through 3/1/2012.

Preschool Program - 170 Plain Road, license valid from 1/29/2010 through 1/28/2012.

Preschool Program - 65 Main Street, license valid from 1/22/2010 through 1/21/2012.

School Age Childcare Program - 65 Main Street, license valid from 11/19/2008 through 11/18/2010.

School Age Childcare Program - 25 Depot Street, license valid from 10/31/2008 through 10/30/2010.

TRCCI has been licensed by the Town of Westford Board of Health to serve milk and food as follows:

73 Main Street – Permit to Operate a Food Service Establishment: 51 -200 seats/License to Sell or Serve Milk and Cream valid: 1/1/ 2010 to 12/31/2010

65 Main Street – Permit to Operate a Food Service Establishment: 51 -200 seats/License to Sell or Serve Milk and Cream valid: 1/1/2010 to 12/31/2010

170 Plain Road – Permit to Operate a Food Service Establishment: 51 -200 seats/License to Sell or Serve Milk and Cream valid: 1/1/2010 to 12/31/2010

Copies of all licenses listed above are in Appendix J.

9.2 Certifications

All teachers and most staff members at TRCCI are CPR and First Aid certified.

All management personnel are CPR/AED certified.

Two (2) TRCCI employees are certified in Food Preparation through the Town of Westford. One (1) additional employee will be Food Preparation certified in April 2010.

10.0 References

Copy of reference letters are in Appendix K

11.0 Financial Plan

11.1 Current Fiscal Year Revenue and Expenses

Revenue	\$2,554,043.00
Expenses	<u>\$2,551,984.00</u>
Net Operating Profit	\$ 2,059.00

TRCCI has included in the proposed budget for FY11 the following expenditures that will meet the RFP requirements:

Utilities and technology, building and grounds Maintenance, Snow and ice removal, minor repairs, custodial services, maintenance of waste water system (73 Main St and 65 Main St) , upkeep and maintenance of septic system (170 Plain Road).

11.2 Proposed Budget (FY11)

Revenue	\$2, 602,390.00
Expenses	<u>\$2, 599,700.00</u>
Net operating Profit	\$ 2,690.00

11.3 Identified Capital Improvements

TRCCI has identified a list of capital improvements to be accomplished over the 10 year lease period to continue the history of maintaining the three buildings in this proposal:

65 Main Street

- Repair/replace handicap chair lift
- Replace rear gym door which includes a panic bars
- Renovate two preschool bathrooms
- Renovate handicap bathroom in basement
- Replace hall ceiling on first floor
- Repair exterior of cupola

73 Main Street

- Renovate two basement classrooms including foundation repair
- Renovate two basement bathrooms
- Extensive of Ceiling of Room 4 including electrical work
- Renovate two bathrooms on first and second floor
- Replace four rear exit doors, including panic bars
- Repair slate roof

170 Plain Road

- Renovate main floor bathroom
- Add skimmer to boiler
- Renovate two basement bathrooms

The estimated cost for the above capital improvements is \$300,000 (at non-prevailing wages). TRCCI, as a non-profit, does not have to pay the prevailing wages that the Town of Westford is required to pay for these improvements.

Appendix A:
Past Capital Projects

65 Main Street Capital Projects

- Dedicated electrical circuits installed
- New rug installed in all rooms and entrance hall
- New front lights installed
- Installed a new shed
- Removed broken playground equipment
- Purchased and installed multiple pieces of playground equipment by a licensed professional
- Installed a chain link fencing around the playground by a licensed professional
- Repaired ceiling in main entrance
- Replaced old smoke detectors
- Purchased and installed new gym windows by a professional contractor
- Refurbished gym window grates and reinstalled them by a professional contractor
- Purchased and installed new windows throughout the building by a professional contractor
- Purchased and installed new side doors with panic bars by a licensed professional
- Room 5 renovations included:
 - installation of new wiring, smoke detectors, half wall, 2 oven, stainless steel counter, cabinets with counter, vinyl floor
- Sinks added to Rooms 2, 3 & 4
- Renovation of two attic offices included:
 - Installation of new blue board, repairing of ceiling, priming & finish paint, installation of new carpet and shelving
- Renovation of gym office included:
 - Installation of blue board, repaired faulty electrical outlets and wiring
 - Primed and painted
 - repaired moldings
 - installed new carpet
- Installed a new security system
- Renovation of two old restrooms included:
 - Gutting the entire areas
 - Repaired walls with blue board and plaster
 - Repaired molding
 - Repaired ceilings
 - Repaired and installed new plumbing
 - Installed tile floors
 - Installed new lighting
 - Installed new vanity with sinks
 - Installed blow hand dryers and paper towel holders
 - Installed new privacy partitions
 - Primed and finish painted walls
 - Installed new doors

73 Main Street Capital Projects

- Installed new radio panel – failure caused by storm
- Primed and painted interior of building multiple times
- Installed carpet stair treads
- Installed new carpet due to storm damage
- Updated electrical throughout the building
- Installed new heating system
- All classroom radiators were retrofit with individual controls
- Installed new windows throughout the building
- Installed new carpet throughout the building
- Installed alarm system
- Installed key code system
- Added additional electrical panels
- Installed a new boiler
- Installed new berm
- Installed new boiler-room doors
- Purchased and installed numerous pieces of playground equipment by licensed professionals
- Repaired and installed new fences as needed
- Renovated bathroom
 - Removed all outdated fixtures
 - Repaired walls and ceiling
 - Installed new sink, toilet and cabinet
 - Installed new faucets
 - Installed new lighting
 - Installed new subflooring and vinyl
- Renovated teachers room (caused by extensive damage from a roof leak)
 - Guttered the area
 - Repaired and replaced wiring
 - Installed new data cabinet
 - Repaired and replaced ceiling
 - Repaired and replaced walls
 - Repaired bay window
 - Installed counters
 - Installed new lighting and ceiling fan
 - Primed and finish painted area
 - Installed new door
 - Installed new subflooring and carpet
- Exterior of Frost
 - Scraped, primed and stained all shingles and trim (2004)
 - Removed all shingles and replaced, primed and painted (2008)
 - Installed new front doors (2)
 - Removed porch on both sides

- Removed rotted support beams
- Replaced with new supports
- Completed new framing and footing
- Replaced flooring with pro-cell material
- Renovated columns
- Primed and painted
- Installed new lighting
- Removed and replaced granite stairs

170 Plain Road Capital Projects

- Installed new shed
- Installed new vinyl flooring in classrooms
- Installed new carpet throughout
- Removed old playground equipment
- Purchased and installed new playground equipment in two playgrounds by licensed professionals
- Relocated 2 wall heaters and added 2 new wall heaters
- Installed new sinks and counters in rooms 3 and 4
- Installed a new fire escape door
- Installed new rear door
- Completed roof repair of all seams
- Renovated pantry room and repaired leaking
- Installed new ceiling in main hall and snack room
- Installed new windows throughout (33)

Appendix B:
Childcare Classes at 73 Main Street

Childcare Classes at 73 Main Street

Infant Room

Ages: 6 weeks through 15 months

Licensed for 7 children

Planned staffing: per EEC regulations

Toddler Room

Ages: 12 months through 2 years

Licensed for 9 children

Planned staffing: per EEC regulations

Toddler Room

Ages: 2 years through 2.9 years

Licensed for 9 children

Planned staffing: per EEC regulations

Pre-School Room

Ages: 2.9 years through 3.6 years

Licensed for 16 children

Planned staffing: per EEC regulations

Pre-School Room

Ages: 3.6 years through 4 years old

Licensed for 18 children

Planned staffing: per EEC regulations

Pre-School Room

Ages 3.9 year olds through 4.9 year olds

Licensed for 18 children

Planned staffing: per EEC regulations

Pre-K Room

Ages: 4 years old by September 1st

Licensed for 18 children

Planned staffing: per EEC regulations

Kindergarten Before/After School

Ages: 5 by September 1st

Licensed for 18 children

Planned staffing: per EEC regulations

Appendix C:
Preschool Programs Offered at 65 Main Street

Appendix D:
CED Programs Offered

Roudenbush Community Center
 65 Main Street – Westford Massachusetts 01886-2509
 (978) 692-5511

As the snow melts and uncovers the buds of spring, here at Roudenbush we celebrate the promise of warm weather and bright sunny days!

We have many summer programs to challenge and strengthen both children & adults this summer. Child care at Frost and the School Age program have an action packed schedule for the whole summer. Check the website for dates and more details.

Beginning Qi Gong is new to us and it is a great way for adults to relax, relieve stress and clear your mind. Be sure to register for the many spring walks and take advantage of our beautiful conservation land.

Thundercat Sports is returning this year with an expanded program! We will be offering Sports Jam and Flag Football/Dodgeball for boys & girls ages 7-12; and for younger kids age 4-6, we have Kiddie Cat Jam. Basketball enthusiasts may want to check out Bill Ewing's Shoot It Straight Basketball School. See full details on our website.



The Roudenbush Mighty Mites Gymnastics team had a great season! Our Gymnastics team has grown into a talented group of athletes. Their smiling faces show their pride standing with their 1st place trophy. We are very proud of our team members and coaches!

Ellen Wright and Donna Deschenes
 CED Directors

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 Music21
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Teens (see classes marked with * in adult section)

Cover: "Before the Prom", Acrylic on canvas
 Painting by Mary Jane Brunelle

Mary Jane Brunelle is a Westford resident and owner of Decorative Paint Finishes offering custom wall finishes, murals and commissioned paintings. She is currently working on a series of Westford paintings featuring Westford traditions, events and landmarks.

The Roudenbush Community Center

Published quarterly, Volume 10 Issue 1
 Mailing Privileges Pending
 Official publication of the
 Roudenbush Community Center
 65 Main St Westford MA. 01886.

Layout by Middlesex Design middlesexdesign.com
 Cover by Mary Jane Brunelle

To subscribe, please call 978-692-5511 ext 0
 Ask to be added to our mail list.

General Information

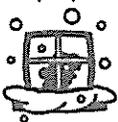
Donna Deschenes, CED Sales & Marketing Manager Ext 222
Ellen Wright, CED Administration Manager Ext 231

INSTRUCTORS

Most are independent contractors. Curriculum is their responsibility & learning rests with the teacher and students.

CANCELLATIONS, MAKE UP CLASSES, WEATHER

Classes are not held on legal holidays. RCC reserves the right to cancel any course with insufficient enrollment within 7 days prior to class offering and to substitute, if necessary, for a listed instructor. In the event of a cancellation or make up, we notify participants using phone numbers provided to us. **To avoid cancellations, we suggest registrations be completed 7 days before start date.** Any weather related delay will be made up if possible, or a credit will be given.



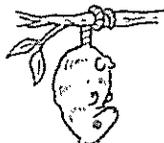
Please refer to our website
www.roudenbush.org
for weather related details.

REFUND & TRANSFER POLICY

When a student withdraws from a course, instructional and operational costs must be met:

If you withdraw at least 7 days in advance of the class start date a course voucher for the full amount will be given or a refund check less a \$10 processing fee. Allow 4-6 weeks for processing.

If Roudenbush must cancel a class, we call participants and issue a voucher. Absolutely no refunds will be given after a class starts; with the exception of extended illness or injury, in which case, we must be notified immediately with a doctor's note.



We cannot issue refunds for ticketed, special events or trips.

Vouchers expire one year from date of issue.

If you transfer from one class to another, there is a \$10 fee.

Visit www.roudenbush.org for complete descriptions

All class descriptions have been shortened –

CED AND GYMNASTICS WAIVER

Participation in certain physical program(s) may involve some risk of personal injury. I hereby release and covenant to hold harmless The Roudenbush Community Center, its agents and employees from any and all actions, claims, and damages for personal injuries, that I or my children may sustain or incur as a result of participation in the program(s).

I fully realize that gymnastics and exercise classes can be dangerous and could result in serious injury and freely assume that risk.

MEDICAL

In event of an emergency, I give permission for The Roudenbush Community Center, Inc. to give my child simple first aid and to arrange for transportation to a hospital and receive emergency medical treatment. I will assume all costs for medical care.

65 MAIN ST OFFICE HOURS

Monday-Friday 8:30 AM-9:00 PM
Saturday 8:30 AM-12:00 NOON or to the conclusion of classes
Sunday to the conclusion of classes

BUILDINGS ARE CLOSED

Patriots' Day 4/20
Memorial Day 5/25
Independence Day 7/3 & 7/4
Labor Day 9/7

SPECIAL NEEDS

We are committed to serving the needs and interests of everyone in the community: adults, children, seniors and individuals with disabilities. Every effort is made to provide appropriate services to allow for participation in our programs. If you need special accommodations, call the main office.

SCHOLARSHIPS

Assistance is available to any Westford resident for most programs through the generosity of the Patti Mason Art & Music Scholarship, Avis Hooper Scholarship and the Debbie Fridrich Scholarship Fund. Call for details about financial assistance.

REGISTRATION INFORMATION

Registrations are currently being accepted online for Community Education programs on a first come, first served basis.

HOW TO REGISTER?

We accept **VISA, MasterCard and Discover, cash and check (payable to TRCCI)**. Program prices appear as Non-Resident/Resident. Westford residents receive \$3.00 discount. There is a \$20 fee for checks returned by the bank.

OnLine – Register at www.roudenbush.org. Go to the on-line registration form and follow the easy directions. Credit card payments only; you will receive immediate confirmation via email. This is a secured web site thru ValueWeb.

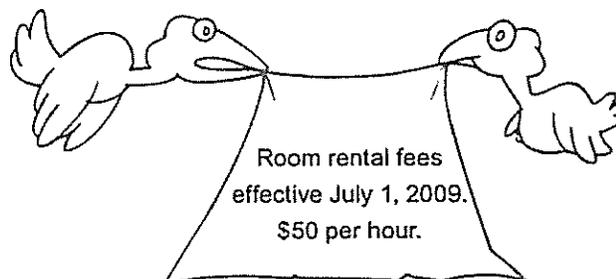
Mail – Complete the registration form, enclose check and mail to: RCC, 65 Main Street, Westford, MA 01886

Walk-In – Registrations are accepted in our main office anytime.

Phone – Registrations are accepted by phone only with credit card payment.

Fax – (978) 692-8054 – Fax registrations require credit card payment and must include card number, expiration date and signature.

Confirmation sent by email, or call for a mailed receipt.





Infant, Toddler, Preschool & Kindergarten Child Care

Early Childhood Center is located in the Frost Building
73 Main Street, Westford

978-692-5533 or 978-692-5534

Karen Tatro, Co-Director

Jane Garrahan, Co-Director

The Frost Building is home to year-round, full-time child care for ages 6 weeks through kindergarten. We offer a variety of indoor and outdoor activities lead by caring and experienced professional staff in a homelike atmosphere. Snacks are provided twice daily and field trips and special activities are planned throughout the year. We operate year round from 7 am to 6 pm and offer 2, 3, 4, and 5-day weeks.

PROGRAM	AGES	DESCRIPTION
Infant/Toddler full day	6 weeks to 2.9 years	Program of theme-based lessons and activities designed to promote healthy growth and development. The daily schedule consists of large and small group activities held both indoors and out.
Preschool full day	2.9 to 5 years	Curriculum prepares the preschooler for a classroom environment by exploring math, language, science, art and music skills while developing large and small motor skills.
Kindergarten before and after school	kindergarten Child must be 5 years before Sept 1st.	Curriculum includes activities and non-structured play especially geared to the kindergarten child. This program focuses on enhancing and promoting mastery of newly acquired academic skills. <i>Please note: This program is not a substitute for the Westford Public School's Kindergarten Requirement.</i> Our private buses provide daily transportation to and from ALL Westford Elementary Schools.

SUMMER SPECTACULAR THEMES 2009

Full-day summer program runs like a camp; you choose the days and weeks that you need care.

June 29-July 2 (closed July 3)	Sweet Land of Liberty	Aug 3-7	Color My World
July 6-10	Under the Big Top	Aug 10-21	Musical Madness
July 13-17	Winter in July	Aug 17-21	Sports Mania
July 20-24	There's a Nightmare in My Closet and other Mercer Mayer favorites	Aug 24-26 (closed Aug 27 & 28)	Fun in the Sun
July 27-July 31	It's a Bug's Life		



School Age Child Care

Carrie Ladebauche, Director

978-692-5511 X226

LOCATION:	ABBOT ELEMENTARY (Snow days and vacation weeks are held at RCC, 65 Main Street.)
TELEPHONE:	Daytime office 978-692-5511 ext 226 To leave a message at Abbot School 978-692-7865
AGES:	1st grade through 5th grade in BEFORE and AFTER school program 1st grade through 7th grade in AFTER school program
HOURS:	7:00-9:00 AM; 2:15-6:00 PM; also includes public school half days 8:30 AM-6:00 PM snow day hours 7:00 AM-6:00 PM school vacation days
FEES:	Variable prices depending upon child care needs; please call. 10% discount for additional family members and Westford residents
PROGRAM:	Curriculum includes planned activities, non-structured play, and homework time. Field trips and enrichment programs are offered throughout the year. Snacks provided.
TRANSPORTATION:	Private buses provided to and from all Westford elementary schools.

School Age Summer Program Located at 65 Main Street

Our School Age Summer Program is open to children who are in Grades 1-7. We are located at 65 Main Street on the 2nd floor. We have an exciting summer planned with fields trips, waterslides, moonwalks, cooking activities, BBQs and pizza days. Our daily schedule includes structured and non-structured activities and play. Snacks are provided daily.

WEEKS	DATES	THEME
Week 1	June 29 - July 2	Stars and Stripes
Week 2	July 6-10	Around the World
Week 3	July 13-17	Island Adventures
Week 4	July 20-24	Got Game?
Week 5	July 27 - July 31	Tastes of Summer
Week 6	Aug 3-7	Survivor
Week 7	Aug 10-14	Hawaiian Luau
Week 8	Aug 17-21	Party Paradise
Week 9	Aug 24-28	Mardi Gras Carnival



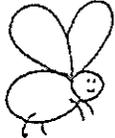
Toddler and Preschool Part-day Programs

Priscilla Sellers, Director
170 Plain Road
978-692-5544



Juanita Antunes, Assistant Director
65 Main Street
978-692-5511 ext 225

Our preschool offers young children an opportunity to participate in group activities and explore the world around them in a safe and caring environment. The rooms are divided into interest centers designed to encourage individual choice, group play and creativity. Incorporated into the curriculum are activities that provide opportunities for small motor development, problem solving, language development, and pre-reading skills. We are licensed by EEC and accredited by the National Association of Education for Young Children. Please feel free to stop in to visit anytime.



Preschool Summer Programs at Old Nab, 170 Plain Road 978-692-5544
Sign up for summer programs begins May 11. Please call 978-692-5544 for registration information.
All summer programs will begin the week of June 22nd and end the week of August 10th.

<p>INTRO TO PRESCHOOL 101 Specifically for children who will be entering preschool for the first time in the Fall and will be age 3 by November 30. Priority is given to children registered for preschool with Roudenbush Children's Center. 9:15 AM-11:45 AM Mon & Wed \$50 per week</p>	<p>SUNSHINE KIDS FOR PRESCHOOLERS Mid 3's through 4's with previous preschool experience. 9:00 AM-12:00 noon Tues, Wed, & Thurs \$100 per week</p>
<p>GREAT ADVENTURES FOR BIG KIDS 4's and 5's 8:30 AM-1:30 PM (bring lunch) Mon, Tues, Wed, & Thurs \$180 per week</p>	<p>PLAY GROUP This class is specifically designed for children who will be entering Tot Time or Busy Bees in the fall. This class is designed to help children become familiar with a classroom setting. 9:15 AM-11:15 AM Tues & Thurs \$45 per week</p>



Fall Preschool Programs (School Year)

Programs held at 170 Plain Road		
<p>2 DAY: Tues & Fri and Tues & Thu 9:00 am-11:30 am 12:30 pm-3:00 pm</p>	<p>3 DAY PROGRAM: Mon/Wed/Fri 8:45 am-11:45 am 12:30 pm-3:30 pm</p>	<p>4 DAY PRE-K: Mon-Thu 8:30 am-11:30 am 12:30 pm-3:30 pm</p>
<p>TOT TIME: Mon/Wed or Tues/Thu 8:45 am-11:15 am</p>	<p>Busy BEES: Fridays 9:00 am-11:30 am</p>	
<p>EXTENDED DAY: Daily Mon-Fri 11:30 am-3:30 pm (Ages 2.9 - 5 years)</p>		
Programs held at 65 Main Street		
<p>2 DAY: Tues & Fri and Tues & Thu 9:00 am-11:30 am 12:30 pm-3:00 pm</p>	<p>3 DAY PROGRAM: Mon/Wed/Fri 8:45 am-11:45 am 12:30 pm-3:30 pm</p>	<p>3 DAY PRE-K: Mon/Wed/Thu 8:30 am-11:30 am 12:30 pm-3:30 pm</p>
<p>EXTENDED DAY: 11:30 am-3:30 pm (Ages 2.9 - 5 years)</p>		

HOT TOPICS!!! Kindergarten Readiness Class - See page 20

We are now enrolling children for all fall 2009 programs.

Arts, Crafts, Cooking and Home

INTRODUCTION TO WATERCOLOR PAINTING

Instructor: Nancy Russo

Each class has a demonstration (NE landscapes, seascapes, floral, still life, colors, etc) followed by individual instruction. Perfect for beginning students and happy dabblers. Supply list online. \$99/\$96 6 wk, \$132/\$129 8 wk

RCC-E5636	Apr 13-June 1, EX 4/20, 5/25	(6 Mon)	7:00 pm-9:00 pm
RCC-E5637	Apr 14-May 26, EX 4/21	(6 Tue)	9:30 am-11:30 am
RCC-E6000	Sept 28-Nov 23, EX 10/12	(8 Mon)	7:00 pm-9:00 pm
RCC-E6001	Sept 29-Nov 17	(8 Tue)	9:30 am-11:30 am

ADVANCED WATERCOLOR

Instructor: Nancy Russo

We will focus on techniques, color and design, exploring different approaches to painting and creativity. \$99/\$96 6 wk, \$132/\$129 8 wk

RCC-E5640	Apr 14-May 26, EX 4/21	(6 Tue)	7:00 pm-9:00 pm
RCC-E5641	Apr 15-May 27, EX 4/22	(6 Wed)	9:30 am-11:30 am
RCC-E6002	Sept 29-Nov 17	(8 Tue)	7:00 pm-9:00 pm
RCC-E6003	Sept 30-Nov 18	(8 Wed)	9:30 am-11:30 am

*CLAY, POTTERY WHEEL, SCULPTURE

Location: Pottery Studio, 108 Lowell Rd., Westford

Instructor: Suzanne Donahue

Please see website for class description. \$73/\$70 2 day, \$93/\$90 3 day, \$153/\$150 6 day

All Ages:

RCC-E6074	May 12-June 16	(6 Tue)	4:30 pm-6:00 pm
RCC-E6075	May 14-June 18	(6 Thur)	4:30 pm-6:00 pm
RCC-E5925	July 7, 8 & 9	(Tue-Thur)	10:30 am-12:00 pm
RCC-E5960	July 21, 22 & 23	(Tue-Thur)	10:30 am-12:00 pm
RCC-E5953	Aug 4, 5 & 6	(Tue-Thur)	10:30 am-12:00 pm
RCC-E5954	Aug 11, 12 & 13	(Tue-Thur)	10:30 am-12:00 pm

Adult & Teen:

RCC-E5516	May 12-June 16	(6 Tue)	7:00 pm-9:00 pm
RCC-E5517	May 14-June 18	(6 Thur)	7:00 pm-9:00 pm
RCC-E5956	July 7 & 9	(Tue & Thur)	7:00 pm-9:30 pm
RCC-E5957	July 21 & 23	(Tue & Thur)	7:00 pm-9:30 pm
RCC-E5958	Aug 4 & 6	(Tue & Thur)	7:00 pm-9:30 pm
RCC-E5959	Aug 11 & 13	(Tue & Thur)	7:00 pm-9:30 pm

NEW! CREATIVE CAKE DECORATING

Instructor: Helen Robbins

You will learn how to professionally level and frost cakes, transfer designs onto cakes, and create figure piping and basket weave. Flowers will bloom as you create roses, mums, lilies and poinsettias. Fondant techniques will also be incorporated and your final creation will be a tiered wedding cake! \$113/\$110

RCC-E5880	Apr 21-June 23	(10 Tue)	6:30 pm-8:30 pm
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INTRODUCTION TO EARRINGS

Location: Beadles, Central Square, Chelmsford, MA

Instructor: Beadles Staff

Students will design and make three pairs of fabulous earrings. Learn how to finish and secure an earring perfectly. There will be a \$30 materials fee payable to instructor at class. \$23/\$20

RCC-E5817	Apr 13	(Mon)	7:00 pm-8:00 pm
RCC-E5818	May 11	(Mon)	7:00 pm-8:00 pm
RCC-E5819	June 15	(Mon)	7:00 pm-8:00 pm
RCC-E5820	July 13	(Mon)	7:00 pm-8:00 pm
RCC-E5821	Aug 10	(Mon)	7:00 pm-8:00 pm

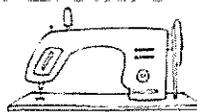
WIRE WRAPPING

Location: Beadles, Central Square, Chelmsford, MA

Instructor: Beadles Staff

Learn the beautiful technique of wire wrapping. Students will create a gorgeous bracelet of sterling silver wire and fresh water pearls. There will be a materials fee payable to instructor at class. \$28/\$25 plus \$50 materials fee

RCC-E5822	Apr 20	(Mon)	6:00 pm-8:00 pm
RCC-E5823	May 18	(Mon)	6:00 pm-8:00 pm
RCC-E5824	June 22	(Mon)	6:00 pm-8:00 pm
RCC-E5825	July 20	(Mon)	6:00 pm-8:00 pm
RCC-E5826	Aug 17	(Mon)	6:00 pm-8:00 pm



LEARN TO SEW FOR ADULTS

Location: Create! Sewing Studio, Acton

Instructor: Rebecca Szetela

Learn to sew! Basic sewing skills will be taught in this class. You will learn how to use a sewing machine and how to work with a pattern. We will start with a chef's apron and if time allows, move on to a more challenging project. \$162

RCC-E5988	Sept 19-Oct 3	(3 Sat)	9:00 am-12:00 pm
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SKETCHBOOKING

Instructor: Nancy Russo

Create your own sketchbook. We will go out into Westford and begin recording our own impressions of the community. \$99/\$96

RCC-E5642	Apr 13-June 1, EX 4/20, 5/25	(6 Mon)	3:30 pm-5:30 pm
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WESTFORD FARMERS MARKET ON THE COMMON

The market continues to offer a fresh array of local fruits, vegetables, plants, and more while supporting local farms. If you are interested in being part of the market visit market website or email westfordfm@comcast.net

June 23 thru Oct (Tue) 3:00 pm-7:00 pm

Open "Rain or Shine"



www.westfordfarmersmarket.com

SUPER SIDE DISHES

Instructor: Piera Landau

All of us could use more vegetables in our lives, so watch as I prepare a variety of side dishes some of which are super quick! Balsamic Roasted Brussels Spouts, Braised Chard w/ Shitake, Orange-ginger Carrots & more. Recipes and handouts provided. \$5 material fees payable to instructor. \$38/\$35

RCC-E5536 Apr 8 (Wed) 6:30 pm-8:30 pm

TOWN WIDE YARD SALE! SPRING 2009

Abbot School Front Lawn Or At Home

If you would like to be part of the town-wide yard sale, you can either reserve a spot on the Abbot lawn or reserve a spot on the flyer. Roudenbush will do all advertising. \$10

Abbot Lawn:

RCC-E5684 Apr 25 (Sat, rain date Sun) 9:00 am-2:00 pm

At Your Home:

RCC-E5683 Apr 25 (Sat, rain date Sun) 9:00 am-2:00 pm

Computer and Online

ONLINE LEARNING

www.Ed2Go.com/ROUDY



We offer a wide range of interactive courses that you can take entirely over the Internet. All courses include expert instructors, many of whom are nationally known authors. Affordable, fun, fast, convenient, and geared just for you! Visit and register at www.Ed2go.com/roudy.

Fitness and Dance

BASKETBALL

Tuesday Night Coordinator: Todd Nelson

Join other players for a friendly game of basketball in the Roudy Gym. A coed event for 18 year olds and older. \$73/\$70 10 wk, \$59/\$56 8 wk

RCC-E5866 May 12-July 14 (10 Wed) 8:30 pm-10:00 pm

RCC-E5867 July 21-Sept 8 (8 Wed) 8:30 pm-10:00 pm



BALLROOM FOR BRIDES AND GROOMS

Location: Dance New England School of Dance, Chelmsford

Instructor: DNE Staff

Gather your wedding party, friends and family and learn the Foxtrot, Waltz, Swing and Rumba. Have fun and get the confidence you need to make your wedding a success! Price is per person. \$72/\$69

RCC-E5065 May 3-May 31, EX 5/24 (4 Sun) 5:30 pm-7:00 pm

RCC-E5066 July 12-Aug 2 (4 Sun) 5:30 pm-7:00 pm

***BEGINNER BALLROOM**

Location: Dance New England School of Dance, Chelmsford

Instructor: DNE Staff

Dances include the Waltz, Foxtrot, Rumba & Swing \$102/\$99

RCC-E5058 May 7-June 18, EX 5/21 (6 Thur) 8:00 pm-9:30 pm

RCC-E5844 Sept 24-Oct 29 (6 Thur) 8:00 pm-9:30 pm

***BEGINNER SWING & JITTERBUG**

Location: Dance New England School of Dance, Chelmsford

Instructor: DNE Staff

Dances include Swing & Jitterbug. \$78/\$75

RCC-E5060 May 8-June 19, EX 5/22 (6 Fri) 7:30 pm-8:30 pm

RCC-E5845 Sept 25-Oct 30 (6 Fri) 7:30 pm-8:30 pm

BEGINNER TANGO AND SALSA

Location: Dance New England School of Dance, Chelmsford

Instructor: DNE Staff

Learn the Tango with an Argentine flair! \$78/\$75

RCC-E5063 May 8-June 19, EX 5/22 (6 Fri) 8:30 pm-9:30 pm

RCC-E5846 Sept 25-Oct 30 (6 Fri) 8:30 pm-9:30 pm



***BOLLYWOOD DANCING**

Instructor: Amulya Deepak

Bollywood dancing, Bhangra and Indian folk are some of the hottest dances around. They are a fusion of traditional, folk and classical Indian dances with the influence of some hip-hop and modern dance. \$75/\$72 6 wk, \$87/\$84 7 wk

RCC-E5869 Apr 10-May 15 (6 Fri) 6:30 pm-7:30 pm

RCC-E5868 Apr 27-June 15, EX 5/25 (7 Mon) 7:00 pm-8:00 pm

See website for descriptions of pilates and yoga classes.
Bring a mat, towel & water for all classes.

BEGINNER PILATES (AGES 12+)

Instructor: Julie Erickson
\$84/\$81 9 wk, \$93/\$90 10 wk
RCC-E6011 May 30-Aug 15. (9 Sat) 7:45 am-8:45 am
EX 7/4, 7/11, 7/18
RCC-E6008 June 1-Aug 17, EX 7/6, 7/13 (10 Mon) 6:00 pm-7:00 pm

INTERMEDIATE PILATES (AGES 12+)

Instructor: Julie Erickson
\$93/\$90
RCC-E6009 June 1-Aug 17, EX 7/6, 7/13 (10 Mon) 7:00 pm-8:00 pm

BEGINNER YOGALATES (AGES 12+)

Location: Roudenbush, 65 Main Street
Instructor: Julie Erickson
\$102/\$99
RCC-E6005 May 28-Aug 20, EX 7/9, 7/16 (11 Thur) 6:00 pm-7:00 pm

INTERMEDIATE YOGALATES (AGES 12+)

Instructor: Julie Erickson
\$102/\$99
RCC-E6006 May 28-Aug 20, EX 7/9, 7/16 (11 Thur) 7:00 pm-8:00 pm

ADVANCED YOGALATES

Instructor: Julie Erickson
\$102/\$99
RCC-E6007 May 28-Aug 20, EX 7/9, 7/16 (11 Thur) 8:00 pm-9:00 pm

***INTRO TO POWER YOGA (AGES 12+)**

Instructor: Julie Erickson
\$73/\$70
RCC-E6013 June 3-Aug 19, EX 7/8, 7/15 (10 Wed) 8:15 pm-9:00 pm

POWER YOGA (AGES 12+)

Instructor: Julie Erickson
\$93/\$90
RCC-E6010 June 1-Aug 17, EX 7/6, 7/13 (10 Mon) 8:00 pm-9:00 pm

***CORE CONDITIONING FOR THE ATHLETE**

Instructor: Julie Erickson
\$93/\$90
RCC-E6012 June 3-Aug 19, EX 7/8, 7/15 (10 Wed) 7:15 pm-8:15 pm

***BEGINNER/INTERMEDIATE PILATES**

Location: Parish Center for the Arts, 10 Lincoln St, Westford
Instructor: Chris Kandianis
\$102/\$99 11 wk, \$84/\$81 9 wk
RCC-E5495 Mar 31-June 16, EX 4/21 (11 Tue) 9:30 am-10:30 am
RCC-E5496 Apr 3-June 26, EX 4/10, 4/24 (11 Fri) 9:30 am-10:30 am
RCC-E5924 June 23-Aug 18 (9 Tue) 9:30 am-10:30 am

GENTLE YOGA

Instructor: Marg Takarabe
\$84/\$81 9 wk, \$75/\$72 8 wk
RCC-E5900 May 2-June 27 (9 Sat) 9:00 am-10:15 am
RCC-E5901 July 11-Aug 29 (8 Sat) 9:00 am-10:15 am

***YOGA**

Instructor: Marg Takarabe
\$93/\$90 10 wk, \$75/\$72 8 wk
Stony Brook Middle School 1st Floor:
RCC-E5896 Apr 6-June 22, EX 4/20, 5/25 (10 Mon) 6:00 pm-7:15 pm
RCC-E5897 Apr 6-June 22, EX 4/20, 5/25 (10 Mon) 7:30 pm-8:45 pm
Roudenbush Community Center:
RCC-E5898 July 6-Aug 24 (8 Mon) 6:00 pm-7:15 pm
RCC-E5899 July 6-Aug 24 (8 Mon) 7:30 pm-8:45 pm

***FENCING**

Location: Robinson School Cafeteria
Instructor: Javier Echavarri
Fencing provides poise, self-assurance, physical agility and it's fun!
Equipment will be provided if needed. Students must be 10 or older.
Any exception must be cleared with instructor. \$67/\$64
Beginning: RCC-E5888 Apr 29-June 24 (8 Wed) 6:15 pm-7:15 pm
Intermediate: RCC-E5889 Apr 29-June 24 (8 Wed) 7:15 pm-8:15 pm
Advanced: RCC-E5890 Apr 29-June 24 (8 Wed) 8:15 pm-9:15 pm

Please Note: No classes on May 6

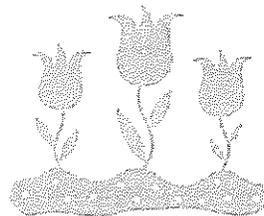
OPEN/ADVANCED FENCING

Location: Roudenbush, 65 Main Street
Instructor: Javier Echavarri
This class is for fencers who have taken several intermediate courses or are advanced fencers. Lessons will not be given but rather we will spend our time fencing one another. If you are interested in joining the Westford Fencing Club (advanced fencers only) please contact Javier during class. \$83/\$80
RCC-E5891 July 8-Sept 9 (10 Wed) 7:00 pm-8:00 pm



STAY FIT WHILE YOU SIT

Instructor: Dr. Carla LeClerc
Americans spend most of their days at work sitting. If you have a job where you sit all day, come find out how to combat the effects of sitting and proper ergonomics! Free, register online
RCC-E6068 June 2 (Tue) 7:00 pm-9:00 pm



Personal Enrichment

NEW! BEGINNING QI GONG

Instructor: Donna Leon, MS., M.Ac., Dipl.Ac

Qi means breath or life force & Gong means work or technique. Qi gong, then is the art of managing the breath during gentle movements to achieve & maintain good health. It is very relaxing and practical. You may use the routine to relieve stress, clear your mind and better your health. We may possibly take class outside some evenings. \$63/\$60

RCC-E5981 Apr 28-June 2 (6 Tue) 7:30 pm-8:30 pm

BRIDGE (AGES 12 & UP)

Instructor: Susan Tordella-Williams

Learn to play the world's best game – Bridge. It involves psychology, risk taking, memory, partnership, luck, cunning and deceit! Most of all it is fun and mentally stimulating This course is an excellent refresher to “modern bridge” for those who played 20 years ago, and a starter for players new to the game. \$81/\$78

RCC-E5962 Apr 16-May 28, EX 5/7 (6 Thur) 7:00 pm-9:00 pm

NEW! DECLUTTER YOUR HEART, HOME & OFFICE

Instructor: Lisa Wessan, MSW, LCSW, CLL, RM

Having clutter is a challenge that can distract and sometimes disable the ‘clutterer’ and those around him/her. This workshop discusses how clutter affects health, relationships and more. Successful strategies, including techniques for the release of clutter & stress reduction, will be explored. Read more online! \$28/\$25 Early Registration \$20 by 4/17

RCC-E6016 Apr 23 (Thur) 7:00 pm-9:00 pm



GOLF SCHOOL I FOR ADULTS

Location: Billerica Country Club
51 Baldwin Rd, Billerica

Instructor: Staff From Barrie Bruce Golf School

For the new golfer who has little or no golfing experience. Basic fundamentals of the game will be taught in a relaxing and stress free environment. All the student needs is “a pair of sneakers and a good attitude.” Equipment and practice balls provided. You will receive written summaries of each lesson. \$140

RCC-E5788	Apr 11-May 9	(5 Sat)	1:00 pm-2:00 pm
RCC-E5789	Apr 12-May 10	(5 Sun)	11:30 am-12:30 pm
RCC-E5790	Apr 14-May 12	(5 Tue)	5:30 pm-6:30 pm
RCC-E5791	Apr 16-May 14	(5 Thur)	5:30 pm-6:30 pm
RCC-E5945	May 16-June 13	(5 Sat)	11:30 am-12:30 pm
RCC-E5946	May 16-June 13	(5 Sat)	1:00 pm-2:00 pm
RCC-E5947	May 17-June 14	(5 Sun)	11:30 am-12:30 pm
RCC-E5948	May 17-June 14	(5 Sun)	1:00 pm-2:00 pm
RCC-E5949	May 18-June 15	(5 Mon)	5:30 pm-6:30 pm
RCC-E5950	May 19-June 16	(5 Tue)	5:30 pm-6:30 pm
RCC-E5951	May 20-June 17	(5 Wed)	5:30 pm-6:30 pm
RCC-E5952	May 21-June 18	(5 Thur)	5:30 pm-6:30 pm

GOLF SCHOOL II INTERMEDIATE FOR ADULTS

Location: Billerica Country Club, 51 Baldwin Rd, Billerica

Instructor: Staff From Barrie Bruce Golf School

Five one hour lessons for those students who have had some actual playing experiences and are trying to elevate their skills. Practice balls provided, and remember, bring a “good attitude,” and “sloow that swing down!” \$140

RCC-E5793 Apr 25-May 23 (5 Sat) 10:00 am-11:00 am

RCC-E5794 Apr 26-May 24 (5 Sun) 10:00 am-11:00 am

RCC-E5795 Apr 29-May 27 (5 Wed) 7:00 pm-8:00 pm

MESSAGES FROM HEAVEN

Instructor: Gayle Kirk

Join medium Gayle Kirk for an informative, healing, and uplifting program. Psychic guidance and messages from your loved ones in Spirit will be provided for as many people as time allows and as guided by Spirit. \$48/\$45

RCC-E5565 May 15 (Fri) 7:00 pm-9:00 pm

RCC-E5815 Oct 2 (Fri) 7:00 pm-9:00 pm



SPEAK ENGLISH BETTER!

Instructor: Conrad Hinckley

Are you new to the USA? Is it difficult to tell people what you need? Is it difficult for you to understand what people are saying? Join our class! We will work together to help you say what you mean and to understand what others are saying to you. And it will be fun! \$63/\$60

RCC-E6023 May 5-May 26 (4 Tue) 7:00 pm-8:30 pm

RCC-E6024 June 2-June 23 (4 Tue) 7:00 pm-8:30 pm

RCC-E6025 July 7-July 28 (4 Tue) 7:00 pm-8:30 pm

RCC-E6026 Aug 4-Aug 25 (4 Tue) 7:00 pm-8:30 pm

RCC-E6027 Sept 1-Sept 22 (4 Tue) 7:00 pm-8:30 pm

Life And Financial Planning

Please register online.

Roudebush does not endorse any financial program.

Every investment has some degree of risk.



HOW TO SELL YOUR HOME IN TODAY'S MARKET

Instructor: Frances Markel & Jan Poulain

Why do some homes sell immediately while others sit? If you are thinking of selling and want to maximize your

return, this seminar is for you. Free, register online.

RCC-E5989	May 7	(Thur)	7:00 pm-8:30 pm
RCC-E5991	Sept 8	(Tue)	7:00 pm-8:30 pm
RCC-E5992	Oct 7	(Wed)	7:00 pm-8:30 pm

NEW! INTRODUCTION TO FAMILY LAW MEDIATION

Instructor: Erin Fitch Nielson, Esq.

Whether you're worried about drafting a pre-nuptial agreement, embroiled in divorce litigation, or considering a modification of an existing custody or support agreement, mediation may work for you. Learn how mediation works and what types of conflicts are best suited to mediation. Free, register online.

RCC-E6050	May 13	(Wed)	7:00 pm-8:30 pm
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NEW! FOCUS ON FIXED INCOME

Instructor: Marshall-Ben Tisdale, AAMS

Owning investments that may provide you with a regular income can be a smart decision. Learn more about how fixed-income investments such as bonds may help you reach your financial goals. Free, register online

RCC-E5895	July 22	(Wed)	6:30 pm-7:30 pm
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NEW! KIDS PROTECTION PLANNING WORKSHOP

Instructor: Attorney David Feakes

Do you know who will care for your children if something unexpected happens to you? Learn how easy it is to make sure your kids will always be taken care of by the people you want in the way you want. Free, register online.

RCC-E5998	Apr 29	(Wed)	7:00 pm-8:30 pm
RCC-E5999	Sept 17	(Thur)	7:00 pm-8:30 pm



MONEY FOR COLLEGE

Instructor: Bonnie Hepburn

You don't have to refinance your home to get financial aid. Need-based financial aid as grants can be available even to parents earning over \$150K. Low-income parents often qualify for large amounts of aid. This workshop covers the application process, ways to lower your expected contribution, and how to pay for your assessment. \$19/\$16

RCC-E5892	April 30	(Thur)	7:00 pm-9:30 pm
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OUTLOOK & OPPORTUNITIES: DON'T FEAR THE BEAR

Instructor: Marshall-Ben Tisdale, AAMS

Put current news of market and economic uncertainty into perspective and stay focused on your long-term goals. Bring a friend and learn more about investing in volatile markets. Free, register online.

RCC-E5893	Apr 29	(Wed)	6:30 pm-7:30 pm
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RETIREMENT REALITY CHECK

Instructor: Marshall-Ben Tisdale, AAMS

If you're hoping to retire within the next 10 years, the financial decision you make today can have a major impact on your future retirement. To make sure you're taking the right steps toward retirement, join us for this important seminar. Free, register online.

RCC-E5905	May 20	(Wed)	6:30 pm-7:30 pm
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REVERSE MORTGAGES: SENIOR SAVIOR!

Instructor: Van Easton

Senior homeowners (and their kids!) are invited to find out how Reverse Mortgages work, who they work best for, and how one can be used to lessen the impact of falling home prices. Free, register online.

RCC-E5872	May 2	(Sat)	10:00 am-11:30 am
RCC-E5873	June 11	(Thur)	6:30 pm-8:00 pm
RCC-E5874	Sept 12	(Sat)	10:00 am-11:30 am

"WHEN DID MY PARENTS GET OLD?"

Instructor: Anne Marie Rowse

This program will focus on services available for aging parents including covered services, private care and the importance of advocacy. Housing and homecare options will also be covered. As our population ages, the more informed we are, the better prepared we will be. \$10/person, \$15/couple

RCC-E6028	Sept 25	(Fri)	7:00 pm-9:00 pm
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Adult Life and Financial Planning

ROUDEBUSH COMMUNITY CENTER

Adult Social Day Program for Seniors

This 5-day program provides socializing and daily activities for seniors of Westford and surrounding towns. Families register for a minimum of 2 days per week, and will feel at ease knowing their loved one is safe, and socializing with others in a relaxed atmosphere.

Contact Director Norma Antonetti
for more information or to enroll,
692-0803



Health and Safety

These courses do not meet the requirements for the Health Care Provider or Professional Rescue Certification. Defibrillator not covered.

*PEDIATRIC CPR CERTIFICATION/RECERTIFICATION

Instructor: EMS 2000

\$44/\$41

RCC-E5622	Apr 8 (reg by 4/2)	(Wed)	8:15 pm-10:00 pm
RCC-E5623	May 6 (reg by 4/30)	(Wed)	8:15 pm-10:00 pm
RCC-E5914	June 10 (reg by 6/4)	(Wed)	8:15 pm-10:00 pm
RCC-E5915	July 8 (reg by 7/2)	(Wed)	8:15 pm-10:00 pm
RCC-E5916	Aug 12 (reg by 8/6)	(Wed)	8:15 pm-10:00 pm
RCC-E5917	Sept 16 (reg by 9/10)	(Wed)	8:15 pm-10:00 pm

ADULT CPR CERTIFICATION/RECERTIFICATION

Instructor: EMS 2000

\$44/\$41

RCC-E5612	Apr 8 (reg by 4/2)	(Wed)	6:30 pm-8:15 pm
RCC-E5613	May 6 (reg by 4/30)	(Wed)	6:30 pm-8:15 pm
RCC-E5906	June 10 (reg by 6/4)	(Wed)	6:30 pm-8:15 pm
RCC-E5907	July 8 (reg by 7/2)	(Wed)	6:30 pm-8:15 pm
RCC-E5908	Aug 12 (reg by 8/6)	(Wed)	6:30 pm-8:15 pm
RCC-E5909	Sept 16 (reg by 9/10)	(Wed)	6:30 pm-8:15 pm

*ADULT & PEDIATRIC CPR CERTIFICATION/RECERTIFICATION

Instructor: EMS 2000

\$53/\$50

RCC-E5617	Apr 8 (reg by 4/2)	(Wed)	6:30 pm-10:00 pm
RCC-E5618	May 6 (reg by 4/30)	(Wed)	6:30 pm-10:00 pm
RCC-E5910	June 10 (reg by 6/4)	(Wed)	6:30 pm-10:00 pm
RCC-E5911	July 8 (reg by 7/2)	(Wed)	6:30 pm-10:00 pm
RCC-E5912	Aug 12 (reg by 8/6)	(Wed)	6:30 pm-10:00 pm
RCC-E5913	Sept 16 (reg by 9/10)	(Wed)	6:30 pm-10:00 pm



CPR FOR HEALTH CARE PROVIDERS & PROFESSIONAL RESCUE CERTIFICATION/RECERTIFICATION

Instructor: EMS 2000

One session course in adult and pediatric CPR will include 2-man CPR instruction. \$76/\$73

RCC-E5627	Apr 6 (reg by 4/1)	(Mon)	6:00 pm-10:00 pm
RCC-E5628	May 4 (reg by 4/29)	(Mon)	6:00 pm-10:00 pm
RCC-E5918	June 8 (reg by 6/3)	(Mon)	6:00 pm-10:00 pm
RCC-E5919	July 13 (reg by 7/8)	(Mon)	6:00 pm-10:00 pm
RCC-E5920	Aug 10 (reg by 8/5)	(Mon)	6:00 pm-10:00 pm
RCC-E5921	Sept 14 (reg by 9/9)	(Mon)	6:00 pm-10:00 pm

*FIRST AID

Instructor: EMS 2000

American Heart Association course will review care and handling of medical and trauma related emergencies for adults, children and infants. Course includes American Heart Association First Aid Book and completion card. \$61/\$58

RCC-E5630 Apr 15 & Apr 22 (reg by 4/9) (2 Wed) 6:30 pm-9:30 pm

RCC-E5922 May 27 & June 3 (reg by 5/21) (2 Wed) 6:30 pm-9:30 pm

RCC-E5923 July 29 & Aug 5 (reg by 7/23) (2 Wed) 6:30 pm-9:30 pm



NEW! BALANCING HORMONES NATURALLY

Instructor: Dr. Carla LeClerc

This exciting and informative talk educates women about some of the mysteries surrounding the symptoms of PMS and menopause and introduces them to alternative methods of coping! Free, register online.

RCC-E6066 May 19 (Tue) 7:00 pm-9:00 pm



HOME FIREARM SAFETY

Location: Westford Sportsmen's Club, West Street

Instructor: Rick Cooper

Learn the skills of operating firearms and the attitude necessary for the safe handling and proper storage of guns in the home. Course meets Mass requirements for issuance of a license to carry firearms. For more information, call Rick Cooper at 978 692-1843. \$68/\$65 in May, \$78/\$75 starting Sept. One additional family member or friend \$10

RCC-E5465 May 16 (Sat) 9:00 am-1:00 pm

RCC-E5466 Sept 19 (Sat) 9:00 am-1:00 pm

RCC-E5677 Nov 21 (Sat) 9:00 am-1:00 pm

Trips and Tours

BIRD WALK

Location: Emmet Conservation Land

Instructor: Lenny Palmer, Dot Mooney and Marian Harman

Join us for an early-morning ramble at Westford's birding "hot spot". Bring binoculars and wear sturdy shoes. No dogs please. Park in the lot at the end of Trailside Way, off Powers Road. Free, register online.

RCC-E5595 May 9 (Sat) 7:00 am-9:00 am

PONDING

Location: Across from 224 Concord Road

Instructor: Peter Severance

Netting creatures is fun for the whole family. Pond life varies from that in a stream; you are welcome to participate in both Stream Critters and Ponding. Park across from 224 Concord Rd., and proceed across the hay field to the pond. Free, register online.

RCC-E5598 June 7 (Sun) 9:00 am-11:00 am



STREAM CRITTERS

Location: Nashoba Brook

Instructor: Peter Severance

Join wetlands biologist, Peter Severance, in search of all sorts of fun critters which live in a brook. This activity is fun for the entire family. Park on Trailside Way, off Powers Road. Free, register online.

RCC-E5597 June 6 (Sat) 9:00 am-11:00 am

Summer Sightseeing & Events...

Join us on a summer outing.

Relax and let our tour guides handle all the planning!

Multi-Day Trip (July 31-Aug 2)

Red Sox at Baltimore – two games, harbor cruise and more

One-Day Trips:

Annual Albany Tulip Festival & Delaney House Dinner May 9

Boston Red Sox vs. Toronto Blue Jays at Fenway May 19

'Golden Pond' Squam Lake, lunch at Hart's Turkey Farm June 13

Tall Ships in Boston with evening dinner cruise July 11

Boston Pops at Hyannis & Coonamessett Inn Brunch Aug 2

The Lobsterbake with Lighthouse Harbor Cruise Aug 26

For latest details and registration
visit www.roudenbush.org



Fees Non-Resident/Resident

*Teens welcome

WILDFLOWER WALK

Location: Greystone Pond Recreation Area

Instructor: Elana Schreiber

Westford's top wildflower expert, Elana Schreiber, will lead us on a pleasant walk through a beautiful parcel of Town conservation land, and around pristine Greystone Pond. Park at the Greystone Pond Recreation Area off Russell's Way (which is off Rt. 40). Free, register online.

RCC-E5596 May 17 (Sun) 1:00 pm-2:30 pm

Parenting and Teaching



NEW! INFANT MASSAGE (6 Wks-12 Mo.)

Instructor: Suzanne Donigan & Monika Kuligowski

Learn to massage your baby and enjoy the many benefits this special bonding time provides. Infant massage helps with sleep, circulation, colic, sensory awareness and general health & happiness. \$63/\$60

RCC-E6015 May 5-May 26 (4 Tue) 10:00 am-11:00 am

NEW! ADHD QUESTIONS AND ANSWERS

Instructor: Dr. Carla LeClerc

Why are more and more kids being diagnosed with ADHD? What options do you have as a parent? Can ADHD be treated naturally without drugs? Come find out the answers to these and many other questions! Free, register online.

RCC-E6064 May 12 (Tue) 7:00 pm-9:00 pm

NEW! EARLY CHILDHOOD LITERACY

Instructor: Cheryl Sateriale, M.Ed.

Reading is one of the most effective ways to teach children the wonder of language. It exposes children to sounds, picture vocabulary, rhythm and rhyme. Not all children find it easy to sit during storytime. This workshop will provide activities and strategies to improve the attention of children who have difficulty sitting. Related art and motor activities designed to keep the story alive after circle time will also be presented. \$15 Non WCP Member/\$5 WCP Member

RCC-E6036 Apr 9 (Thur) 6:30 pm-8:30 pm

PARENTING AND TEACHING continues next page

Adults: Trips and Tours, Parenting and Teaching

All locations Roudenbush unless otherwise noted

NEW! EARLY CHILDHOOD THEATER ARTS

Instructor: Cheryl Sateriale, M.Ed.

Learn to use popular children's stories to promote language and the dramatic arts using "The Three Little Pigs" and "The Gingerbread Boy" as examples. Attention will be paid to the different way the same stories are told by different authors. Methods to encourage children to create their own endings, create scenery and props, and to act out roles will be discussed. Extension activities will be provided. \$15 Non WCP Member/\$5 WCP Member

RCC-E6038 May 14 (Thur) 6:30 pm-8:30 pm

Child Classes

Early Learning (Ages 0-5)

WESTFORD COMMUNITY PARTNERSHIP

The WCP program provides affordable childcare to working families with preschool children (ages 3-5) in Westford. This program is funded through the EEC Partnership Grant. If you need assistance with child care, please call one of the centers below or call Juanita Antunes at 978 692-5511 ext 225 for an application. If you are a Westford childcare center, preschool or family daycare and would like to be a member of the WCP, please call for details.

The following childcare centers are Westford members this year:

Roudenbush Children's Center @ Frost	978-692-5533
Roudenbush Children's Center @ Nab	978-692-5544
Roudenbush Children's Center @ Main Street	978-692-5508
Westford Preschool @ St. Mark's	978-392-1565
Westford Academy Preschool	978-692-5570
Westford Integrated Preschool	978-692-5560 ext 2132
Child Care Center Inc.	978-692-3714
Natureland Family Child Care (Family Daycare)	978-692-5657

BOUNCING BABIES MOTHERS GROUP (AGES 6-12 Mo.)

Instructor: Kerry Kirkland, Early Childhood Educator

This parent and child program is designed to promote overall development including gross motor and language skills for babies six to twelve months of age. Puppets, songs, and other props will be used to encourage your child to interact and explore their environment within the group. This program is affiliated with the Thom Anne Sullivan Center Early Intervention Program in Lowell, MA. \$73/\$70

RCC-E5984 Apr 27-June 15, EX 5/25 (7 Mon) 1:00 pm-2:00 pm

JUST TAMERA & ME (AGES 2.8-5 YEARS)

Instructor: Tamera Baker

Two hours of singing, making crafts, reading books, and having fun. Give your child a chance to be independent in a secure and loving environment before starting pre-school or public school. Sign up for one or more sessions. \$83/\$80

RCC-E5154 Apr 1-Apr 29, EX 4/22	(4 Wed)	9:00 am-11:00 am
RCC-E5155 May 6-May 27	(4 Wed)	9:00 am-11:00 am
RCC-E5827 Sept 9-Sept 30	(4 Wed)	9:00 am-11:00 am
RCC-E5828 Oct 7-Oct 28	(4 Wed)	9:00 am-11:00 am

KINDERMUSIK VILLAGE

(Newborn-18 Months, one parent-caregiver/one child)

Instructor: Bernadette Baird

Celebrate your baby's development and nurture your bond in this very special music and movement program. Bring a blanket or towel and socks for you and your child. The instructor will collect a materials fee. \$91/\$88 8 wk, \$47/\$44 4 day

RCC-E5539 May 2-June 27, EX 5/23	(8 Sat)	10:30 am-11:15 am
RCC-E5990 June 15-June 18	(Mon-Thur)	11:30 am-12:15 am
RCC-E5993 June 22-June 25	(Mon-Thur)	11:30 am-12:15 pm
RCC-E5994 Aug 10-Aug 13	(Mon-Thur)	11:30 am-12:15 pm
RCC-E5995 Sept 18-Nov 6	(8 Fri)	11:30 am-12:15 pm



MOM & ME (AGES 2-4 YRS WITH PARENT)

Instructor: Ellen Gendreau

A wonderful introduction to group activities for young children to share with their moms, dads, nannies, or other favorite adult. Mom & Me is also a wonderful way for parents or caregivers to meet in a relaxed, fun environment. \$65/\$62 4 wk, \$50/\$47 3 wk

RCC-E5701 Apr 17-May 15	(4 Fri)	9:15 am-10:15 am
RCC-E5702 Apr 17-May 15	(4 Fri)	10:45 am-11:45 am
RCC-E5705 May 22-June 5	(3 Fri)	9:15 am-10:15 am
RCC-E5706 May 22-June 5	(3 Fri)	10:45 am-11:45 am

Arts, Crafts and Cooking

*CLAY, POTTERY WHEEL, SCULPTURE

Location: Pottery Studio, 108 Lowell Rd., Westford

Instructor: Suzanne Donahue

Please see website for class description. \$73/\$70 2 day, \$93/\$90 3 day, \$153/\$150 6 day

All Ages:

RCC-E6074 May 12-June 16	(6 Tue)	4:30 pm-6:00 pm
RCC-E6075 May 14-June 18	(6 Thur)	4:30 pm-6:00 pm
RCC-E5925 July 7, 8 & 9	(Tue-Thur)	10:30 am-12:00 pm
RCC-E5960 July 21, 22 & 23	(Tue-Thur)	10:30 am-12:00 pm
RCC-E5953 Aug 4, 5 & 6	(Tue-Thur)	10:30 am-12:00 pm
RCC-E5954 Aug 11, 12 & 13	(Tue-Thur)	10:30 am-12:00 pm

SEWING FUN FOR KIDS, MACHINE SEWING FOR BEGINNERS (GRADES 3 AND UP)

Location: Create! Sewing Studio, Acton

Instructor: Rebecca Szetela

Learn the basics of machine sewing as you complete several fun and useful projects. Visit online for materials list. An additional \$5 fee for sewing notions is payable to instructor. \$139

RCC-E5985 July 13-July 16	(Mon-Thur)	9:00 am-12:00 pm
RCC-E5986 Aug 3-Aug 6	(Mon-Thur)	9:00 am-12:00 pm
RCC-E5987 Sept 22-Nov 24	(10 Tue)	4:00 pm-5:15 pm

SPECTACULAR HANDS-ON COOKING (GRADES 1-5)

Instructor: Top Secret Chefs

Each week the kids will make and take home 2 delicious and nutritious meals, and learn about kitchen safety, food preparation, health, and nutrition. The kids will use math, reading, science, art, culture, and language to learn about the foods of the world. Top Secret Chefs, a division of Top Secret Science S153/S150

RCC-E5961 Aug 17-Aug 21 (Mon-Fri) 9:00 am-12:00 pm

See course descriptions online at www.roudenbush.org

ART - GRADES K-1

Instructor: Kathy Dunn

\$68/\$65

RCC-E5577 Apr 8-May 6, EX 4/22 (4 Wed) 4:15 pm-5:30 pm

RCC-E5578 May 13-June 3 (4 Wed) 4:15 pm-5:30 pm

ART - GRADES K-2

Instructor: Kathy Dunn

\$68/\$65

RCC-E5461 Apr 6-May 4, EX 4/20 (4 Mon) 4:15 pm-5:30 pm

RCC-E5462 May 11-June 8, EX 5/25 (4 Mon) 4:15 pm-5:30 pm

ART - GRADES 1-3

Instructor: Kathy Dunn

\$68/\$65

RCC-E5572 Apr 7-May 5, EX 4/21 (4 Tue) 4:15 pm-5:30 pm

RCC-E5573 May 12-June 2 (4 Tue) 4:15 pm-5:30 pm

ART - GRADES 3-5

Instructor: Kathy Dunn

\$68/\$65

RCC-E5587 Apr 10-May 8, EX 4/24 (4 Fri) 4:15 pm-5:30 pm

RCC-E5588 May 15-June 5 (4 Fri) 4:15 pm-5:30 pm

ART - GRADES 4-6

Instructor: Kathy Dunn

\$68/\$65

RCC-E5582 Apr 9-May 7, EX 4/23 (4 Thur) 4:15 pm-5:30 pm

RCC-E5583 May 14-June 4 (4 Thur) 4:15 pm-5:30 pm

ART WORKSHOP (GRADES 1-8)

Instructor: Kathy Dunn and Donna Gordon

All materials included in cost. S138/S135

RCC-E5883 June 29-July 2 (Mon-Thur) 9:00 am-1:00 pm

CREATIVE DRAWING (AGES 10-TEEN)

Instructor: Mike Smith, MS & HS Art Teacher

Making art is a matter of filling a space in a beautiful, interesting and dynamic way. The basics of how to draw and paint will be taught as well as how to create the illusion of depth, light and shadow. S103/S100

RCC-E5979 Apr 27-June 22, EX 5/25 (8 Mon) 7:00 pm-8:30 pm



NEW! DRAWING MONSTERS, SUPERHEROES & VILLAINS

Instructor: Kathy Dunn

We will sketch a variety of creatures, learning how to put the figure in various poses, costumes & expressions. We will discuss how to create exciting compositions & inking techniques while studying the use of black & white tonal values, textures and movement in a picture, enabling students to create heroes and villains of their own. All supplies are included. S88/S85

tions & inking techniques while studying the use of black & white tonal values, textures and movement in a picture, enabling students to create heroes and villains of their own. All supplies are included. S88/S85

Grades 2-5:

RCC-E5887 Aug 10, 11 & 12 (Mon-Wed) 10:00 am-12:00 pm

Grades 4-8:

RCC-E5885 July 20 & 21 (Mon & Tue) 10:00 am-12:00 pm

PRINTMAKING FOR KIDS

Instructor: Kathy Dunn

Create both representational and abstract art using basic printmaking techniques. We will print from glass, rubber, foam acetate and tile. Colorful blocking inks will be paired with sparkling iridescent medium to design a seascape and landscape. Bring snack and smock. S88/S85

Grades 3-6:

RCC-E5970 July 28, 29 & 30 (Tue, Wed & Thur) 10:00 am -12:30 pm

Grades 1-3:

RCC-E5966 Aug 3, 4 & 5 (Mon, Tue & Wed) 10:00 am-12:30 pm

Fitness And Dance

NEW! COMBO – FLAG FOOTBALL AND DODGE BALL (AGES 7-12)

Instructor: Thundercat Sports

Enjoy a fun learning experience in two sports. Primary sport will be the focus of skill building activities and secondary sport will be more recreational. Additional unique games, activities and a tournament add more fun. Program is coed, and every child receives a Thundercat ball, T-shirt, and certificate of achievement. S178/S175

RCC-E6048 July 27-July 31 (Mon-Fri) 9:00 am-3:00 pm

KIDDIE CAT JAM (AGES 4-6)

Instructor: Thundercat Sports

Mini version of our popular Sports Jam! Soccer will be a core sport played everyday in which basic skills will be emphasized. Theme days, additional sports, games and activities round out the fun. Every child receives a Thundercat ball and T-shirt in this coed program. S148/S145

RCC-E6045 July 20-July 24 (Mon-Fri) 9:00 am-12:00 pm

RCC-E6046 Aug 3-Aug 7 (Mon-Fri) 9:00 am-12:00 pm

SPORTS JAM (AGES 7-12)

Instructor: Thundercat Sports

Baseball, basketball, and soccer will be core sports with other sports and games added for the ultimate in fun. Ball, T-shirt, and certificate of achievement for each participant in this coed program. S148/S145

RCC-E6043 July 20-July 24 (Mon-Fri) 12:30 pm-3:30 pm

RCC-E6044 Aug 3-Aug 7 (Mon-Fri) 12:30 pm-3:30 pm

CREATIVE MOVEMENT FOR CHILDREN! (AGES 5-8)

Instructor: Jan Hadland

Come dressed comfortably to this high-energy hour of fun with music and movement! Class includes warm-up, improvisation, individual movement to various styles of music, and some easy-to-learn choreography. Bring your child who loves to dance or who might like to learn to express themselves through great music! \$63/\$60 6 wk, \$53/\$50 5 wk

RCC-E5664	Mar 31-May 12, EX 4/21	(6 Tue)	4:15 pm-5:00 pm
RCC-E6029	May 19-June 23	(6 Tues)	4:15 pm-5:15 pm
RCC-E6030	July 2-July 30	(5 Thur)	10:00 am-11:00 am

LEVEL 1 SUMMER DANCE (AGES 3-6)

Location: Tyngsboro (near Mobil "On the Run")

Instructor: Centerstage Dance Academy Staff

Introduce your little one to dance. Our Level 1 summer program for ages 3-6 focuses on the joy of learning new things. We will have fun with ballet (using props & costumes), tap, funky fun jazz, musical theater work and creative dance exercises. Additional summer dance classes are available for students 7 & up, call 978 649-2482 S103/S100

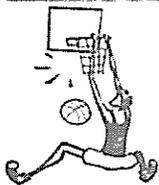
RCC-E6056	July 6-July 9	(Mon-Thur)	9:00 am-11:00 am
RCC-E6057	July 13-July 16	(Mon-Thur)	9:00 am-11:00 am
RCC-E6058	July 27-July 30	(Mon-Thur)	9:00 am-11:00 am
RCC-E6059	Aug 3-Aug 6	(Mon-Thur)	9:00 am-11:00 am
RCC-E6060	Aug 10-Aug 13	(Mon-Thur)	9:00 am-11:00 am

TAE KWON DO

Instructor: Debbie Ladue

Learn traditional forms of self-defense in a non-contact, fun class. Students receive instruction from the lead instructor, other black belts and advanced students in a fun and progressive environment. \$88/\$85 first child or family member, \$53/\$50 add'l child or family member 10 week session, \$37/\$34 first child or family member, \$23/\$20 add'l child or family member 4 week session

RCC-E5660	Apr 28-June 30	(10 Tue)	6:30 pm-8:00 pm
RCC-E5661	July 7-July 28	(4 Tue)	6:30 pm-8:00 pm
RCC-E5816	Sept 8-Nov 10	(10 Tue)	6:30 pm-8:00 pm



NEW! SHOOT IT STRAIGHT BASKETBALL SCHOOL (COED GRADES 3-8)

Instructor: Bill Ewing & Erin Leggett

All players will have FUN while they LEARN the game of basketball and work on team building and good sportsmanship. Workshop will be conducted in the gym as well as outside on portable and adjustable baskets for customized games. Work on essential fundamentals of basketball: passing, dribbling, shooting, and DEFENSE using innovative and fun training methods. Apply, learn and show off skills in individual and team building competitions. Play games suited for all skill levels. Good old fashioned fun every day: Simon Says, Trivia, Musical Bench Sitting, The Magic Ball, and more... surprise guests. Coed staff for coed teams. 1 week \$333/\$330, 2 or more kids \$578/\$575; 2 weeks \$578/\$575, 2 or more kids \$903/\$900

RCC-E6070	1 Week Aug 10-Aug 14	(Mon-Fri)	8:00 am-4:00 pm
RCC-E6072	2 Weeks Aug 10-Aug 21	(Mon-Fri)	8:00 am-4:00 pm
RCC-E6071	1 Week Aug 17-Aug 21	(Mon-Fri)	8:00 am-4:00 pm

Learning And Fun

ADVANCED ROBOTICS - "THE ULTIMATE EXPERIENCE" (AGES 7-12)

Instructor: Staff from Scienstational Workshop for Kids, Inc.

Build and take home your own robot. Build a dinosaur, Mars cruiser, aquabot, space copter, desert rover, and "The Five Foot Tall Commander Robot". Build your own robots with our motors, wires, controllers and wheels. It's a challenge, but easy to do if you are ready to think! Register by April 8th \$168/\$165

RCC-E5025	April 21 & 22	(Tue & Wed)	9:00 am-4:00 pm
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BABYSITTING COURSE (AGES 10-14)

Instructor: Reilly Hutchinson

Become a "super-sitter." Make baby-sitting fun and safe. After completing the course, you may fill out an application, with parent's permission, to be on the Roudenbush baby-sitting list. Children should bring pen or pencil, doll and lunch. Cost includes all handouts. \$38/\$35

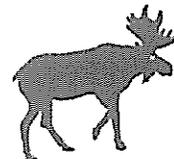
RCC-E5875	Apr 18	(Sat)	9:30 am-1:30 pm
RCC-E5876	Sept 19	(Sat)	9:30 am-1:30 pm

BE PREPARED & SAFE: "YOU'RE HOME ALONE" (AGES 9-14)

Instructor: Reilly Hutchinson

Does your child know what to do if a stranger comes to the door or how to get help in an emergency? This class is designed to teach children simple rules and procedures for responsible self-care at home. \$21/\$18

RCC-E5877	Apr 18	(Sat)	1:30 pm-2:45 pm
RCC-E5878	Sept 19	(Sat)	1:30 pm-2:45 pm



YMCA CAMP MASSAPOAG FOR SUMMER

Location: Camp Massapoag, Dunstable

Instructor: YMCA Staff

YMCA Camp Massapoag is a traditional outdoor summer day camp located on 42 wooded acres in Dunstable, MA. Bus transportation is available from the Abbot School in Westford and is included in the affordable camp fees.

For more information contact Camp Director Karen "Cookie" Provost at kprovost@lowellymea.org.

Camp Information Night at RCC:

April 28	(Tuesday)	6:30 pm-8:00 pm
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FRIDAY NIGHT SCOUT BADGE WORKSHOPS

Instructor: Staff from Top Secret Science Center & Math Center

Complete a Scout Merit Badge in a fun Friday evening workshop. Badges will be finished during the scheduled time unless there is work to be done at home. Workshops open to individuals or groups. \$10

Brownie/Girl Scouts:

RCC-E5902	Space Explorer	May 1	(Fri)	7:00 pm-8:00 pm
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Junior Girl Scouts:

RCC-E5903	Making It Matter	May 8	(Fri)	7:00 pm-8:00 pm
RCC-E5904	Math Whiz	May 22	(Fri)	7:00 pm-8:00 pm

JR. LEGO® ENGINEERING (AGES 5-7)

Instructor: Staff from All About Learning

This class is appropriate for the youngest engineer ages 5-7. Students will build and work with models to investigate fixed and movable pulleys, gears and belt drives. During class, students will work hands on with LEGO® Educational Division materials. \$143/\$140

RCC-E6051 July 13-July 17 (Mon-Fri) 9:00 am-12:00 pm

LEGO® VEHICLES (AGES 8-12)

Instructor: Staff All About Learning

Using LEGO® Educational Division materials, students through Grade 7 will build 13 different vehicles capped off with a final project. Some of these vehicles have not been invented in the real world yet! Vehicles include an Inch Worm Car, Riding Mower, Space cruiser, Submarine and more. \$143/\$140

RCC-E6052 July 13-July 17 (Mon-Fri) 1:00 pm-4:00 pm



GOLF JUNIOR CLINIC (AGES 7-14)

Location: Billerica Country Club, 51 Baldwin Rd, Billerica

Instructor: Staff from Barrie Bruce Golf School

Five lessons including position, swing with irons and woods, and short game putting and chipping. Equipment and balls provided. \$85

Spring Vacation:

RCC-E5926 Apr 20-Apr 24 (Mon-Fri) 10:00 am-11:30 am

RCC-E5927 Apr 20-Apr 24 (Mon-Fri) 2:00 pm-3:30 pm

Summer:

RCC-E5928 June 22-June 26 (Mon-Fri) 8:00 am-9:30 am

RCC-E5929 June 22-June 26 (Mon-Fri) 10:00 am-11:30 am

RCC-E5930 June 29-July 3 (Mon-Fri) 8:00 am-9:30 am

RCC-E5931 July 6-July 10 (Mon-Fri) 8:00 am-9:30 am

RCC-E5932 July 6-July 10 (Mon-Fri) 10:00 am-11:30 am

RCC-E5933 July 13-July 17 (Mon-Fri) 8:00 am-9:30 am

RCC-E5934 July 13-July 17 (Mon-Fri) 10:00 am-11:30 am

RCC-E5935 July 20-July 24 (Mon-Fri) 8:00 am-9:30 am

RCC-E5936 July 27-July 31 (Mon-Fri) 8:00 am-9:30 am

RCC-E5937 July 27-July 31 (Mon-Fri) 10:00 am-11:30 am

RCC-E5938 Aug 3-Aug 7 (Mon-Fri) 8:00 am-9:30 am

RCC-E5939 Aug 3-Aug 7 (Mon-Fri) 10:00 am-11:30 am

RCC-E5940 Aug 10-Aug 14 (Mon-Fri) 8:00 am-9:30 am

NEW! ADVANCED JUNIOR CLINIC

Location: Billerica Country Club, 51 Baldwin Rd, Billerica

Instructor: Staff from the Barrie Bruce Golf Schools

This series of five one-and-a-half hour lessons is for the junior who has acquired a sufficient level of readiness in the fundamental skills & has playing experience. \$103/\$100

Spring Vacation:

RCC-E5964 Apr 26-May 24 (5 Sun) 10:00 am-11:30 am

Summer:

RCC-E5863 June 29-July 3 (Mon-Fri) 10:00 am-11:30 am

RCC-E5864 July 20-July 24 (Mon-Fri) 10:00 am-11:30 am

RCC-E5865 Aug 10-Aug 14 (Mon-Fri) 10:00 am-11:30 am

GOLF FOR GIRLS

Location: Billerica Country Club, 51 Baldwin Rd, Billerica

Instructor: Staff from the Barrie Bruce Golf Schools

Five lessons including position, swing with irons and woods, and short game putting and chipping. Equipment and balls provided. \$85

Spring Vacation:

RCC-E5941 Apr 20-Apr 24 (Mon-Fri) 10:00 am -11:30 am

Summer:

RCC-E5942 June 22-June 26 (Mon-Fri) 8:00 am-9:30 am

RCC-E5943 July 6-July 10 (Mon-Fri) 8:00 am-9:30 am

RCC-E5944 July 27-July 31 (Mon-Fri) 8:00 am-9:30 am

MAKE AND TAKE IT HOME (AGES 6-11)

Instructor: Staff from Scienstational Science

Grow and take home a crystal tree. Make an energy bead bracelet and watch as those amazing beads turn from white to a rainbow of colors before your eyes. Build a working electric motor. Make your own sharpie pen T-shirt and learn some cool chemistry. (Student supplies a 100% cotton t-shirt). Make your own bubbling blobs and explore the properties of a density tube. Make silly putty—glowing goo—green flubber and other cool projects. Also, we will make ice cream in our own amazing, different, scienstational way! Register by July 30. \$168/\$165

RCC-E5786 Aug 10-Aug 14 (Mon-Fri) 9:00 am-12:00 pm



SPECTACULAR SCIENCE WEEK (GRADES 1-5)

Instructor: Top Secret Science

Come join this very cool and fun summer program! Over the past 14 years, Top Secret Science has worked hands-on with over 300,000 children in the Boston area. Each day the kids will explore up to 20 weird and wacky hands-on science experiments and will make and take home at least 8 different projects. The scientists are engaging and funny and your kids will be thoroughly entertained (they'll even learn some interesting things too). We will explore weird motions and flying things, air and water pressure, crazy chemistry, light and sound, electricity and much more. Be prepared for lots of fun stuff. It's a wonderful 6 hours of science each day. For returning students, there are many new experiments as well as old favorites. Children should bring lunch and snacks. Register by August 10th. \$193/\$190

RCC-E6039 Aug 17-Aug 21 (Mon-Fri) 9:00 am-3:00 pm

THE ROCKIT ROBOT - HYPER PEPPY ROBOTICS (AGES 7-12)

Instructor: Staff from Sciensational Workshops

Build and take home your own sound activated Rockit Robot. Use the clap of your hands or the sound of your voice to get it moving. When it comes in contact with an object it will automatically go into reverse, and then turn left before embarking on a new course. It's fast!!! You're able to adjust its sensitivity to sound. You will see, first-hand, its many gears, circuit board, microphone, and easy to assemble mechanical drive system. Register by July 30th. \$168/\$165

RCC-E5784 Aug 10-Aug 14 (Mon-Fri) 12:30 pm-3:30 pm



NEW! PICK UP PIANO THIS SUMMER (AGES 6 & UP)

Instructor: Christina Feng

Do you wish you could play your favorite songs? Even with little or no experience, this program will allow you to read basic notes, learn basic rhythm, and play simple songs and perhaps your favorite tunes. Materials fee of \$40 payable to instructor at first class. \$243/\$240

RCC-E6054 July 1-Aug 21 (Wed & Fri) 9:00 am-10:00 am



ROUDY TWIRLERS (AGES 4-11)

Instructor: Maureen Dunn & Staff

Explore the world of baton twirling for the beginner or the continuing twirler. Learn a routine for the May Apple Blossom Parade. The beginner will learn basic baton movements. Learn to coordinate movements with music/counting and marching. Cost of baton \$20, payable to instructor at first class. \$53/\$50

Ages 4-7:

RCC-E5689 Apr 10-May 15 (6 Fri) 4:00 pm-4:45 pm

Ages 8-11:

RCC-E5690 Apr 10-May 15 (6 Fri) 5:00 pm-5:45 pm

Special Needs

NASHOBA VALLEY SPECIAL OLYMPICS (NVSO)

Instructor: NVSO Committee

The NVSO is a local non-profit, volunteer organization, committed to supporting athletes with special needs through training, coaching and competition. There is no cost to join and compete in this Special Olympics program. NVSO offers soccer in the fall, swimming & tennis in the winter; and track & field in the spring. Other programs and events are offered as needed. NVSO is a Unified Special Olympics program meaning that "athletes" with special needs will be paired with a "partner" (of similar age if possible for both training and competition). If you know a child who would like to participate as a partner, would like to register, or have any questions please email NVSO@comcast.net. Free, register online.

Visit www.nashobavalleyspecialolympics.org for more details.

YOUNG SPECIAL ATHLETES PROGRAM

Instructor: Kerry Kirkland, Early Childhood Educator

This Special Athletes program (with one or both parents) has been developed for children with special needs. Children and adults will work together with different sports equipment and activities to improve coordination, develop muscle tone and participate in group activities. Join us for this fun program & make new friends for both moms/dads & kids. Siblings must sit quietly in the background-they can bring a board game to play or a book to read! Free, register online.

Ages 18 Months-3 Yrs:

RCC-E5557 Apr 4-Apr 18 (3 Sat) 10:00 am-10:45 am

RCC-E5558 May 9-May 16 (2 Sat) 10:00 am-10:45 am

Ages 3-6 Yrs:

RCC-E5562 Apr 4-Apr 18 (3 Sat) 11:00 am-11:45 am

RCC-E5563 May 9-May 16 (2 Sat) 11:00 am-11:45 am

RCC-E6031 May 30-June 13 (3 Sat) 11:00 am-11:45 am

RCC-E6032 Aug 22-Sept 12, EX 9/5 (3 Sat) 11:00 am-11:45 am

Gymnastics

SESSION 'D' GYMNASTICS

Instructor: Gymnastics Staff

Registrations now being accepted for classes beginning week of April 13th. See course listings online.

SUMMER GYMNASTICS FUN (AGES 6-11)

Instructor: Gymnastics Staff

Girls and boys of all levels will have fun tumbling, balancing, swinging and vaulting. We'll learn skills on floor, beam, bars and vault and also do an arts & crafts project each day. Please bring a snack and water bottle. Cost includes a Roudenbush Camp T-shirt. \$103/\$100

RCC-E6020 June 29-July 2 (Mon-Thur) 9:30 am-12:00 pm

RCC-E6021 July 13-July 16 (Mon-Thur) 9:30 am-12:00 pm

RCC-E6022 Aug 24-27 (Mon-Thur) 12:00 pm-2:30 pm

SUMMER GYMNASTICS FUN (AGES 4-6)

Instructor: Gymnastics Staff

New and experienced gymnasts can join the fun as we learn skills while running through obstacle courses, swinging on the bars, balancing on the beam and playing games. Please send your child with a snack & water bottle each day. Cost includes a Roudenbush camp T-shirt. \$63/\$60 3-day, \$83/\$80 4-day

RCC-E6017 June 16-June 18 (Tue-Thur) 9:30 am-11:30 am

RCC-E6018 July 7-June 9 (Tue-Thur) 9:30 am-11:30 am

RCC-E6019 Aug 24-Aug 27 (Mon-Thur) 9:30 am-11:30 am

Community Events

- TOWN WIDE YARD SALE – Sat., April 25th (rain date 4/26). Sign up online at Roudenbush.org
- CHILDREN'S TOY & CLOTHING SALE – Sat, April 25th 8am-noon , Friends & Newcomers westford.com/newcomers
- 11th ANNUAL WESTFORD ROAD RACE – Sun., May 3rd Westford Charitable Foundation, westford.com/roadrace
- WESTFORD ANNUAL TOWN ELECTION – Tuesday, May 5th (polls open 7 am-8 pm)
- TOWN MEETING – Sat., May 9th, 10am at Abbot School (voter registration deadline Wed 4/15, 8 pm)
- WASA APPLE BLOSSOM FUNDRAISING DINNER – Thur, May 14th, 5:30-7:30 pm, Abbot School
- APPLE BLOSSOM FESTIVAL – Sat. May 16th pancake breakfast and parade, carnival May 13-17
- HEALTH FAIR – May 16th 8am-12pm Abbot gym. Free screenings & info sponsored by Board of Health
- ANNUAL PLANT SALE – Sat, May 23rd 9am-1pm on Town Common. Visit westford.com/gardenclub for meeting info
- WESTFORD MEMORIAL DAY PARADE – Sun. May 24th, noon. Hour of remembrance at 11:00a.m. Call 692-7042 for info
- WESTFORD ACADEMY – Graduation & Last Night celebration June 5th, Senior Prom May 9th, Jr. Cotillion May 16th
- 34th ANNUAL STRAWBERRIES & ART FESTIVAL – June 20th 10am-4pm (rain date June 21)
- BLUES 'N' BREWS FESTIVAL – Sat. Aug. 23rd sponsored by Westford Rotary Club, visit www.bluesnbrews.com for info
- UPPER MERRIMACK VALLEY MEDICAL RESERVE CORPS – Join this emergency response team; visit umvmrc.org
- WESTFORD MUSEUM - 2 Boston Rd; open 2pm-4pm Sundays. Office open MWF 9am-1pm. Visit westford.com/museum
- WESTFORD PARENT CONNECTION (WPC) – visit www.westford.com/wpc for info on parent enrichment programs
- NAIC INVESTMENT CLUB – contact pmason@roudenbush.org for membership info
- PARISH CENTER FOR THE ARTS, 10 Lincoln Street, art. music. dance. theatre. Visit www.westford.com/PCA for info
- THE FRESH AIR FUND - be a host family for inner city children; visit www.freshair.org
- WESTFORD EDUCATION FOUNDATION – Visit www.WEFweb.org for info about the Walk for Education and other events
- WESTFORD AGAINST SUBSTANCE ABUSE (WASA) – For events and free courses visit westford.com/wasa
- WESTFORD SENIOR CENTER – 20 Pleasant St., 692-5523 or visit www.westford.com, senior center for events.

REGISTRATION FORM (Checks Payable to TRCCI)

(PARENT) LAST NAME, FIRST NAME		E-MAIL (confirmation, receipt & updates):		
#1 NAME:		CHILD DOB: / /	GRADE:	
#2 NAME:		CHILD DOB: / /	GRADE:	
HOME ADDRESS:		TOWN:	STATE:	ZIP:
HOME #	WORK #	CELL#		
Student #	Class #	Description	Date & Time	Tuition
				\$
				\$
Tax-deductible contribution to scholarships or special projects:				\$
Please list current allergies, medication, physical or medical conditions:				TOTAL \$

SIGNATURE (or parent if child is under 18 yrs of age) _____

Please circle and initial the following (registration will not be completed without initials):

I give permission for photos to be taken at RCC for possible publication. Circle: YES or NO _____

I have read and agree with CED and Gymnastic's class waiver and Medical Waiver on General Information Page 3 _____



Classes for Summer and Fall 2009

SUMMER : Adventures for Toddlers (0-18mos) Give your child something to talk about—or sing about—in their own backyard. Through music and movement activities created just for your toddler, we'll learn all about the animals you see everyday: Woodpeckers, caterpillars, ladybugs, flowers, rabbits and so much more. Through music, creative movement, puppet play, instrument exploration, storytelling and singing your child will uncover the wonder of these creatures living in your own backyard. **Take Home Materials:** Home CD, Plush Bunny Hand Puppet, and picture folders featuring the animals in the activities. Materials included.

June 15-June 18 (Mon-Thur) 10:30-11:15am	Tuition: \$84.00
June 22-June 25 (Mon-Thur) 10:30 -11:15am	Tuition: \$84.00
July 25-Aug 22 (5 Sat) 9:30 -10:15am	Tuition: \$96.00

FALL : Our Time (0-18mos) encourages your child to uncover an engaging musical world while building confidence, self control, and communication skills. Singing, imitating sounds, rhyming and object identification foster language skills. Along with an accompanying parent or caregiver, children meet weekly and enjoy singing, moving, listening and interacting socially, and playing simple instruments. Includes materials.

Sept 18-Jan 15 (15 Fri) 10:30 -11:15am	Tuition: \$221.00
Sept 19-Jan 16 (15 Sat) 9:30am-10:15 am	Tuition \$221.00

FAMILY TIME (0-4yrs, single child or siblings) Kindermusik is fun for the whole family! Family Time is designed to apply musical and developmental learning in a multi-age, multi-child, family environment. Basic musical concepts are introduced and structured free time put these concepts into play. Activities include instrument exploration, movement with hoops, scarves and tumble around play. Materials included in 1st child's tuition payment.

July 25th-August 22nd (5 Sat) 10:30 am-11:15 am	\$115 1st child, \$30 2nd Child, \$15 3rd child
Sept 18-Nov 20 (10 Fri) 12:30 pm-1:15 pm	\$165 1st child, \$50 2nd child, \$30 3rd child
Sept 19-Nov 21 (10 Sat) 10:30 am-11:15 am	\$165 1st child, \$50 2nd child, \$30 3rd child

To register for these classes, contact Bernadette Baird at 978-758-8343 or enroll online at www.brightdaymusic.kindermusik.net



HOT TOPICS!!! Kindergarten Readiness Class Tuesdays at Main Street Ages 4 & 5 Entering Kindergarten in September 2010

This class will help prepare your child for kindergarten by enhancing skills in the areas outlined by the Department of Education. Subjects range from language arts, mathematics, science, history, social studies and "Handwriting Without Tears" currently being taught in the Westford Public Schools. This class will provide additional reinforcement to your child's regular preschool program in a challenging, fun, and exciting way. The program will run in six 4 week sessions and is open to ALL children entering kindergarten in September 2010.

Please call the preschool office for details on dates, times and topics.

Roudenbush Community Center

65 Main Street – Westford Massachusetts 01886-2509

(978) 692-5511

Winter in New England ~ cold and snowy, yet bright, brilliant and crisp. As the chill of the season settles in around us, warm up at Roudenbush! Our staff, teachers and instructors collectively define what a Community Center is all about.

New this year "The Club" Adult Social Day Program. Director Norma Antonetti would be pleased to share with you all that "The Club" has to offer. Call Norma for a free trial day at 978 692-0803.

Community Education continues to lead the way with superior programs. From Core Conditioning to Gentle Yoga, we strive to exercise the body and calm the mind. There are many Yoga and Pilates classes to fit your lifestyle, schedule and fitness level. At Roudenbush, we celebrate the fine arts; discover how relaxing a watercolor or drawing class can be and enjoy an evening or morning with friends! All of these classes for adults and children can be found at our website: www.roudenbush.org. Registration online is easy and secure.

In addition to all our community education programs we can't forget about our full day childcare at our Frost building, half-day preschool at both Main Street and Nab buildings and our school age before and after school care located at Abbot school. Give us a call, we would be happy to show you around.

We appreciate your suggestions and are open to new course ideas. If you have a talent or interest, we encourage you to share it with the community! In these rough economic times, we appreciate your business and look forward to serving you.

Warm Regards,
Katherine Pouliopoulos
Executive Director

The Roudenbush Community Center (RCC) was established to enrich the lives of Westford residents by offering programs and services in the areas of education, entertainment, health and the arts at the lowest possible cost to the taxpayers.
RCC Committee is also committed to preserving and protecting the buildings under its care and custody.

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*This brochure is dedicated
to the memory of
our friend and colleague Pat Pollard*



The Roudenbush Community Center

Published quarterly, Volume 9 Issue 3

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Roudenbush Community Center

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To subscribe, please call 978-692-5511 ext 0

Ask to be added to our mail list.

General Information

Donna Deschenes, CED Sales & Marketing Manager Ext 222
Ellen Wright, CED Administration Manager Ext 231

INSTRUCTORS

Most are independent contractors. Curriculum is their responsibility & learning rests with the teacher and students.

CANCELLATIONS, MAKE UP CLASSES, WEATHER

Classes are not held on legal holidays. RCC reserves the right to cancel any course with insufficient enrollment within 7 days prior to class offering and to substitute, if necessary, for a listed instructor. In the event of a cancellation or make up, we notify participants using phone numbers provided to us. To avoid cancellations, we suggest registrations be completed 7 days before start date. Any weather related delay will be made up if possible, or a credit will be given. Please call the main office for information or check our website for related details.

REFUND & TRANSFER POLICY

When a student withdraws from a course, instructional and operational costs must be met:

If you withdraw at least 7 days in advance of the class start date a course voucher for the full amount will be given or a refund check less a \$10 processing fee. Allow 4-6 weeks for processing.

If Roudenbush must cancel a class, we call participants and issue a voucher. Absolutely no refunds will be given after a class starts; with the exception of extended illness or injury, in which case, we must be notified immediately with a doctor's note.



We cannot issue refunds for ticketed, special events or trips.

Vouchers expire one year from date of issue.

If you transfer from one class to another, there is a \$10 fee.

Visit www.roudenbush.org for complete descriptions

All class descriptions have been shortened –

CED AND GYMNASTICS WAIVER

Participation in certain physical program(s) may involve some risk of personal injury. I hereby release and covenant to hold harmless The Roudenbush Community Center, its agents and employees from any and all actions, claims, and damages for personal injuries, that I or my children may sustain or incur as a result of participation in the program(s).

I fully realize that gymnastics and exercise classes can be dangerous and could result in serious injury and freely assume that risk.

MEDICAL

In event of an emergency, I give permission for The Roudenbush Community Center, Inc. to give my child simple first aid and to arrange for transportation to a hospital and receive emergency medical treatment. I will assume all costs for medical care.

65 MAIN ST OFFICE HOURS

Monday-Friday 8:30 AM-9:00 PM
Saturday 8:30 AM-12:00 NOON or to the conclusion of classes
Sunday to the conclusion of classes

BUILDINGS ARE CLOSED

Christmas Day 12/25 & 12/26
New Years 1/1 & 1/2
Martin Luther King, Jr. Day 1/19
Presidents' Day 2/16
Patriots' Day 4/20
Memorial Day 5/25
Independence Day 7/4

SPECIAL NEEDS

We are committed to serving the needs and interests of everyone in the community: adults, children, seniors and individuals with disabilities. Every effort is made to provide appropriate services to allow for participation in our programs. If you need special accommodations, call the main office.

SCHOLARSHIPS

Assistance is available to any Westford resident for most programs through the generosity of the Patti Mason Art & Music Scholarship, Avis Hooper Scholarship and the Debbie Fridrich Scholarship Fund. Call for details about financial assistance.

REGISTRATION INFORMATION

Registrations are currently being accepted online for Community Education programs on a first come, first served basis. Registration for gymnastics programs C & D begins Jan 15th.

HOW TO REGISTER?

We accept VISA, MasterCard and Discover, cash and check (payable to TRCCI). Program prices appear as Non-Resident/Resident. Westford residents receive \$3.00 discount. There is a \$20 fee for checks returned by the bank.

OnLine – Register at www.roudenbush.org. Go to the on-line registration form and follow the easy directions. Credit card payments only; you will receive immediate confirmation via email. This is a secured web site thru ValueWeb.

Mail – Complete the registration form, enclose check and mail to: RCC, 65 Main Street, Westford, MA 01886

Walk-In – Registrations are accepted in our main office anytime.

Phone – Registrations are accepted by phone only with credit card payment.

Fax – (978) 692-8054 – Fax registrations require credit card payment and must include card number, expiration date and signature.

Confirmation sent by email, or call for a mailed receipt.

Cover: "Parish Church in Winter", Acrylic on canvas
Painting by Mary Jane Brunelle
Based on photograph by Chris Brearley

Mary Jane Brunelle is a Westford resident and owner of Decorative Paint Finishes offering custom wall finishes, murals and commissioned paintings. She is currently working on a series of Westford paintings featuring Westford traditions, events and landmarks.

Toddler and Preschool Part-day Programs

Located At "Old" Nabnasset School, 170 Plain Road and
Roudenbush Community Center, 65 Main Street

Priscilla Sellers, Director
170 Plain Road
978-692-5544



Juanita Antunes, Assistant Director
65 Main Street
978-692-5511 ext 225

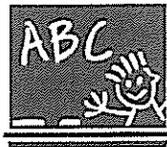
The preschool is located at 170 Plain Road and at 65 Main Street. The rooms are divided into interest centers designed to encourage individual choice, group play and creativity. Incorporated into the curriculum are activities that provide opportunities for small motor development, problem solving, language development, and pre-reading skills. Our preschool offers young children an opportunity to participate in group activities and explore the world around them. We pride ourselves in providing children with a safe and caring environment. We are licensed by EEC and accredited by the National Academy of Education for Young Children. Please feel free to stop in to visit anytime.

Programs held at 170 Plain Road		
2 DAY PROGRAM: Tues & Thu 9:00 am-11:30 am 12:30 pm-3:00 pm	3 DAY PROGRAM: Mon/Wed/Fri 8:45 am-11:45 am 12:30 pm-3:30 pm	4 DAY PRE-K: Mon-Thu 8:30 am-11:30 am 12:30 pm-3:30 pm
TOT TIME: Mon/Wed or Tues/Thu 8:45 am-11:15 am		BUSY BEES: Fridays 9:00 am-11:30 am
EXTENDED DAY: Daily Mon-Fri 11:30 am-3:30 pm Fee: daily rate (Ages 2.9 - 5 years)		
Programs held at 65 Main Street		
2 DAY PROGRAM: Tues & Thu 9:00 am-11:30 am 12:30 pm-3:00 pm	3 DAY PROGRAM: Mon/Wed/Fri 8:45 am-11:45 am 12:30 pm-3:30 pm	3 DAY PRE-K: Mon/Wed/Thu 8:30 am-11:30 am 12:30 pm-3:30 pm
EXTENDED DAY: Daily Mon-Fri 11:30 am-3:30 pm Fee: daily rate (Ages 2.9 - 5 years)		

Enrollment For 2009/2010 Part-day Toddler and Preschool Programs:

We are now accepting names on our wait list for next year.

Please feel free to stop by or call for information on classes we are offering.



HOT TOPICS!!! Kindergarten Readiness Class

Tuesdays at Main Street

Ages 4 & 5 Entering Kindergarten in September 2009

This class will help prepare your child for kindergarten by enhancing skills in the areas outlined by the Department of Education. Subjects range from language arts, mathematics, science, history, social studies and "Handwriting Without Tears" currently being taught in the Westford Public Schools. This class will provide additional reinforcement to your child's regular preschool program in a challenging, fun, and exciting way. The program will run in six 4 week sessions and is open to ALL children entering kindergarten in September 2009.

Please call the preschool office for details on dates, times and topics.



Infant, Toddler, Preschool & Kindergarten Child Care

Early Childhood Center is located in the Frost Building
73 Main Street, Westford

978-692-5533 or 978-692-5534

Karen Tatro, Co-Director

Jane Garrahan, Co-Director

The Frost Building is home to year-round, full-time child care for ages 6 weeks through kindergarten. We offer a variety of indoor and outdoor activities led by caring and experienced professional staff in a homelike atmosphere. Snacks are provided twice daily and field trips and special activities are planned throughout the year. We operate year round from 7 am to 6 pm and offer 2, 3, 4, and 5-day weeks.

PROGRAM	AGES	DESCRIPTION
Infant/Toddler full day	6 weeks to 2.9 years	Program of theme-based lessons and activities designed to promote healthy growth and development. The daily schedule consists of large and small group activities held both indoors and out.
Preschool full day	2.9 to 5 years	Curriculum prepares the preschooler for a classroom environment by exploring math, language, science, art and music skills while developing large and small motor skills.
Kindergarten before and after school	kindergarten	Curriculum includes activities and non-structured play especially geared to the kindergarten child. This program focuses on enhancing and promoting mastery of newly acquired academic skills. <i>Please note: This program is not a substitute for the Westford Public School's Kindergarten Requirement.</i> Our private buses provide daily transportation to and from ALL Westford Elementary Schools.

School Age Child Care

Carrie Ladebauche, Director

978-692-5511 X226

LOCATION:	ABBOT ELEMENTARY (Snow days and vacation weeks are held at RCC, 65 Main Street.)
TELEPHONE:	Daytime office 978-692-5511 ext 226 To leave a message at Abbot School 978-692-7865
AGES:	1st grade through 5th grade in BEFORE and AFTER school program 1st grade through 7th grade in AFTER school program
HOURS:	7:00-9:00 AM; 2:30-6:00 PM; also includes public school half days and 7:00 AM-6:00 PM includes no school days and snow days
FEES:	Variable prices depending upon child care needs; please call. 10% discount for additional family members and Westford residents
PROGRAM:	Curriculum includes planned activities, non-structured play, and homework time. Field trips and enrichment programs are offered throughout the year. Snacks provided.
TRANSPORTATION:	Private buses provided to and from all Westford elementary schools.

Registration for all childcare programs is ongoing.

CALL to learn more or arrange a visit.

Spring & Summer 2010

Arts, Crafts, Cooking and Home

BLOOMIN' ART BABIES

Location: Roudenbush, 65 Main Street
Instructor: Staff from Let's Gogh Art

Using nylon stocking, stuffing paper, fabric, felt and more we will create art babies and flowers, perfect for framing or placing on a card.
RCC-E6874 May 13 (Thur) 6:30pm - 7:30pm \$24/\$21

*CLAY, POTTERY WHEEL, SCULPTURE

Location: Pottery Studio, 108 Lowell Rd., Westford
Instructor: Suzanne Donahue

Please see website for description. \$153/\$150 6 wk, \$97/\$94 3-day, \$76/\$73 2-day

All Ages:

RCC-E6640 May 11-June 15 (6 Tuc) 4:30 pm-6:00 pm
RCC-E6641 May 13-June 17 (6 Thur) 4:30 pm-6:00 pm

Following 3-day classes meet Tue, Wed and Thur

RCC-E6957 July 6, 7, 8 (3-day) 10:30 am-12:00 pm
RCC-E6958 July 20, 21, 22 (3-day) 10:30 am-12:00 pm
RCC-E6959 Aug 3, 4, 5 (3-day) 10:30 am-12:00 pm
RCC-E6960 Aug 10, 11, 12 (3-day) 10:30 am-12:00 pm

Adults and Teens:

RCC-E6439 May 11-June 15 (6 Tuc) 7:00 pm-9:00 pm
RCC-E6440 May 13-June 17 (6 Thur) 7:00 pm-9:00 pm

Following 2-day classes meet Tue and Thur

RCC-E6961 July 6, 8 (2-day) 7:00 pm-9:30 pm
RCC-E6962 July 20, 22 (2-day) 7:00 pm-9:30 pm
RCC-E6963 Aug 3, 5 (2-day) 7:00 pm-9:30 pm
RCC-E6964 Aug 10, 12 (2-day) 7:00 pm-9:30 pm

*INDIAN FOLK ART - MADHUBANI CLASSES

Instructor: Dimple Shah

Learn Madhubani painting - Indian Folk Art. Two projects will be covered one on paper and the other on fabric such as a T-shirt, pillow cover, or sheet. Bring a smock. \$92/\$89

RCC-E6845 Aug 10-Aug 31 (4 Tuc) 7:00pm-8:30pm

*INSPIRATION BOARDS

Instructor: Staff from Let's Gogh Art

With magazines as our starting point, we will clip pictures and words to inspire and motivate towards a specific goal or dream. After collaging our clippings we will decoupage them to a board. Perfect for dorm room, office or bedroom. \$24/\$21

RCC-E6878 July 20 (Tuc) 6:30 pm-7:30 pm

*MASK MASTERPIECE

Instructor: Staff from Let's Gogh Art

Starting with a plastic mask form, you'll create an original masterpiece with raffia, pipe cleaners, beads, seeds gems, paint & more. Once complete, the mask will be mounted on a painted foam core back-

ground. \$24/\$21

RCC-E6875 June 2 (Wed) 6:30 pm-7:30 pm

*MEDUSA MASTERPIECE

Instructor: Staff from Let's Gogh Art

Learn the legend of Medusa and create a self portrait with medusa like hair painted with acrylics on canvas. Background is decoupage tissue paper and card stock paper. \$24/\$21

RCC-E6873 May 5 (Wed) 6:30 pm-7:30 pm

*MOSIAC MERMAIDS

Instructor: Staff from Let's Gogh Art

The allure of mermaids coupled with the art of mosaics, gives this class appeal to both teens and adults. Create a fun, easy project to hang anywhere in your home. \$24/\$21

RCC-E6879 June 23 (Wed) 6:30 pm-7:30 pm

PRESERVING YOUR HARVEST WITH CANNING & PICKLING

Instructor: Elena Volkova

Canning - Waterbath canning is the old-fashioned and simple way to preserving much of your harvest.

Pickling - Preserve the diversity of summer produce: cucumbers, mushrooms, peppers, zucchini, tomatoes, garlic, herbs in a time-tested fashion, without chemicals or toxic ingredients. A materials fee of \$5 is due to instructor at class. \$43/\$40

RCC-E6913 Canning Aug 10 (Tuc) 6:30 pm-8:00 pm

RCC-E6912 Pickling Aug 17 (Tuc) 6:30 pm-8:00 pm

SAVORY SPRING FINGER FOODS

Instructor: Kay Benaroch

Join us for exciting hands on cooking classes with demonstrations from the instructor. Kay is a graduate of the Cambridge School of Culinary Arts. Please bring an apron, chef's knife and small containers for leftovers. Materials fee of \$10 payable to instructor at class. \$48/\$45

Tapas & Small Dishes:

RCC-E6882 May 5 (Wed) 6:30 pm-9:30 pm

Summer Appetizers:

RCC-E6893 May 19 (Wed) 6:30 pm-9:30 pm

Asian Inspired Cocktail Party:

RCC-E6894 June 9 (Wed) 6:30 pm-9:30 pm

*SILK HOOP PAINTING

Instructor: Staff from Let's Gogh Art

Learn about the art of Japanese and Chinese silk painting. Using silk dyes and silk stretched on hoops, the designs and possibilities are endless. The result is a beautiful wall or window hanging. \$24/\$21

RCC-E6877 June 15 (Tuc) 6:30 pm-7:30 pm

*YARN BOTTLES

Instructor: Staff from Let's Gogh Art

A recycled art project with beautiful results. Apply varying colors and patterns of yarn to bottles for endless design possibilities. \$24/\$21

RCC-E6876 June 9 (Wed) 6:30 pm-7:30 pm

Computer and Online

<p>ONLINE LEARNING www.Ed2Go.com/ROUDY</p> <p>We offer a wide range of interactive courses that you can take entirely over the Internet. All courses include expert instructors, many of whom are nationally known authors. Affordable, fun, fast, convenient, and geared just for you! Visit and register at www.Ed2Go.com/roudy.</p>	
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Fitness and Dance

*BEGINNER BALLROOM

Location: Dance New England School of Dance, Chelmsford
 Instructor: DNE Staff

Dances include the Waltz, Foxtrot, Rumba & Swing. \$102/\$99

RCC-E6421 May 6-June 17 Ex 5/27 (6 Thur) 8:00 pm-9:30 pm
 RCC-E7039 Sept 23-Oct 28 (6 Thur) 8:00 pm-9:30 pm

*BEGINNER SWING & JITTERBUG

Location: Dance New England School of Dance, Chelmsford
 Instructor: DNE Staff

Dances include Swing & Jitterbug. \$78/\$75

RCC-E6422 May 7-June 18, Ex 5/28 (6 Fri) 7:30 pm-8:30 pm
 RCC-E7040 Sept 24-Oct 29 (6 Fri) 7:30 pm-8:30 pm

BEGINNER TANGO AND SALSA

Location: Dance New England School of Dance, Chelmsford
 Instructor: DNE Staff

Learn the Tango with an Argentine flair! \$78/\$75

RCC-E6423 May 7-June 18 Ex 5/28 (6 Fri) 8:30 pm-9:30 pm
 RCC-E7041 Sept 24-Oct 29 (6 Fri) 8:30 pm-9:30 pm

*BOLLYWOOD DANCING

Instructor: Amulya Deepak

Bollywood dancing, Bhangra and Indian folk are some of the hottest dances around. They are a fusion of traditional, folk and classical Indian dances with the influence of some hip-hop and modern dance. \$103/\$100

RCC-E6775 Sept 10-Oct 1 (8 Fri) 6:30 pm-7:30 pm
 RCC-E6774 Sept 13-Nov 1 (8 Mon) 7:00 pm-8:00 pm

See website for descriptions of pilates and yoga classes.

Bring a mat, towel & water for all classes.

BEGINNING PILATES

Instructor: Jeri Ryan

\$91/\$88

RCC-E6943 Sept 9-Oct 21 (7 Thur) 6:00 pm-6:50 pm

INTERMEDIATE AND ADVANCED PILATES

Instructor: Jeri Ryan

\$91/\$88

RCC-E6946 Sept 9-Oct 14 (7 Thur) 7:00 pm-7:50 pm

YOGALATES

Instructor: Jeri Ryan

\$91/\$88

RCC-E6948 June 8-July 20 (7 Tuc) 7:00 pm-7:50 pm

GET FIT WITH PILATES

Location: F.P.C.U. Fellowship Hall

Instructor: Chris Kandianis

\$88/\$85

RCC-E6799 June 22-Aug 24, Ex 7/20 (9 Tuc) 9:30 am-10:30 am

RCC-E6801 June 25-Aug 27, Ex 7/23 (9 Fri) 9:30 am-10:30 am

Intermediate:

RCC-E6804 June 23-Aug 25, Ex 7/21 (9 Wed) 7:00 pm-8:00 pm

MORE THAN PILATES

Location: F.P.C.U Fellowship Hall

Instructor: Chris Kandianis

\$88/\$85

RCC-E6803 June 23-Aug 25, Ex 7/21 (9 Wed) 5:45 pm-6:45 pm

MOMMY ROCKS!

Fitness for Moms & Fun for Kids (6 wks-preschool)

Location: Tyngsboro Sports Center, Tyngsboro

Instructor: Jessica Columbus

Mommy Rocks allows moms to workout with the added comfort of having their baby/kids with them. Classes include short bouts of cardio-

COMMUNITY FIELDS PROJECT

The Community Fields Project goal is to construct artificial turf fields at two sites in Westford - Westford Academy (WA) and at Nutting Road, which is part of the East Boston Camps parcel. These fields are needed to support the town's recreational population as well as the high school sports program. The initiative is supported by the Community Preservation Committee who recommended that \$960,000 be allocated to the project from the Community Preservation Act (CPA). This particular contribution can only be used for the Nutting Road site; therefore the main focus of the fundraising is on the WA site as it is shovel ready. As of mid-November 2009, approximately \$200,000 has been raised for the WA site and \$1.3 million for the Nutting Road site.

Visit online for information on upcoming events and donating.

www.westfordturf.com



vascular exercise, functional strength/assistance training, core strengthening and stretching. Please bring stroller, exercise mat or towel and water. \$103/\$100

RCC-E6787 June 22-Aug 31, EX 7/6 (10 Tue) 9:15 am-10:00 am

OPEN/ADVANCED FENCING

Instructor: Javier Echavarrri

This class is for fencers who have taken several intermediate courses or are advanced fencers. Lessons will not be given but rather we will spend our time fencing one another. If you are interested in joining the Westford Fencing Club (advanced fencers only) please contact Javier during class. \$86/\$83

RCC-E6965 July 7-Sept 8 (10 Wed) 7:15 pm-8:15 pm

TAE KWON DO

Instructor: Debbie Ladue

Learn traditional forms of self-defense in a non-contact, fun class. Students receive instruction from the lead instructor, other black belts and advanced students in a fun and progressive environment. Open enrollment ends when class begins. \$233/\$230, add'l child or family member \$141/\$138

RCC-E6956 Sept 7-Feb 15, EX 12/28 (23 Tue) 6:30 pm-8:00 pm

Personal Enrichment

CHRONIC EASE - AN INTRODUCTION TO THE ALEXANDER TECHNIQUE

Instructor: Michael Serio

A recent study published by the British Journal of Medicine concludes: "one-to-one lessons in the Alexander Technique from Registered teachers have long term benefits for patients with chronic back pain." Find out how the Alexander Technique can bring relief from recurring or chronic pain, help you regain natural poise and take your music/dance/sports game to the next level. \$29/\$26

RCC-E6910 Sept 13 (Mon) 7:00 pm-9:00 pm

DECLUTTER YOUR MIND, HOME & OFFICE: A HOLISTIC APPROACH

Instructor: Lisa Wessan, MSW, LCSW

This seminar discusses some characteristics of a person who clutters and how excess clutter affects health, energy, relationships and prosperity. Successful strategies will be explored, including techniques for the release of clutter, how to prevent calendar clutter, how to find safe sources of emotional support, stress reduction for clutter and guided imagery. Read more online! \$40/\$37, \$27 early registration

RCC-E6784 May 6 (Thur) 11:30 am-1:30 pm

RCC-E6785 Sept 21 (Tues) 11:30 am-1:30 pm

GET RID OF CARPAL TUNNEL SYNDROME!

Instructor: Dr. Carla LeClerc, D.C.

Do you have numbness and tingling in your hands and fingers? Is this affecting your daily activities? Join us for this workshop to find out what may be causing your Carpal Tunnel symptoms and how you can get rid of them naturally. Free. register online.

RCC-E6841 June 1 (Tue) 7:00 pm-9:00 pm

GOLF SCHOOL I FOR ADULTS

Location: Billerica Country Club, 51 Baldwin Rd, Billerica

Instructor: Staff From Barrie Bruce Golf School

For the new golfer who has little or no golfing experience, Basic fundamentals of the game will be taught in a relaxing and stress free environment. All the student needs is "a pair of sneakers and a good attitude." Equipment and practice balls provided. You will receive written summaries of each lesson. \$140

RCC-E6680 May 3-May 31 (5 Mon) 7:00 pm-8:00 pm

RCC-E6681 May 15-June 12 (5 Sat) 11:30 am-12:30 pm

RCC-E6682 May 15-June 12 (5 Sat) 1:00 pm-2:00 pm

RCC-E6683 May 16-June 13 (5 Sun) 11:30 am-12:30 pm

RCC-E6684 May 16-June 13 (5 Sun) 1:00 pm-2:00 pm

RCC-E6685 May 17-June 14 (5 Mon) 5:30 pm-6:30 pm

RCC-E6686 May 18-June 15 (5 Tue) 5:30 pm-6:30 pm

RCC-E6687 May 19-June 16 (5 Wed) 5:30 pm-6:30 pm

RCC-E6688 May 20-June 17 (5 Thur) 5:30 pm-6:30 pm

RCC-E7014 July 6-Aug 3 (5 Tue) 6:00 pm-7:00 pm

RCC-E7015 July 7-Aug 4 (5 Wed) 6:00 pm-7:00 pm

RCC-E7017 July 8-Aug 5 (5 Thur) 6:00 pm-7:00 pm

RCC-E7018 July 10-Aug 7 (5 Sat) 10:30 am-11:30 am

RCC-E7019 July 11-Aug 8 (5 Sun) 12:30 pm-1:30 pm

RCC-E7020 July 12-Aug 9 (5 Mon) 6:00 pm-7:00 pm

GREAT GOLF

Instructor: Dr Susan Worthem McCombs

What if you could perform the perfect tee shot, drive, approach shot just like the pro you admire? Imagine yourself relaxed each time you pick up a golf club and transform distractions into focus and concentration. Leave your clubs at home and join us for this one and one half hour guided meditation workshop designed specifically for golfers. A CD entitled "The Golf Enhancement Seminar" is available for \$30.00 at the class. \$45/\$42

RCC-E6764 June 1 (Tue) 7:00 pm-8:30 pm

HOW TO SLEEP LIKE A BABY

Location: Roudenbush, 65 Main Street

Instructor: Dr. David LeClerc

80% of Americans suffer from some kind of sleep problems! That's an epidemic! If you have trouble falling asleep, you are not getting enough sleep and you are tired and fatigued, there are natural ways that can help. Free. register online.

RCC-E6830 May 11 (Tues) 7:00 pm-9:00 pm

***INSTANT GUITAR FOR HOPELESSLY BUSY ADULTS AND TEENS**

Instructor: Peter Dupre

Want to learn the guitar but find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. Bring your acoustic guitar; limited to 15 students ages 13+. Required materials fee of \$28 will be collected in class for workbook and practice DVD. \$33/\$30

RCC-E6639 May 5 (Wed) 6:30 pm-9:00 pm

MESSAGES FROM HEAVEN

Location: Roudenbush, 65 Main Street

Instructor: Gayle Kirk

Join medium Gayle Kirk for an informative, healing, and uplifting program. Psychic guidance and messages from your loved ones will be provided for as many people as time allows and as guided by Spirit. \$48/\$45

RCC-E6417 May 7 (Fri) 7:00 pm-9:00 pm

RCC-E6994 Nov 12 (Fri) 7:00 pm-9:00 pm

MULTIDIMENSIONAL MARKETING STRATEGIES

Instructor: Lisa Wessan, LCSW

Lisa's multidimensional marketing strategies will enhance your success and expand your reach in the world. Multidimensional techniques involve methods that rely on metaphysical and/or spiritual principles that have tremendous practical applications. This program will help you turbo-charge your marketing and publicity campaign, upgrade your media kit, and exceed all of your expectations for your return on investment. (Atheists and agnostics are warmly welcome, these non-dogmatic techniques will work even if you are not affiliated or connected with any metaphysical ideas.) \$50/\$47 \$37 reg. by 5/4

RCC-E6783 May 11 (Tue) 11:30 am-1:30 pm

SPEAK ENGLISH BETTER!

Location: Roudenbush, 65 Main Street

Instructor: Conrad Hinckley

Are you new to the USA? Is it difficult to tell people what you need? Is it difficult for you to understand what people are saying? Join our class! We will work together to help you say what you mean and to understand what others are saying to you. And it will be fun! \$66/\$63

RCC-E7023 May 4-May 25 (4 Tue) 6:00 pm-7:30 pm

RCC-E7024 June 8-June 29 (4 Tue) 6:00 pm-7:30 pm

RCC-E7025 July 6-July 27 (4 Tue) 6:00 pm-7:30 pm

RCC-E7026 Aug 10-Aug 31 (4 Tue) 6:00 pm-7:30 pm

STOP DIETING

Instructor: Dr. Susan Worthen McCombs

Shed those unwanted pounds and easily change your eating habits forever. Would you like to have a feeling of indifference to sugar, bread, pasta, and be in control over snacking and grazing? Learn to let go of overeating at meal times. Through guided relaxation and imagery, techniques used in hypnosis, you will notice an improvement in your desire, determination and resourcefulness, which will lead you toward successfully instituting a healthier pattern of eating. \$45/\$42

RCC-E6765 May 25 (Tue) 7:00 pm-8:30 pm

STOP SMOKING

Instructor: Dr. Susan Worthen McCombs

Tried everything to stop smoking? This program will quickly and easily break your unhealthy addiction and you will become nicotine-free with a minimum of withdrawal symptoms. You will feel energized again and no longer need to search out the smoking area. A former smoker will help you quit smoking tonight with deep relaxation and visualization techniques frequently used in hypnosis. \$45/\$42

RCC-E6766 May 18 (Tue) 7:00 pm-8:30 pm

SUMMER SURVIVAL SKILLS FOR PARENTS

Instructor: Susan Tordella

The 10 weeks of summer can fray the nerves of the most patient parent. Children revel in the lack of school and miss the structure. Learn how to encourage your child, tween or teen to manage their days, solve boredom, find work, take on big projects, self-moderate screen time, read, cook and help out around the house. \$28/\$25

RCC-E6971 June 23 (Wed) 7:00 pm-9:00 pm

Life and Financial Planning

***DEMISTIFYING THE COLLEGE ADMISSIONS PROCESS**

Instructor: Susan R. Wachter

This important program will unravel the college admissions process. Topics covered are: recommendations, essay and activities list and the necessary timeline needed for preparation. Early Decision, Early Action, Priority, Rolling and Regular Deadlines, and the organizational strategies to keep you structured will all be covered. \$24/\$21 per family

RCC-E6918 Sept 21 (Tue) 7:00 pm-9:00 pm

FOUNDATIONS OF INVESTING SEMINAR

Instructor: Mrshall-Ben Tisdale, AAMS

Investing 101: Building your investor IQ starts with understanding the basics. Don't let fear of the unknown prevent you from investing in your future. Getting started can be easier than you think if you understand the basics. Whether you are new to investing or need a refresher, join us. \$10/family

RCC-E6808 July 13 (Tue) 6:30 pm-7:30 pm

KIDS PROTECTION PLANNING WORKSHOP

Instructor: Attorney David Feakes

Do you know who will care for your children if something unexpected happens to you? Learn how easy it is to make sure your kids will always be taken care of by the people you want in the way you want. \$21/\$18

RCC-E6668 May 4 (Tue) 7:00 pm-8:30 pm

PROTECTING WHAT'S IMPORTANT

ROUDENBUSH COMMUNITY CENTER

Adult Social Day Program "The Club"

Do you have an elderly family member who no longer can be alone safely? If you answered "yes" please consider "The Club" at 65 Tadmuck Rd. Westford, MA.

Your family member will benefit from:

- Caring staff skilled in dementia and geriatric services
- Carefully planned activities
- Door to door transportation
- A place where safety, comfort and cleanliness are top priority

Open Monday-Friday 8:30 am to 3:30 pm

Visit www.roudenbush.org and click 'Adult Day Program'

or call Stephanie Dymont, Activities Coordinator

978-692-0803

Instructor: Marshall-Ben Tisdale AAMS

You do all you can to make smart choices today and prepare for the future. However, sometimes the unexpected happens, and this is when insurance can help. Join us to learn: what types of insurance you should consider, how much insurance you may need and how insurance should fit into your overall financial strategy. \$10/family

RCC-E6805 Aug 17 (Tue) 6:30 pm-7:30 pm

ROTH IRAS: RETIREMENT CAN BE LESS TAXING

Instructor: Marshall-Ben Tisdale, AAMS

A new tax law change removes the income restrictions for individual investors looking to convert to a Roth IRA from a traditional, SEP or SIMPLE IRA. This seminar will explain the differences between traditional and Roth IRAs. Features of the new tax law change. Benefits of converting to a Roth IRA and important tax considerations. \$10/family

RCC-E6809 May 18 (Tue) 6:30 pm-7:30 pm

Health and Safety

These courses do not meet the requirements for the Health Care Provider or Professional Rescue Certification. Defibrillator not covered.

***PEDIATRIC CPR CERTIFICATION/ RECERTIFICATION**
 Instructor: EMS 2000
 \$44/\$41 (materials fee of \$8.50 payable to instructor)

RCC-E6539	May 12 (reg by 5/5)	(Wed)	8:15 pm-10:00 pm
RCC-E6540	June 16 (reg by 6/9)	(Wed)	8:15 pm-10:00 pm
RCC-E6816	July 7 (reg by 6/30)	(Wed)	8:15 pm-10:00 pm
RCC-E6817	Aug 11 (reg by 8/4)	(Wed)	8:15 pm-10:00 pm
RCC-E6818	Sept 15 (reg by 9/8)	(Wed)	8:15 pm-10:00 pm

ADULT CPR CERTIFICATION/RECERTIFICATION
 Instructor: EMS 2000
 \$44/\$41 (materials fee of \$8.50 payable to instructor)

RCC-E6527	May 12 (reg by 5/5)	(Wed)	6:30 pm-8:15 pm
RCC-E6528	June 16 (reg by 6/9)	(Wed)	6:30 pm-8:15 pm
RCC-E6813	July 7 (reg by 6/30)	(Wed)	6:30 pm-8:15 pm
RCC-E6814	Aug 11 (reg by 8/4)	(Wed)	6:30 pm-8:15 pm
RCC-E6815	Sept 15 (reg by 9/8)	(Wed)	6:30 pm-8:15 pm

***ADULT & PEDIATRIC CPR CERTIFICATION/ RECERTIFICATION**
 Instructor: EMS 2000
 \$53/\$50 (materials fee of \$8.50 payable to instructor)

RCC-E6533	May 12 (reg by 5/5)	(Wed)	6:30 pm-10:00 pm
RCC-E6534	June 16 (reg by 6/9)	(Wed)	6:30 pm-10:00 pm
RCC-E6810	July 7 (reg 6/30)	(Wed)	6:30 pm-10:00 pm
RCC-E6811	Aug 11 (reg by 8/4)	(Wed)	6:30 pm-10:00 pm
RCC-E6812	Sept 15 (reg by 9/8)	(Wed)	6:30 pm-10:00 pm

Fees Non-Resident/Resident *Teens welcome

CPR FOR HEALTH CARE PROVIDERS & PROFESSIONAL RESCUE CERTIFICATION/ RECERTIFICATION

Instructor: EMS 2000

One session course in adult and pediatric CPR for Health Care Providers and Professional Rescue will include 2-man CPR instruction. Materials fee of \$11 is payable to instructor. \$76/\$73

RCC-E6545	May 10 (reg by 5/5)	(Mon)	6:00 pm-10:00 pm
RCC-E6546	June 14 (reg by 6/9)	(Mon)	6:00 pm-10:00 pm
RCC-E6820	July 12 (reg by 7/5)	(Mon)	6:00 pm-10:00 pm
RCC-E6821	Aug 9 (reg by 8/2)	(Mon)	6:00 pm-10:00 pm
RCC-E6822	Sept 13 (reg by 9/6)	(Mon)	6:00 pm-10:00 pm

***FIRST AID**

Instructor: EMS 2000

American Heart Association course will review care and handling of medical and trauma related emergencies for adults, children and infants. Course includes American Heart Association completion card. \$14 for book is payable to instructor. \$61/\$58

RCC-E6547	Feb 24 & Mar 3 (reg by 2/18)	(2 Wed)	6:30 pm-9:30 pm
RCC-E6548	Apr 21 & 28 (reg by 4/15)	(2 Wed)	6:30 pm-9:30 pm
RCC-E6819	July 28 & Aug 4 (reg by 7/21)	(2 Wed)	6:30 pm-9:30 pm

BENEFITS OF CHILD SAFETY SEATS, BOOSTERS & SEAT BELTS

Instructor: Officer Michael Croteau, WPD

The presentation illustrates the important role parents, grandparents, and other adult caregivers play in keeping children safe when they ride in motor vehicles. Free, register online.

RCC-E6967 May 13 (Thur) 6:00 pm-8:30 pm

HOME FIREARM SAFETY

Location: Westford Sportsmen's Club, West Street

Instructor: Rick Cooper

Learn the skills of operating firearms and the attitude necessary for the safe handling and proper storage of guns in the home. Course meets Mass requirements for issuance of a license to carry firearms. For more information, call Rick Cooper at 978 692-1843. \$78/\$75. One additional family member or friend \$10

RCC-E6400	May 15	(Sat)	9:00 am-1:00 pm
RCC-E6418	Sept 18	(Sat)	9:00 am-1:00 pm
RCC-E6762	Nov 20	(Sat)	9:00 am-1:00 pm

Trips And Tours

BIRD WALK

Location: Emmet Conservation Land

Instructor: Lenny Palmer, Dot Mooney and Marian Harman

Come join us to explore Westford's largest piece of conservation land in search of resident and migrant birds at the Richard Emmet Conservation Land, Nashoba Pond and the Nashoba Brook Mass Audubon Sanctuary. Wear appropriate footwear. Bring binoculars if possible, no dogs. Park in the lot at the end of Trailside Way, off Powers Road. Free, register online.

RCC-E6513 May 8 (Sat) 7:00 am-9:00 am

All locations Roudenbush unless otherwise noted

WILDFLOWER WALK

Location: Greystone Pond Recreation Area
 Instructor: Elana Schreiber

Join Westford's foremost wildflower expert on a beautiful trail to the historic Stone Arch Bridge, in search of spring wildflowers. Walk is appropriate for the whole family, about one mile long and level. Park on Cold Spring Rd by the Stone Arch Bridge sign. Free, register online.

RCC-E6514 May 16 (Sun) 1:00 pm - 2:30 pm

NEW! HARTFORD'S ELIZABETH PARK ROSE GARDEN

Host: Unicorn Tours

Journey with us to neighboring Connecticut to stroll through Hartford's Elizabeth Park Rose Garden while the roses are at their spectacular peak of blossom. A relaxing lunch will follow in the lovely Pond House.

RCC-E6662 June 16 (Wed) 8:15 am-5:15 pm

NEW! JAY SIEGEL & THE TOKENS AT VENUS DE MILO RESTAURANT

Host: Best of Times Travel

Doo Wop at its best! Enjoy a delicious lunch while listening to a crowd-pleasing show at the Venus De Milo Restaurant in Swansea, MA.

RCC-E6724 June 17 (Thur) morning departure

Parenting And Teaching

BABY SIGNS® - SIGN, SAY & PLAY (AGES 7 MO.- 2 YRS)

Instructor: Judi Cole

This important six week program for parents and their babies highlights signs that are most important in the lives of babies and introduces play activities that reinforce important language, cognitive and social-emotional skills. A materials fee of \$50 is payable to instructor at class. \$98/\$95

RCC-E6952 May 3-June 14, EX 5/24 (6 Mon) 11:00 am-12:00 pm

RCC-E6953 July 19-Aug 23 (6 Mon) 11:00 am-12:00 pm

INFANT MASSAGE (AGES 6 WKS - 10 MO.)

Instructor: Rita Manley

For expecting parents or parents with infant's age 6 weeks to crawling. Learn techniques that can help soothe and comfort, while assisting their growth and development. Massage is a way to form a special bond with your child that lasts through all phases of life. Materials fee of \$6 will be collected in class for instruction booklet and massage oil. \$66/\$63

RCC-E6858 June 4- June 18 (3 Fri) 10:00 am-11:00 am

SUMMER SURVIVAL SKILLS FOR PARENTS

Instructor: Susan Tordella

The 10 weeks of summer can fray the nerves of the most patient parent. Children revel in the lack of school and miss the structure. Learn how to encourage your child, Tween or teen to manage their days, solve boredom, find work, take on big projects, self-moderate screen time, read, cook and help out around the house. \$28/\$25

RCC-E6971 June 23 (Wed) 7:00 pm-9:00 pm



Come Fly With Us...
 Included in price: air, taxes, fees/surcharges, hotel transfers, round trip air from Logan.

CANADIAN ROCKIES & GLACIER NATIONAL PARK

Tour Host: Collette Vacations

Highlights of this trip are Waterton Lakes National Park, Glacier National Park, "Going To the Sun Road", Banff, Columbia Icefields Athabasca Falls, Jasper & Calgary. Included in price: Air, taxes and fees/surcharges, Hotel transfers, Round Trip Air from Logan. Detailed flyer online.

RCC-E6711 July 16-July 24 (Fri-Sat)

ITALIAN LAKES & GREEK ISLANDS

Tour Host: Collette Tours

This 12-day Italian Lakes and Greek Islands vacation includes a 7-night Eastern Mediterranean Cruise. Highlights include: Lago Maggiore, Stresa, Lake Como, Bari, Greek Island, Katakolon, Santorini, Mykonos, Rhodes, Dubrovnik and Venice.

RCC-E6715 Oct 1-Oct 12 (Fri-Tue)

Child Classes

Early Learning (Ages 0-5 Years)

ABC MOMMY AND ME! (AGE 2-4 WITH PARENT)

Instructor: Bernadette Baird

This playtime session includes songs, dances, games, dress up, sensory play and crafts in a relaxed setting. This is a wonderful opportunity for parents and caregivers to meet and interact in a fun environment. \$58/\$55

RCC-E6896 May 7-June 4, Ex 5/28 (4 Fri) 10:15 am-11:15 am

RCC-E6897 June 11-July 9, Ex 7/2 (4 Fri) 10:15 am-11:15 am

RCC-E6898 July 16-Aug 6 (4 Fri) 10:15 am-11:15 am

RCC-E6899 Aug 13-Sept 3 (4 Fri) 10:15 am-11:15 am

JUST TAMERA & ME (AGES 2.8-5 YEARS)

Instructor: Tamera Baker

Two hours of singing, making crafts, reading books, and having fun.

EAST BOSTON CAMPS

East Boston Camps is a spectacular natural conservation site in the center of Westford. The property is open and accessible to all and the camp buildings are available for lease. Over 300 wooded acres include two brooks, Burge's Pond and a historic camp.

For more information please visit
www.ebcwestford.net



ronment before starting pre-school or public school. Sign up for one or more sessions. \$69/\$66 3 wk, \$91/\$88 4 wk, \$113/\$110 5 wk

ask about price change, whether to list fall

RCC-E6208	May 5-May 26	(4 Wed)	9:00 am-11:00 am
RCC-E6208	May 5-May 26 (4 Wed)		9:00 am-11:00 am \$91/\$88
RCC-E6770	Sept 8 - Sept 29 (4 Wed)		9:00 am - 11:00 am \$95/\$92
RCC-E6771	Oct 6 - Oct 27 (4 Wed)		9:00 am - 11:00 am \$95/\$92
RCC-E6772	Nov 3 - Dec 1 (4 Wed, EX 11/24)		9:00 am - 11:00 am \$95/\$92

WESTFORD COMMUNITY PARTNERSHIP

The WCP program provides information about affordable childcare to working families with preschool children (ages 3-5) in Westford. This program is funded through the EEC Partnership Grant. If you need assistance with child care, please call one of the centers below or call Juanita Antunes at 978 692-5511 ext 225 for an application. If you are a Westford childcare center, preschool or family daycare and would like to be a member of the WCP, please call for details.

The following childcare centers are Westford members this year:

Roudenbush Children's Center @ Frost	978-692-5533
Roudenbush Children's Center @ Nab	978-692-5544
Roudenbush Children's Center @ Main Street	978-692-5511 ext 225
Westford Preschool @ St. Mark's	978-392-1565
Westford Academy Preschool	978-692-5570
Westford Integrated Preschool	978-692-5560 ext 2132
Child Care Center Inc.	978-692-3714
Natureland Family Child Care (Family Daycare)	978-692-5657

BABY SIGNS® - SIGN, SAY & PLAY (AGES 7 MO.- 2 YRS)

Instructor: Judi Cole

This important six week program for parents and their babies highlights signs that are most important in the lives of babies and introduces play activities that reinforce important language, cognitive and social-emotional skills. \$50 is material fee payable to instructor. \$98/\$95

RCC-E6952	May 3-June 14, EX 5/24	(6 Mon)	11:00 am-12:00 pm
RCC-E6953	July 19-Aug 23	(6 Mon)	11:00 am-12:00 pm

BOUNCING BABIES MOTHERS GROUP (AGES 6-12 Mo.)

Instructor: Kerry Kirkland, Early Childhood Educator

This parent and child program is designed to promote overall development including gross motor and language skills for babies six to twelve months of age. Puppets, songs, and other props will be used to encourage your child to interact and explore their environment within the group. \$55/\$52

RCC-E6846	June 4-June 18	(3 Fri)	1:00 pm-2:00 pm
RCC-E6847	Aug 13-Aug 27	(3 Fri)	1:00 pm-2:00 pm

KINDERMUSIK - ADVENTURES FOR BABIES (NEWBORN - 18 Mo.)

Instructor: Bernadette Baird

Choose one or both sessions! Home materials of \$35 are payable to instructor at first class and are required for participation. \$66/\$63

Session 1 Peek-A-Boo I Love You

In this special session, uncover more ways to say "I Love You" using American Sign language, soap bubbles and parent baby dances. Each child will receive a Peek-A-Boo! I Love You! board book, home CD, duck wash mitt, baby duck Gertie ball and poster.

RCC-E6924	May 7-June 11, EX 5/28	(5 Fri)	1:00 pm-1:45 pm
RCC-E6923	May 10-June 14, EX 5/31	(5 Mon)	11:30 am-12:15 pm

Session 2 - Busy Days!

We will explore all the different places you go with your baby. We will be off to the grocery store, to Grandma's, the playground and even to the doctor's office with fun songs and rhythmic activities. Each child will receive a busy Day board book, home CD, Village cage bell instrument and poster.

RCC-E6926	July 9-Aug 6	(5 Fri)	1:00 pm-1:45 pm
RCC-E6925	July 12-Aug 9	(5 Mon)	11:30 am-12:15 pm

KINDERMUSIK ADVENTURES FOR TODDLERS (18 Mo-3 YRS)

Instructor: Bernadette Baird

Each week, you and your toddler will make themed craft with plenty of time for singing, dancing, instrument play, stories and rhymes. Required material fee of \$35 payable to instructor at class. \$66/\$63

Creatures in My Backyard:

RCC-E6888	July 10-Aug 7	(5 Sat)	9:30 am-10:15 am
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Creatures at the Ocean:

RCC-E6889	July 19-Aug 16	(5 Mon)	10:30 am-11:15 am
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KINDERMUSIK PLAYDATE (0-4 YRS)

Instructor: Bernadette Baird

You've never been to Kindermusik? Come and play! These one time Kindermusik classes are a wonderful opportunity for you and your child to make music together, and meet new friends! Includes a take home instrument. \$19/\$16

RCC-E6890	June 14	(Mon)	9:30 am-10:15 am
RCC-E6891	July 12	(Mon)	9:30 am-10:15 am
RCC-E6892	Aug 23	(Mon)	9:30 am-10:15 am

Arts, Crafts and Cooking

ART - GRADES K-1

Instructor: Kathy Dunn

\$52/\$49 3 wk, \$68/\$65 4 wk

RCC-E6496	May 5-May 26	(4 Wed)	4:15 pm-5:30 pm
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ART - GRADES K-2

Instructor: Kathy Dunn

\$52/\$49 3 wk, \$68/\$65 4 wk

RCC-E6488	May 3-May 24	(4 Mon)	4:15 pm-5:30 pm
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ART - GRADES 1-3

Instructor: Kathy Dunn

\$52/\$49 3 wk, \$68/\$65 4 wk

RCC-E6492	May 4-May 25	(4 Tue)	4:15 pm-5:30 pm
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ART - GRADES 3-5

Instructor: Kathy Dunn
 \$52/\$49 3 wk, \$68/\$65 4 wk
 RCC-E6504 May 7-May 28 (4 Fri) 4:15 pm-5:30 pm

ART - GRADES 4-6

Instructor: Kathy Dunn
 \$52/\$49 3 wk, \$68/\$65 4 wk
 RCC-E6500 May 6-May 27 (4 Thur) 4:15 pm-5:30 pm

ART WORKSHOP (GRADES 1-8)

Instructor: Kathy Dunn and Donna Gordon
 This year's art workshop has a new format and will run for four days, four hours each day. Children will be broken up into two groups, according to age and level of ability. Older kids are encourage to attend. All projects will be fine-art related with emphasis on drawing and painting skills, 3-dimensional art, and exploration of a variety of materials. If your child loves being creative, this camp will definitely tap into the imagination, while he/she practices specific art concepts and techniques. Please bring a light lunch or snacks and a smock. Children must have completed Grade 1 to enroll in workshop. All materials included in cost. \$155/\$152
 RCC-E6934 June 28-July 1 (Mon-Thur) 9:00 am-1:00 pm

ANIMAL PORTRAIT WORKSHOP! GRADES 2-5

Instructor:Kathy Dunn
 In this fun but intense workshop, kids will learn the fine art of animal portraiture. We will use soft pastel, oil pastel, charcoals and acrylics on canvas. Many textured techniques will be used to create life-like fur and realistic facial features. Children will also be given the option of drawing their own pet during class, from a photo. All supplied included in cost. Bring a snack and a smock. \$97/\$94
 RCC-E6933 Aug 16-18 (Mon, Tuc, Wed) 10:00 am-12:30 pm

ANIMALS! ANIMALS! ANIMALS! GRADES 1-3

Instructor: Kathy Dunn
 In this three day mini workshop kids will draw and paint a variety of animals in their habitats and learn to sketch and shade many types of animal textures. Paste, acrylic, watercolor and color pencils will all be used to create fur, bristly effects, wrinkles and smooth-skinned creatures. Two children's authors will be introduced to demonstrate unusual art styles they use in their own work! Materials included in price. Just bring a snack and smock. \$97/\$94
 RCC-E6928 Aug 9-11 (Mon, Tuc, Wed) 10:00 am-12:30 pm

DRAWING MONSTERS, SUPERHEROES & VILLAINS

Instructor: Kathy Dunn
 We will sketch a variety of creatures, learning how to put the figure in various poses, costumes & expressions. We will discuss how to create exciting compositions & inking techniques while studying the use of black & white tonal values, textures and movement in a picture, enabling students to create heroes and villains of their own. All supplies are included. \$97/\$94
Grades 2-5:
 RCC-E6929 Aug 2-Aug 4 (Mon, Tues, Wed) 9:30 am-12:00 pm

Grades 4-7:

RCC-E6930 July 12-July 14 (Mon, Tuc, Wed) 9:30am-12:00 pm
 RCC-E6931 Aug 5-Aug 6 (Thur, Fri) 9:00 am-12:30 am

BLOOMIN' ART BABIES

Instructor: Staff from Let's Gogh Art
 Using nylon stocking, stuffing paper, fabric, felt and more we will create art babies and flowers, perfect for framing or placing on a card. \$24/\$21
 RCC-E6874 May 13 (Thur) 6:30 pm-7:30 pm

***CLAY, POTTERY WHEEL, SCULPTURE**

Location: Pottery Studio, 108 Lowell Rd., Westford
 Instructor: Suzanne Donahue
 Please see website for description. \$153/\$150 6 wk, \$97/\$94 3-day, \$76/\$73 2-day
All Ages:
 RCC-E6640 May 11-June 15 (6 Tuc) 4:30 pm-6:00 pm
 RCC-E6641 May 13-June 17 (6 Thur) 4:30 pm-6:00 pm
 Following 3-day classes meet Tue, Wed and Thur
 RCC-E6957 July 6, 7, 8 (3-day) 10:30 am-12:00 pm
 RCC-E6958 July 20, 21, 22 (3-day) 10:30 am-12:00 pm
 RCC-E6959 Aug 3, 4, 5 (3-day) 10:30 am-12:00 pm
 RCC-E6960 Aug 10, 11, 12 (3-day) 10:30 am-12:00 pm

SEE PAGE ??? LET'S GOGH ART FOR TEENS

PRINCESS TEA PARTY (AGES 4-6)

Instructor: Georgia Fredericks & Theresa Evans
 Calling all princesses!! Wear your royal finery as we first prepare for our royal tea party and then sit down to enjoy it! We will make tea treats, create our own princess crowns and of course wear our fanciest clothes. Bring along your favorite stuffed friend and join us for a teddy bear picnic! We will include these cheerful companions as we play games, make a craft and have a picnic! A materials fee of \$3 is payable to instructor at class. \$28/\$25
 RCC-E7005 July 14 (Wed) 10:00 am-12:00 pm
 RCC-E7006 Aug 11 (Wed) 10:00 am-12:00 pm

SPECTACULAR HANDS-ON COOKING PROGRAM (GRADES 1-5)

Instructor: Top Secret Chefs
 Each week the kids will make and take home 2 delicious and nutritious meals, and learn about kitchen safety, food preparation, health, and nutrition. The kids will use math, reading, science, art, culture, and language to learn about the foods of the world. Top Secret Chefs, a division of Top Secret Science \$193/\$190
 RCC-E6777 Aug 16-Aug 20 (Mon-Fri) 9:00 am-12:00 pm
 RCC-E6778 Aug 16-Aug 20 (Mon-Fri) 12:30 pm-3:30 pm

TEDDY BEAR PICNIC (AGES 4-6)

Instructor: Georgia Fredericks & Theresa Evans
 Bring along your favorite stuffed friend and join us for a teddy bear picnic! We will include these cheerful companions as we play games, make a craft and have a picnic! A materials fee of \$3 is payable to instructor at class. \$28/\$25

RCC-E7007 July 12 (Mon) 10:00 am-12:00 pm
 RCC-E7008 Aug 16 (Mon) 10:00 am-12:00 pm

THE KITCHEN KIDS (AGES 4-8)

Instructor: Georgia Fredericks & Theresa Evans

Does your child love to help in the kitchen?

Like to try new foods? We will measure, mix and pour, making a new recipe each week as we learn about foods that are good for you and great to eat! A materials fee of \$5 is payable to instructor at first class. \$63/\$60 Ages 4-6, \$93/\$90 Ages 6-8

Ages 4-6:

RCC-E6995 June 1-June 22 (4 Tuc) 1:30 pm-2:30 pm
 RCC-E6997 July 6-July 27 (4 Tuc) 9:30 am-10:30 am
 RCC-E6999 July 6-July 27 (4 Tuc) 1:30 pm-2:30 pm
 RCC-E7001 Aug 3-Aug 24 (4 Tuc) 9:30 am-10:30 am
 RCC-E7003 Aug 3-Aug 24 (4 Tuc) 1:30 pm-2:30 pm

Ages 6-8:

RCC-E6996 June 1-June 22 (4 Tuc) 2:45 pm-4:15 pm
 RCC-E6998 July 6-July 27 (4 Tuc) 10:45 am-12:15 pm
 RCC-E7000 July 6-July 27 (4 Tuc) 2:45 pm-4:15 pm
 RCC-E7002 Aug 3-Aug 24 (4 Tuc) 10:45 am-12:15 pm
 RCC-E7004 Aug 3-Aug 24 (4 Tuc) 2:45 pm-4:15 pm

Fitness And Dance

KIDDIE CAT JAM (AGES 4-6)

Instructor: Thundercat Sports

Mini version of our popular Sports Jam! Soccer will be a core sport played everyday in which basic skills will be emphasized. Theme days, additional sports, games and activities round out the fun. Every participant receives a Thundercat T-shirt in this coed program. Participants should bring a water bottle and apply sunscreen before arriving. \$155/\$152

RCC-E6937 July 19-July 23 (Mon-Fri) 9:00 am-12:00 pm
 RCC-E6940 Aug 2-Aug 6 (Mon-Fri) 9:00 am-12:00 pm

SPORTS JAM (AGES 7-12)

Instructor: Thundercat Sports

Baseball, basketball, and soccer will be core sports with other sports and unique games added for the ultimate in fun. Thundercat T-shirt, and certificate of achievement for each participant in this coed program. Participants should bring a water bottle and apply sunscreen before arriving. \$155/\$152

RCC-E6938 July 19-July 23 (Mon-Thur) 12:30 pm-3:30 pm

COMBO - BASKETBALL/SOCCER (AGES 7-12)

Instructor: Thundercat Sports

Enjoy a fun learning experience in two sports. Primary sport will be the focus of skill building activities and secondary sport will be more recreational. Additional unique games, activities and a tournament add more fun. Program is coed, and every child receives a Thundercat T-shirt, and certificate of achievement. Participants should bring a water bottle, snack & lunch and apply sunscreen before arriving. \$187/\$184

RCC-E6939 July 26-July 30 (Mon-Fri) 9:00 am-3:00 pm

BOLLYWOOD DANCING FOR KIDS (AGES 5-12)

Instructor: Amulya Decpak

Bollywood dancing, Bhangra and Indian folk dances are some of the hottest dances around. The dances are an influence of some hip hop and modern dance. Step into the dream of Bollywood with a great workout for your body and lots of fun! \$93/\$90

RCC-E6773 Sept 7-Oct 26 (8 Tue) 6:30 pm-7:30 pm

“HANNAH MONTANA ROCK STAR” AGES 6-9

Location: TA-DAH! Studio of Dance, 1 Park Dr., Westford

Instructor: TA-DAH! Staff

“Hannah Montana Rock Star” ages 6-9 Live the Life of Teen ROCK STAR, HANNAH MONTANA for a week!! In this workshop students will step into the shoes of Miley Cyrus, aka Hannah Montana and go through the motions of her day-to-day lifestyle. Each day will be filled with many activities such as: video dance rehearsals, make-up and hair sessions, voice lessons and work with an acting coach to rehearse those lines for their upcoming movie! \$349/\$346

RCC-E6973 July 12-July 16 (Mon-Fri) 9:00 am-12:00 pm

SPECIALTY DANCE WORKSHOPS (AGES 3-5)

Location: TaDah! Studio of Dance

Instructor: Staff from TaDah!

These specialty workshop is for ages 3-5 only! Each themed day is fun & exciting with professional training in the following: Ballet, Story Telling, Arts & Crafts and more. \$38/\$35

The Enchanted Princess Fairyland:

RCC-E7056 July 6 (Tue) 9:30 am-11:00 am

Dance with Angellina Ballerina:

RCC-E7057 July 13 (Tue) 9:30 am-11:00 am

Coppella - The Dancing Doll:

RCC-E7058 July 27 (Tue) 9:30 am-11:00 am

TAE KWON DO (AGES 6 & Up)

Instructor: Debbie Ladue

Learn traditional forms of self-defense in a non-contact, fun class. Students receive instruction from the lead instructor, other black belts and advanced students in a fun and progressive environment. \$233/\$230, add'l child or family member \$141/\$138 Open enrollment ends when class begins.

RCC-E6956 Sept 7-Feb 15, EX 12/28 (23 Tuc) 6:30 pm-8:00 pm

Vacation Fun

BABYSITTING BASICS (AGES 10-14)

Instructor: Carrie Ladebauche

Learn babysitting basics: child care, fun children’s activities, dealing with common problems & safety tips for all ages. Please bring pen/pencil, doll & lunch. After completing this course, you may fill out an application, with parent’s permission, to be on the Rodenbush babysitting list. Cost includes handouts.

??? is this being offered

BLOWFISH ROBOCRAFT (AGE 7 - 12)

Instructor: Staff from Sciensational Work Shops

It's a Robotfish with big, puffy cheeks and its yours to keep. Your Blowfish Robocraft has a motor and you will learn about how its gears and circuits work. You will also get to design and build other robots that can perform many tasks. \$197/\$195

GOLF FOR GIRLS

Location: Billerica Country Club
 51 Baldwin Rd, Billerica MA 01821
 Instructor: Staff from the Barrie Bruce Golf Schools
 Five lessons including position, swing with irons and woods, and short game putting and chipping. Equipment and balls provided. \$85

RCC-E6690	June 21-June 25	(Mon-Fri)	8:00 am-9:30 am
RCC-E6691	July 12-July 16	(Mon-Fri)	8:00 am-9:30 am
RCC-E6692	July 26-July 30	(Mon-Fri)	8:00 am-9:30 am
RCC-E7021	Sept 11-Oct 9	(5 Sat)	9:30 am-11:00 am

GOLF JUNIOR CLINIC (AGES 7-14)

Location: Billerica Country Club
 51 Baldwin Rd, Billerica MA 01821
 Instructor: Staff from Barrie Bruce Golf School
 Five lessons including position, swing with irons and woods, and short game putting and chipping. Equipment and balls provided. \$85

RCC-E6974	June 21-June 25	(Mon-Fri)	8:00 am-9:30 am
RCC-E6975	June 21-June 25	(Mon-Fri)	10:00 am-11:30 am
RCC-E6976	June 28-July 2	(Mon-Fri)	8:00 am-9:30 am
RCC-E6977	July 5-July 9	(Mon-Fri)	8:00 am-9:30 am
RCC-E6978	July 5-July 9	(Mon-Fri)	10:00 am-11:30 am
RCC-E6979	July 12-July 16	(Mon-Fri)	8:00 am-9:30 am
RCC-E6980	July 12-July 16	(Mon-Fri)	10:00 am-11:30 am
RCC-E6981	July 19-July 23	(Mon-Fri)	8:00 am-9:30 am
RCC-E6982	July 26-July 30	(Mon-Fri)	8:00 am-9:30 am
RCC-E6983	July 26-July 30	(Mon-Fri)	10:00 am-11:30 am
RCC-E6984	Aug 2-Aug 6	(Mon-Fri)	8:00 am-9:30 am
RCC-E6985	Aug 2-Aug 6	(Mon-Fri)	10:00 am-11:30 am
RCC-E6986	Aug 9-Aug 13	(Mon-Fri)	8:00 am-9:30 am
RCC-E7009	Sept 11-Oct 9	(5 Sat)	9:30 am-11:00 am
RCC-E7011	Sept 11-Oct 9	(5 Sat)	3:00 pm-4:30 pm
RCC-E7012	Sept 12-Oct 10	(5 Sun)	9:30 am-11:00 am
RCC-E7016	Sept 12-Oct 10	(5 Sun)	3:00 pm-4:30 pm

LEGO® ROBOTICS FOR GRADES 3-5

Instructor: ??? missing
 LEGO® Robotics summer program will create enthusiasm and understanding of science, math, engineering and technology at a young age! The first week will be intro to Robotics, the second week will be Robotics 2. Sign up for one or both. With support from the IBM Global Work/Life Fund, Tuft's University Center for Engineering Education Outreach has created a Science, Engineering & Technology Summer program geared to the interests and needs of children ages 8-10. Children will also participate in the Roudenbush Summer Program for part of the day. \$599 (two weeks)
 (Confusing description re one or two weeks???)

RCC-E6920	July 12-July 23	(Mon-Fri)	8:30 am-3:00 pm
RCC-E6921	July 26-Aug 6	(Mon-Fri)	8:30 am-3:00 pm

SPECTACULAR SCIENCE WEEK GRADES 1-5

Location: Roudenbush, 65 Main Street
 Instructor: Top Secret Science
 Come join this very cool and fun summer program! Over the past 14 years, Top Secret Science has worked hands-on with over 300,000 children in the Boston area. Each day the kids will explore up to 20 weird and wacky hands-on science experiments and will make and take home at least 8 different projects. The scientists are engaging and funny and your kids will be thoroughly entertained (they'll even learn some interesting things too). We will explore weird motions and flying things, air and water pressure, crazy chemistry, light and sound, electricity and much more. Be prepared for lots of fun stuff. It's a wonderful 6 hours of science each day. For returning students, there are many new experiments as well as old favorites. Children should bring lunch and snacks. Register by August 10. \$250/\$247

RCC-E6776	Aug 16-Aug 20	(Mon-Fri)	9:00 am-3:00 pm
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SUMMER STORYTELLING TROUPE (ENTERING GRADE 4-6)

Instructor: Bonnie Rankin
 In this four day workshop you will learn about the art of storytelling, how to choose and learn a story and polish it into a performance piece. We will accomplish this through using many fun improvisational games and remembering techniques. To show off what we have learned we will hold a performance on July 15th for families at 11:00. \$97/\$94

RCC-E6901	July 12-July 15	(Mon-Thur)	9:30 am-11:30 am
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Special Needs

NASHOBA VALLEY SPECIAL OLYMPICS (NVSO)

Instructor: NVSO Committee
 Location: Different locations during the year
 The Nashoba Valley Special Olympics (NVSO) is a program affiliated with Roudenbush Community Center under the guidelines of the MA Special Olympics program serving the greater Nashoba Valley area. NVSO is a local non-profit, volunteer organization, committed to supporting athletes with special needs through training, coaching and competition. There is no cost to join and compete in this program; NVSO relies on fund raising and contributions to pay for training, event fees and other expenses.

NVSO offers soccer in the fall, swimming and basketball in the winter, and track & field in the spring. Other programs and events are offered as well. Check the website below for new offerings and events. NVSO is a Unified Special Olympics program meaning that "athletes" with special needs will be paired with a "partner" (of similar age if possible for both training and competition). If you know a child who would like to participate as a partner, please visit www.nvso.org to sign up and for more info.

For questions, visit www.nvso.org/contact.

Gymnastics

GYMNASTICS CLINICS - 6 & UP

If you love gymnastics and want to improve these clinics are for you! Each week we will focus on one event, working on flexibility, body

posture, strength and skill progressions specific to the event. \$47/\$44
 RCC-E7042 May 2-May 23 (4 Sun) 5:15 pm-6:00 pm

INTRO TO GYMNASTICS - 5 1/2-10YRS

Location: Roudenbush, 65 Main Street

Instructor:

In this four week introduction class girls and boys will learn basic gymnastics skills on vault, bars, beam and floor exercise. We will also work on flexibility & strength conditioning.

RCC-E7030 May 2- May 23 (4 Sun) 4:00 pm-5:00 pm \$47/\$44

??? I can't find above class in online system

**TODDLER GYM DAYS
 (AGES 1.5-4 WITH PARENT)**

We will be holding a series of one class Toddler Gyms during the month of June. Sign-up for just one or all of them. Parents actively participate with their child as they guide them through simple exercises, obstacle courses, tumbling, climbing, jumping and balancing activities to help them gain body awareness and coordination. Free play and parachute activities are also part of these classes. \$30/\$27

RCC-E7027 June 9-June 23 (3 Wed) 9:00 am-9:45 am

RCC-E7028 June 10-June 24 (3 Thur) 9:00 am-9:45 am

SUMMER GYMNASTICS FUN (AGES 3,9-5)

Come join the fun as we learn gymnastics skills while running through obstacle courses, swinging on the bars, balancing on the beam and playing games. We will also do a simple craft each day. Please send your child with a snack & water bottle.

RCC-E6848 June 23-25 (3 days) 10:00am-12:00pm \$56/\$53

RCC-E6849 June 23-25 (3 days) 12:30pm-2:30pm \$56/\$53

RCC-E6850 July 6-8 (3 days) 10:00am-12:00pm \$56/\$53

RCC-E6851 July 6-8 (3 days) 12:30pm-2:30pm \$56/\$53

RCC-E6852 Aug 17-19 (3 days) 10:00am-12:00pm \$56/\$53

RCC-E6853 Aug 17-19 (3 days) 12:30pm-2:30pm \$56/\$53

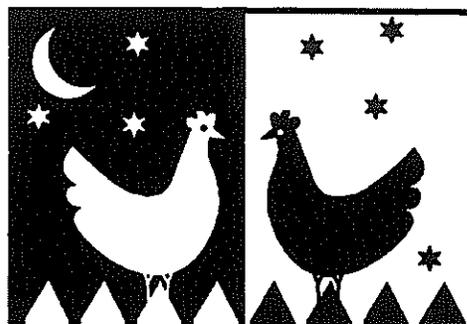
SUMMER GYMNASTICS FUN (AGES 6-11)

Girls and boys of all levels will have fun tumbling, balancing, swinging and vaulting. We'll learn skills on floor, beam, bars and vault and also do an arts & crafts project each day. Please bring a snack and water bottle. \$107/\$105

RCC-E6854 June 28-July 1 (4 days) 9:30 am-12:00 pm

RCC-E6855 July 12-15 (4 days) 9:30 am-12:00 pm

RCC-E6856 Aug 23-25 (4 days) 9:30 am-12:00 pm



We are always looking for new courses.
 If you have an expertise or talent you would like to share with the community, please give us a call!
 Donna x 222 or Ellen x 231

Joyful Music Featuring Music Together at Roudenbush with Jane Rassman

FOR INFORMATION AND REGISTRATION ON ANY OF THE PROGRAMS LISTED BELOW
CALL 978-589-1161 OR JOYFULMUSIC.COM

MUSIC TOGETHER (AGES BIRTH TO 5 YRS WITH ADULT)

The internationally acclaimed Music Together Program builds on your child's natural enthusiasm for music and movement. Each class features instrument play, singing, rhythm chants and dancing in an informal, musically rich environment where there is no performance pressure. Adults find the music and activities fun and engaging regardless of their own musical ability.

Tuition cost of \$185 first child, \$95 for second child of same family; siblings 7 months and younger free. Includes 10 weeks of 45 minute classes, CD/songbook and parent guide

Dec 15 Free Winter Demo	Tuesday	10:00 am	All welcome!
Jan 5 – Mar 16	Tuesday	9:30 am-10:15 am OR 10:30 am-11:15 am	
Jan 7 – Mar 18	Thursday	4:30 pm-5:15 pm	
Mar 30 Free Spring Demo	Tuesday	10:00 am	All welcome!
Apr 6 – June 15	Tuesday	9:30 am-10:15 am OR 10:30 am-11:15 am	
Apr 8 – June 17	Thursday	4:30 pm-5:15 pm	

TAE KWON DO KARATE CLUB – SATURDAY MORNINGS (FAMILY - ALL AGES)

Instructor: John and Rachel Amato

Location: Roudenbush Gym, 65 Main St (come in side door)

Ongoing in the Roudenbush gym; new participants and observers welcome. The class is for both adults and children 7 and up. The Tae Kwon Do Karate Club offers an affordable, friendly, family atmosphere for non-contact martial arts experience. All levels and abilities are accepted. Club members have the opportunity to learn; Katas, Self-defense, Sparring, and Breaking. We have both individual and family pricing, so please contact us as it depends on demand.

Ongoing classes (Sat) 8:00 am-10:00 am

Please go to www.tkdkc.org, email us at tkdkc@yahoo.com or just stop by. Come and try a class on us.

DRAMA KIDS International of Merrimack Valley – ages 5-12

Our acclaimed program encompasses a large volume of fun drama activities aimed at increasing confidence, self-esteem and verbal skills of all students. Enthusiastic participation is encouraged at all times, and students present a short, scripted production at the end of each year for parents and friends. Above all, our classes are fun!

Ages 5-8 (Wed) 4:00 pm-5:00 pm

Ages 9-12 (Wed) 5:00 pm-6:00 pm

For details and registration, visit www.dramakids.com or contact Rebecca Michaud at 603 880-9540.

IES Language Classes for Children Grades K-5

Come join the fun! All children can learn a foreign language. The time to maximize this natural ability is NOW! Once again this year Roudenbush Community Center, in conjunction with International Educational Systems (IES), will be offering before and after school language classes. Fun and interactive methodology will help develop speaking and listening skills.

Location	Languages (meet once a week January to June)
Nabnasset, Robinson and Rita Miller Schools	French and Spanish morning classes 8:00 to 9:00
Abbot, Crisafulli and Norman E. Day Schools:	French and Spanish 2:30 to 3:30
Roudenbush Community Center	French, Spanish, German, Chinese, Japanese and Farsi

Tuition is \$240 for 15 weeks.

The class size has a maximum of 12 children. Tuition includes books, tapes and enrollment fee.

Pick up flyer with detailed information, including class schedules, at Roudenbush

For details or to register call IES Coordinator Ana Marie Viscarra-Saberl at 978-399-8462 or email Viscarra_ana@hotmail.com.

The Roudenbush Community Center, Inc.

65 Main Street – Westford Massachusetts 01886-2509

(978) 692-5511

Warm Greetings,

As another new year is ushered in, we here at The Roudenbush Community Center are grateful for your continued support and patronage during these rough economic times. Our dedicated staff oversee programs for the whole family, infant, toddler and preschool care through the school age years, and our new adult social day program for seniors.

Gymnastics continues to provide children with fun recreational classes in a relaxed setting. This year, we are excited about the newly added Middle School Gymnastics class for girls in grades 5 and up, beginner thru intermediate level. The Mighty Mites team began their season in December and have several competitive meets planned for upcoming months. The Team is also fundraising to defer the cost of an air mat which will benefit the entire gymnastics program!

The Roudenbush Community Education Department continues to be a definitive leader. This brochure is packed with favorite classes that challenge and push you to new limits as well as inspiring new classes. We are committed to providing the best programs and our goal is for you to try a new exercise program or art class, or simply to enjoy a class in a friendly learning environment.

Join us April 9th and 10th at the Chelmsford Elks for the 6th Annual American Girl Fashion Show. An application for models will soon be online; watch for details. Also check the Roudenbush website to choose your seats & purchase tickets for this fun and popular event at www.roudenbush.org.

Katherine Pouliopoulos
Executive Director

ADULT PROGRAMS	INFORMATION		
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Personal Enrichment	8	Registration Form	23
Life and Financial Planning	10		
Health And Safety	11	OTHER PROGRAMS	
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Teens (see classes marked with * in adult section)

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 To subscribe, please call 978-692-5511 ext 0
 Ask to be added to our mail list.

Cover Design: "Winter Retreat"
 Watercolor by Susan Lyall Haley

Chelmsford artist Susan Lyall Haley focuses on New England scenes and is often commissioned to paint house portraits. A gazebo in new fallen snow inspired "Winter Retreat", capturing winter memories of past.

The artist has many ties to the Westford community, most recently, as an artist member of Art on Main, a new cooperative art gallery of nine artists, located at 40 Main Street. To learn more about the gallery and the artists, visit www.ArtonMainWestford.com

Ms. Haley is working on a series of paintings for a May 2010 solo art show planned at the Parish Center for the Arts, Westford, MA.

General Information

Donna Deschenes, CED Sales & Marketing Manager Ext 222
Ellen Wright, CED Administration Manager Ext 231

INSTRUCTORS

Most are independent contractors. Curriculum is their responsibility & learning rests with the teacher and students.

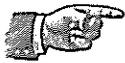
CANCELLATIONS, MAKE UP CLASSES, WEATHER

Classes are not held on legal holidays. RCC reserves the right to cancel any course with insufficient enrollment within 7 days prior to class offering and to substitute, if necessary, for a listed instructor. In the event of a cancellation or make up, we notify participants using phone numbers provided to us. To avoid cancellations, we suggest registrations be completed 7 days before start date. Any weather related delay will be made up if possible, or a credit will be given.



Please refer to our website
www.roudenbush.org
for weather related details.

CANCELLATION & TRANSFER POLICY



As of January 1, 2010:

- A full voucher will be issued for cancellations 7 days prior to start of program. No other refunds will be granted.
- No refunds will be issued for trips or special events.
- If you transfer from one class to another, there is a \$10 processing fee.
- Vouchers expire one year from date of issue.

If Roudenbush cancels a class, we call participants and issue a full voucher or refund.

Visit www.roudenbush.org for complete descriptions

All class descriptions have been shortened

CED AND GYMNASTICS WAIVER

Participation in certain physical program(s) may involve some risk of personal injury. I hereby release and covenant to hold harmless The Roudenbush Community Center, Inc., its agents and employees from any and all actions, claims, and damages for personal injuries, that I or my children may sustain or incur as a result of participation in the program(s).

I fully realize that gymnastics and exercise classes can be dangerous and could result in serious injury and freely assume that risk.

MEDICAL

In event of an emergency, I give permission for The Roudenbush Community Center, Inc. to give my child simple first aid and to arrange for transportation to a hospital and receive emergency medical treatment. I will assume all costs for medical care.

65 MAIN ST OFFICE HOURS

Monday-Friday 8:30 AM-9:00 PM
Saturday 8:30 AM-12:00 NOON or to the conclusion of classes
Sunday to the conclusion of classes

BUILDINGS ARE CLOSED

Christmas	Dec 25
New Years	Jan 1
Martin Luther King Day	Jan 18
Presidents' Day	Feb 15
Patriots' Day	Apr 19
Memorial Day	May 31
Independence Day	July 5

SPECIAL NEEDS

We are committed to serving the needs and interests of everyone in the community: adults, children, seniors and individuals with disabilities. Every effort is made to provide appropriate services to allow for participation in our programs. If you need special accommodations, call the main office.

SCHOLARSHIPS

Assistance is available to any Westford resident for most programs through the generosity of the Patti Mason Art & Music Scholarship, Avis Hooper Scholarship and the Debbie Fridrich Scholarship Fund. Call for details about financial assistance.

REGISTRATION INFORMATION

Registrations are currently being accepted online for Community Education programs on a first come, first served basis.

HOW TO REGISTER?

We accept VISA, MasterCard and Discover, cash and check (payable to TRCCI). Program prices appear as Non-Resident/Resident. Westford residents receive \$3.00 discount. There is a \$20 fee for checks returned by the bank.

OnLine – Register at www.roudenbush.org. Go to the on-line registration form and follow the easy directions. Credit card payments only; you will receive immediate confirmation via email. This is a secured web site thru ValueWeb.

Mail – Complete the registration form, enclose check and mail to: RCC, 65 Main Street, Westford, MA 01886

Walk-In – Registrations are accepted in our main office anytime.

Phone – Registrations are accepted by phone only with credit card payment.

Fax – (978) 692-8054 – Fax registrations require credit card payment and must include card number, expiration date and signature.

Confirmation sent by email, or call for a mailed receipt.



Toddler and Preschool Part-day Programs

Located At "Old" Nabnasset School, 170 Plain Road and
Roudenbush Community Center, 65 Main Street

Priscilla Sellers, Director
170 Plain Road
978-692-5544

Juanita Antunes, Assistant Director
65 Main Street
978-692-5511 ext 225

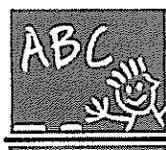
The preschool is located at 170 Plain Road and at 65 Main Street. The rooms are divided into interest centers designed to encourage individual choice, group play and creativity. Incorporated into the curriculum are activities that provide opportunities for small motor development, problem solving, language development, and pre-reading skills. Our preschool offers young children an opportunity to participate in group activities and explore the world around them. We pride ourselves in providing children with a safe and caring environment. We are licensed by EEC and accredited by the National Academy of Education for Young Children. Please feel free to stop in to visit anytime.

Programs held at 170 Plain Road		
2 DAY: Tues & Fri and Tues & Thu 9:00 am-11:30 am 12:30 pm-3:00 pm	3 DAY PROGRAM: Mon/Wed/Fri 8:45 am-11:45 am 12:30 pm-3:30 pm	4 DAY FALL FIVES: Mon-Thu 8:30 am-11:30 am 12:30 pm-3:30 pm
Tot Time: Mon/Wed or Tues/Thu 8:45 am-11:15 am		BUSY BEES: Fridays 9:00 am-11:30 am
EXTENDED DAY: Daily Mon-Fri 11:30 am-3:30 pm (Ages 2.9 - 5 years)		
Programs held at 65 Main Street		
2 DAY: Tues & Fri and Tues & Thu 9:00 am-11:30 am 12:30 pm-3:00 pm	3 DAY PROGRAM: Mon/Wed/Fri 8:45 am-11:45 am 12:30 pm-3:30 pm	3 DAY FALL FIVES: Mon/Wed/Thu 8:30 am-11:30 am 12:30 pm-3:30 pm
EXTENDED DAY: 11:30 am-3:30 pm (Ages 2.9 - 5 years)		

Enrollment For 2010/2011 Part-day Toddler and Preschool Programs:

We are now accepting names on our wait list for next year.

Please feel free to stop by or call for information on classes we are offering.



HOT TOPICS!!! Kindergarten Readiness Class

Tuesdays at Main Street

Ages 4 & 5 Entering Kindergarten in September 2010

This class will help prepare your child for kindergarten by enhancing skills in the areas outlined by the Department of Education. Subjects range from language arts, mathematics, science, history, social studies and "Handwriting Without Tears" currently being taught in the Westford Public Schools. This class will provide additional reinforcement to your child's regular preschool program in a challenging, fun, and exciting way. The program will run in six 4 week sessions and is open to ALL children entering kindergarten in September 2010.

Please call the preschool office for details on dates, times and topics.



Infant, Toddler, Preschool & Kindergarten Child Care

Early Childhood Center is located in the Frost Building
73 Main Street, Westford

978-692-5533 or 978-692-5534

Karen Lessard, Co-Director

Jane Garrahan, Co-Director

The Frost Building is home to year-round, full-time child care for ages 6 weeks through kindergarten. We offer a variety of indoor and outdoor activities lead by caring and experienced professional staff in a homelike atmosphere. Snacks are provided twice daily and field trips and special activities are planned throughout the year. We operate year round from 7 am to 6 pm and offer 2, 3, 4, and 5-day weeks.

PROGRAM	AGES	DESCRIPTION
Infant/Toddler full day	6 weeks to 2.9 years	Program of theme-based lessons and activities designed to promote healthy growth and development. The daily schedule consists of large and small group activities held both indoors and out.
Preschool full day	2.9 to 5 years	Curriculum prepares the preschooler for a classroom environment by exploring math, language, science, art and music skills while developing large and small motor skills.
Kindergarten before and after school	kindergarten	Curriculum includes activities and non-structured play especially geared to the kindergarten child. This program focuses on enhancing and promoting mastery of newly acquired academic skills. <i>Please note: This program is not a substitute for the Westford Public School's Kindergarten Requirement.</i> Our private buses provide daily transportation to and from ALL Westford Elementary Schools.

School Age Child Care

Carrie Ladebauche, Director

978-692-5511 X226

LOCATION:	ABBOT ELEMENTARY (Snow days and vacation weeks are held at RCC, 65 Main Street.)
TELEPHONE:	Daytime office 978-692-5511 ext 226 To leave a message at Abbot School 978-692-7865
AGES:	1st grade through 5th grade in BEFORE and AFTER school program 1st grade through 7th grade in AFTER school program
HOURS:	7:00-9:00 AM; 2:15-6:00 PM; also includes public school half days 8:30 AM-6:00 PM snow day hours 7:00 AM-6:00 PM school vacation days
FEES:	Variable prices depending upon child care needs; please call. 10% discount for additional family members and Westford residents
PROGRAM:	Curriculum includes planned activities, non-structured play, and homework time. Field trips and enrichment programs are offered throughout the year. Snacks provided.
TRANSPORTATION:	Private buses provided to and from all Westford elementary schools.

Registration for all childcare programs is ongoing.

CALL to learn more or arrange a visit.

Arts, Crafts, Cooking and Home

INTRODUCTION TO WATERCOLOR PAINTING

Instructor: Nancy Russo

Each class has a demonstration (NE landscapes, seascapes, floral, still life, colors, etc) followed by individual instruction. Perfect for beginning students and happy dabblers. View supply list online. S132/S129

RCC-E6628	Jan 25-Mar 29, EX 2/8, 2/15	(8 Mon)	7:00 pm-9:00 pm
RCC-E6629	Jan 26-Mar 30, EX 2/9, 2/16	(8 Tue)	9:30 am-11:30 am
RCC-E6630	Apr 12-May 24, EX 4/19	(6 Mon)	7:00 pm-9:00 pm
RCC-E6631	Apr 13-May 25, EX 4/20	(6 Tue)	9:30 am-11:30 am

ADVANCED WATERCOLOR

Instructor: Nancy Russo

We will focus on watercolor techniques, color and design, exploring different approaches to painting and creativity. S132/S129

RCC-E6632	Jan 26-Mar 30, EX 2/9, 2/16	(8 Tue)	7:00 pm-9:00 pm
RCC-E6633	Jan 27-Mar 31, EX 2/10, 2/17	(8 Wed)	9:30 am-11:30 am
RCC-E6634	Apr 13-May 25, EX 4/20	(6 Tue)	7:00 pm-9:00 pm
RCC-E6635	Apr 14-May 26, EX 4/21	(6 Wed)	9:30 am-11:30 am



NEW! CALLIGRAPHY FOR ADULTS

Instructor: Dimple Shah

Learn the ancient art of beautiful writing with calligraphy fonts and styles. Not only beautiful letters but intricate designs using calligraphic strokes will be taught. Bring a smock. Materials fee of \$10 payable to instructor at class. S68/S65

RCC-E6707	Jan 15-Feb 12	(5 Fri)	7:00 pm-8:15 pm
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NEW! HENNA TATTOO CLASS

Instructor: Dimple Shah

Learn to make henna tattoos first on paper then on your palm, hands and feet. Henna/Mehndi tattoos are an ancient art of temporary tattoos used for festival time and weddings. These tattoos last 3-4 weeks. Henna is a safe herbal product. This class will be fun for Valentines day. Bring a smock. Materials fee of \$10 payable to instructor at class. S43/S40

RCC-E6637	Feb 1 & 3	7:00 pm-8:30 Mon, 6:30 pm-8:30 pm Wed
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WESTFORD FARMERS MARKET WINTER PROGRAM

Featuring a series of lecture, film and workshop events throughout the New England deep freeze. Schedule is being developed, check website for programs.



Programs held at First Parish Church
48 Main Street, Westford
www.westfordfarmersmarket.com

*CLAY, POTTERY WHEEL, SCULPTURE

Location: Pottery Studio, 108 Lowell Rd., Westford

Instructor: Suzanne Donahue

Please see website for description. S128/S125 5 wk, S153/S150 6 wk

All Ages:

RCC-E6236	Jan 12-Feb 9	(5 Tue)	4:30 pm-6:00 pm
RCC-E6237	Jan 14-Feb 11	(5 Thur)	4:30 pm-6:00 pm
RCC-E6437	Mar 9-Apr 13	(6 Tues)	4:30 pm-6:00 pm
RCC-E6438	Mar 11-Apr 15	(6 Thur)	4:30 pm-6:00 pm
RCC-E6640	May 11-June 15	(6 Tue)	4:30 pm-6:00 pm
RCC-E6641	May 13-June 17	(6 Thur)	4:30 pm-6:00 pm

Adults and Teens:

RCC-E6242	Jan 12-Feb 9	(5 Tue)	7:00 pm-9:00 pm
RCC-E6243	Jan 14-Feb 11	(5 Thur)	7:00 pm-9:00 pm
RCC-E6642	Mar 9-Apr 13	(6 Tue)	7:00 pm-9:00 pm
RCC-E6643	Mar 11-Apr 15	(6 Thur)	7:00 pm-9:00 pm
RCC-E6439	May 11-June 15	(6 Tue)	7:00 pm-9:00 pm
RCC-E6440	May 13-June 17	(6 Thur)	7:00 pm-9:00 pm

*CREATIVE CAKE DECORATING (AGES 15 & UP)

Instructor: Helen Robbins

You will learn to professionally level and frost cakes, transfer designs, figure piping and basket weave. Flowers will bloom as you create roses, mums, lilies and poinsettias. Fondant techniques will also be incorporated into this class and your final creation will be a tiered wedding cake! S123/S120

RCC-E6693	Mar 22-June 7, EX 4/19, 5/31	(10 Mon)	6:30 pm-8:30 pm
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HEARTY WINTER COOKING CLASSES

Instructor: Kay Benaroch

Join us for exciting hands on cooking classes with demonstrations from the instructor. Kay is a graduate of the Cambridge School of Culinary Arts. Please bring an apron, chef's knife and small containers for leftovers. Materials fee of \$5 payable to instructor at class. S48/S45

Soups & Salads:

RCC-E6696	Jan 19	(Tue)	6:30 pm-9:30 pm
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Stews & Moist Heat:

RCC-E6697	Jan 26	(Tue)	6:30 pm-9:30 pm
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Sauces:

RCC-E6698	Feb 2	(Tue)	6:30 pm-9:30 pm
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Italian:

RCC-E6700	Feb 4	(Thur)	6:30 pm-9:30 pm
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Desserts:

RCC-E6699	Feb 9	(Tue)	6:30 pm-9:30 pm
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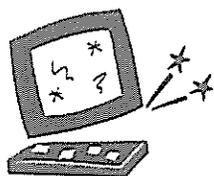
Indian & Asian:

RCC-E6701	Feb 11	(Thur)	6:30 pm-9:30 pm
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CAMERON SENIOR CENTER



We have temporarily relocated to the United Methodist Church at 10 Church St. Our phone and mailing address will remain the same. We will return to Cameron in the summer of 2010. All programs and services are at our new address.



Computer and Online

ONLINE LEARNING
www.Ed2GO.COM/ROUDY



We offer a wide range of interactive courses that you can take entirely over the Internet. All courses include expert instructors, many of whom are nationally known authors. Affordable, fun, fast, convenient, and geared just for you! Visit and register at www.Ed2go.com/roudy.

Fitness and Dance

*BEGINNER BALLROOM

Location: Dance New England School of Dance, Chelmsford
 Instructor: DNE Staff

Learn the Waltz, Foxtrot, Rumba & Swing \$102/\$99 per person
 RCC-E6156 Jan 28-Mar 11, EX 2/18 (6 Thur) 8:00 pm-9:30 pm
 RCC-E6421 May 6-June 17, EX 5/27 (6 Thur) 8:00 pm-9:30 pm

*BEGINNER SWING & JITTERBUG

Location: Dance New England School of Dance, Chelmsford
 Instructor: DNE Staff

Dances include Swing & Jitterbug. \$78/\$75 per person
 RCC-E6159 Jan 29-Mar 12, EX 2/19 (6 Fri) 7:30 pm-8:30 pm
 RCC-E6422 May 7-June 18, EX 5/28 (6 Fri) 7:30 pm-8:30 pm

BEGINNER TANGO AND SALSA

Location: Dance New England School of Dance, Chelmsford
 Instructor: DNE Staff

Learn the Tango with an Argentine flair! \$78/\$75 per person
 RCC-E6160 Jan 29-Mar 12, EX 2/19 (6 Fri) 8:30 pm-9:30 pm
 RCC-E6423 May 7-June 18, EX 5/28 (6 Fri) 8:30 pm-9:30 pm

*BOLLYWOOD DANCING

Instructor: Amulya Deepak

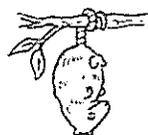
Bollywood dancing, Bhangra and Indian folk are some of the hottest dances around. They are a fusion of traditional, folk and classical Indian dances with the influence of some hip-hop and modern dance. \$75/\$72 6 wk, \$99/\$96 8 wk

RCC-E6336 Jan 25-Mar 22, EX 2/15 (8 Mon) 7:00 pm-8:00 pm
 RCC-E6363 Jan 29-Mar 5 (6 Fri) 6:30 pm-7:30 pm
 RCC-E6364 Mar 12-Apr 16 (6 Fri) 6:30 pm-7:30 pm
 RCC-E6337 Mar 29-May 24, EX 4/19 (8 Mon) 7:00 pm-8:00 pm



Fees Non-Resident/Resident

*Teens welcome



See website for descriptions of pilates and yoga classes.
 Bring a mat, towel & water for all classes.

BEGINNER PILATES (AGES 12+)

Instructor: Julie Erickson
 S87/S84 7 wk, S147/S144 12 wk

Beginner:
 RCC-E6505 Mar 22-May 10, EX 4/19 (7 Mon) 6:15 pm-7:15 pm
 Beginner/Intermediate:
 RCC-E6506 Jan 23-May 15 (12 Sat) 7:45 am-8:45 am
 EX 2/13, 2/20, 4/10, 4/17, 4/24

INTERMEDIATE PILATES (AGES 12+)

Instructor: Julie Erickson
 S171/S168
 RCC-E6507 Jan 25-May 10, EX 2/15, 4/19 (14 Mon) 7:15 pm-8:15 pm

BEGINNER YOGALATES (AGES 12+)

Instructor: Julie Erickson
 S87/S84
 RCC-E6508 Mar 25-May 20, EX 4/8, 4/22 (7 Thur) 6:00 pm-7:00 pm

INTERMEDIATE YOGALATES (AGES 12+)

Instructor: Julie Erickson
 S171/S168
 RCC-E6509 Jan 28-May 20 (14 Thur) 7:00 pm-8:00 pm
 EX 2/18, 4/8, 4/22

ADVANCED YOGALATES

Instructor: Julie Erickson
 S171/S168
 RCC-E6510 Jan 28-May 20 (14 Thur) 8:00 pm-9:00 pm
 EX 2/18, 4/8, 4/22

*CORE CONDITIONING FOR THE ATHLETE

Instructor: Julie Erickson
 S87/S84
 RCC-E6512 Mar 24-May 19, EX 4/7, 4/21 (7 Wed) 7:15 pm-8:15 pm

GET FIT WITH PILATES

Location: Parish Center for the Arts
 Instructor: Chris Kandianis
 S93/S90
 RCC-E6441 Jan 5-Mar 16, EX 2/16 (10 Tue) 9:30 am-10:30 am
 RCC-E6716 Jan 8-Mar 19, EX 2/19 (10 Fri) 9:30 am-10:30 am
 RCC-E6717 Mar 30-June 8, EX 4/20 (10 Tue) 9:30 am-10:30 am
 RCC-E6718 Apr 9-June 18, EX 4/23 (10 Fri) 9:30 am-10:30 am

GENTLE YOGA

Instructor: Marg Takarabe
 Please see website for class description. S121/S118
 RCC-E6443 Jan 9-Mar 27, EX 2/13 (11 Sat) 9:00 am-10:15 am

All locations Roudenbush unless otherwise noted

***YOGA**

Locations: Stony Brook School 1st Floor Common Space
 Instructor: Marg Takarabe

Please see website for class description. S121/S118

RCC-E6580 Jan 4-Mar 29, EX 1/18, 2/15 (11 Mon) 6:00 pm-7:15 pm
 RCC-E6581 Jan 4-Mar 29, EX 1/18, 2/15 (11 Mon) 7:30 pm-8:45 pm

NEW! BEGINNER VINYASA FLOW YOGA

Instructor: Kristina Sussman

Join the on-going revolution of yoga in this active flowing yoga class. Breathing, feeling and flowing your movements in a way to stretch and strengthen your entire body and finding relaxation for the mind. No strength, flexibility or experience required! Please bring a yoga mat or towel and water. S63/S60 6 wk, S83/S80 8 wk

RCC-E6480 Jan 19-Mar 2, EX 2/16 (6 Tue) 12:30 pm-1:20 pm
 RCC-E6481 Mar 16-May 11, EX 4/20 (8 Tue) 12:30 pm-1:20 pm



NEW! THE BIGGEST LOSER!

Instructor: Julie Erickson

Looking for support for your weight loss goals? Join us Tuesday nights for a meeting covering nutrition, fitness, goal setting and weight management followed by a one hour workout. Class fee will include attendance at one other group workout per week with the trainer at Roudenbush (to be discussed with the trainer) and a personalized program to follow at home. Email and phone support included as well as website support at www.westfordsbiggestloser.com S101/S98

RCC-E6511 Apr 27-June 8 (7 Tue) 7:00 pm-9:00 pm

***FENCING**

Location: Robinson School Cafeteria
 Instructor: Javier Echavarrri

Fencing provides poise, self-assurance, physical agility and fun! Equipment will be provided if needed. Students must be 10 or older, exceptions must be cleared with instructor. S83/S80 8 wk, S103/S100 10 wk

Beginning:

RCC-E6426 Jan 6-Mar 31 (10 Wed) 6:15 pm-7:15 pm
 RCC-E6429 Apr 28-June 23 (8 Wed) 6:15 pm-7:15 pm

Intermediate:

RCC-E6427 Jan 6-Mar 31 (10 Wed) 7:15 pm-8:15 pm
 RCC-E6430 Apr 28-June 23 (8 Wed) 7:15 pm-8:15 pm

Advanced:

RCC-E6428 Jan 6-Mar 31 (10 Wed) 8:15 pm-9:15 pm
 RCC-E6431 Apr 28-June 23 (8 Wed) 8:15 pm-9:15 pm

Please Note: No classes on Feb 17, Mar 10, Mar 17 and May 5

MOM AND BABY YOGA

(3 Mo. To Almost Walking)
 Instructor: Kristina Sussman

Yoga for the parent/caregiver and babies ages 3 mo. to almost walking. With babies in arms, laps or lying on the mat you and your baby practice yoga together. S83/S80

RCC-E6446 Jan 5-Mar 2, EX 2/16 (8 Tue) 10:55 am-11:25 am
 RCC-E6447 Mar 16-May 11, EX 4/20 (8 Tue) 10:55 am-11:25 am

MOM AND CHILD YOGA

(Walking - 5 yrs)
 Instructor: Kristina Sussman

Yoga for parent/caregiver and kids walking through 5 years old. Yoga based games and activities keep kids enjoying movement, breath work, poses, partner work, team building and relaxation. S83/S80

RCC-E6448 Jan 5-Mar 2, EX 2/16 (8 Tue) 11:30 am-12:20 pm
 RCC-E6449 Mar 16-May 11, EX 4/20 (8 Tue) 11:30 am-12:20 pm

TAE KWON DO

Instructor: Debbie Ladue

Learn traditional forms of self-defense in a non-contact, fun class. Students receive instruction from the lead instructor, other black belts and advanced students in a fun and progressive environment. Open enrollment ends when class begins. S223/S220, add'l child or family member S135/S132

RCC-E6297 Feb 23-July 27, EX 4/20 (22 Tue) 6:30 pm-8:00 pm

Personal Enrichment

AT HOME YARD SALE

Location: Homes Across Westford

Have your yard sale at home. Roudenbush will do advertising in the *Westford Eagle* and at our sites. Sunday is the only raindate and yard-sale will run rain or shine - no refunds. List a few of your treasures for sale on the registration form. Register by noon on April 15 to get your street listed in the Round Roudenbush column of *Westford Eagle*. S10

RCC-E6738 Apr 24 (Sat, rain date Sun) 9:00 am-2:00 pm

BALANCING HORMONES NATURALLY

Instructor: Dr. Carla LeClerc D.C.

This exciting and informative talk educates women about some of the mysteries surrounding the symptoms of PMS and menopause and introduces them to alternative methods of coping! Free, register online.

RCC-E6470 Feb 9 (Tue) 7:00 pm-9:00 pm

COMMUNITY FIELDS PROJECT

The Community Fields Project goal is to construct artificial turf fields at two sites in Westford - Westford Academy (WA) and at Nutting Road, which is part of the East Boston Camps parcel. These fields are needed to support the town's recreational population as well as the high school sports program. The initiative is supported by the Community Preservation Committee who recommended that \$960,000 be allocated to the project from the Community Preservation Act (CPA). This particular contribution can only be used for the Nutting Road site; therefore the main focus of the fundraising is on the WA site as it is shovel ready. As of mid-November 2009, approximately \$200,000 has been raised for the WA site and \$1.3 million for the Nutting Road site.

Visit online for information on upcoming events and donating.

www.westfordturf.com



NEW! BOOST YOUR IMMUNE SYSTEM

Instructor: Dr. Carla LeClerc D.C.

Learn to increase your immune system to fight viruses and infection naturally and stay healthy throughout the winter. Free, register online.
RCC-E6472 Feb 2 (Tue) 7:00 pm-9:00 pm

NEW! END YOUR DIGESTIVE PROBLEMS FOREVER

Instructor: Dr. Carla LeClerc D.C.

More than half of all American adults suffer with some kind of digestive problems like acid reflux, constipation or irritable bowel syndrome. Usually the solution is medications which have dangerous side effects. Learn how to end these problems naturally without dangerous medications. Free, register online.

RCC-E6657 Jan 26 (Tue) 7:00 pm-9:00 pm

NEW! LOSING WEIGHT THE SAFE HEALTHY WAY BY CLEANSING

Instructor: Dr. Carla LeClerc D.C.

Have you ever asked: Why do I crave sweets? Why can't I loose weight? Why do I over eat then feel hungry? Find out answers to these questions plus how you can reduce impurities from the body and lose weight through our safe nutritional cleansing program. Free, register online.

RCC-E6469 Jan 19 (Tue) 7:00 pm-9:00 pm

DECLUTTER YOUR HEART, HOME & OFFICE: A HOLISTIC APPROACH

Instructor: Lisa Wessan, MSW, LCSW

Having clutter is a challenge that can distract and sometimes disable the 'clutterer' and those around him/her. This workshop discusses how clutter affects health, relationships and more. Successful strategies, including techniques for the release of clutter & stress reduction, will be explored. Read more online! \$28/\$25, early bird register by 4/1 \$20

RCC-E6478 April 7 (Wed) 7:00 pm-9:00 pm



GOLF SCHOOL I FOR ADULTS

BillERICA Country Club, 51 Baldwin Rd, BillERICA

Instructor: Staff From Barrie Bruce Golf School

For the new golfer who has little or no golfing experience. Basic fundamentals of the game will be taught in a relaxing and stress free environment. All the student needs is "a pair of sneakers and a good attitude." Equipment and practice balls provided. You will receive written summaries of each lesson. \$140

RCC-E6672	Apr 10-May 8	(5 Sat)	11:30 am-12:30 pm
RCC-E6673	Apr 10-May 8	(5 Sat)	1:00 pm-2:00 pm
RCC-E6674	Apr 11-May 9	(5 Sun)	11:30 am-12:30 pm
RCC-E6675	Apr 11-May 9	(5 Sun)	1:00 pm-2:00 pm
RCC-E6676	Apr 12-May 10	(5 Mon)	5:30 pm-6:30 pm
RCC-E6677	Apr 13-May 11	(5 Mon)	5:30 pm-6:30 pm
RCC-E6678	Apr 14-May 12	(5 Tue)	5:30 pm-6:30 pm
RCC-E6679	Apr 15-May 13	(5 Wed)	5:30 pm-6:30 pm
RCC-E6680	May 3-May 31	(5 Mon)	7:00 pm-8:00 pm
RCC-E6681	May 15-June 12	(5 Sat)	11:30 am-12:30 pm
RCC-E6682	May 15-June 12	(5 Sat)	1:00 pm-2:00 pm



*INSTANT GUITAR FOR HOPELESSLY BUSY ADULTS AND TEENS

Instructor: Peter Dupre

Want to learn the guitar but find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. Bring your acoustic guitar; limited to 15 students ages 13+. Required materials fee of \$28 will be collected in class for workbook and practice DVD. \$33/\$30

RCC-E6638 Feb 3 (Wed) 6:30 pm-9:00 pm

RCC-E6639 May 5 (Wed) 6:30 pm-9:00 pm

LET GO AND LIGHTEN UP: LAUGHTER IS THE BEST MEDICINE!

Instructor: Lisa Wessan, MSW, LCSW

How can you use humor and laughter to overcome obstacles? In this energetic event you will learn about the psychological and spiritual benefits of laughter sessions and the difference between constructive/ destructive humor. Visit www.MirthMaven.com for more info. \$28/\$25 early bird register by 1/29 \$20

RCC-E6477 Feb 10 (Wed) 7:00 pm-9:00 pm

MESSAGES FROM HEAVEN

Instructor: Gayle Kirk

Join medium Gayle Kirk for an informative, healing, and uplifting program. Psychic guidance and messages from your loved ones will be provided for as many people as time allows and as guided by Spirit. \$48/\$45

RCC-E6118 Jan 29 (Fri) 7:00 pm-9:00 pm

RCC-E6417 May 6 (Thur) 7:00 pm-9:00 pm

SPEAK ENGLISH BETTER!

Instructor: Conrad Hinckley

Are you new to the USA? Is it difficult to tell people what you need? Is it difficult for you to understand what people are saying? Join our class! We will work together to help you say what you mean and to understand what others are saying to you. And it will be fun! \$63/\$60

RCC-E6734 Jan 19-Feb 9 (4 Tue) 7:00 pm-8:30 pm

RCC-E6735 Feb 23-Mar 16 (4 Tue) 7:00 pm-8:30 pm

RCC-E6736 Mar 30-Apr 20 (4 Tue) 7:00 pm-8:30 pm

SIMPLE MEDITATION

Instructor: Dr. Susan Worthen McCombs

Meditation can reduce stress and boost energy and is a surprisingly easy skill to learn. Join us for this workshop to learn the basics of meditation. With a little practice you will discover that meditation can help you manage the stress in your life and increase your overall sense of well being. \$43/\$40

RCC-E6667 Mar 16 (Tue) 7:00 pm-8:30 pm



STOP DIETING

Instructor: Dr. Susan Worthen McCombs

Shed those unwanted pounds and easily change your eating habits forever. Would you like to have a feeling of indifference to sugar, bread, pasta, and be in control over snacking and grazing? Learn to let go of overeating at meal times. Through guided relaxation and imagery, techniques used in hypnosis, you will notice an improvement in your desire, determination and resourcefulness, which will lead you toward successfully instituting a healthier pattern of eating. \$43/\$40

RCC-E6665 Mar 9 (Tue) 7:00 pm-8:30 pm

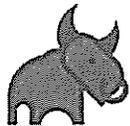
STOP SMOKING

Instructor: Dr. Susan Worthen McCombs

Tried everything to stop smoking? This program will quickly and easily break your unhealthy addiction and you will become nicotine-free with a minimum of withdrawal symptoms. You will feel energized again and no longer need to search out the smoking area. A former smoker will help you quit smoking tonight with deep relaxation and visualization techniques frequently used in hypnosis. \$43/\$40

RCC-E6666 Mar 4 (Thur) 7:00 pm-8:30 pm

Life and Financial Planning



Roudenbush does not endorse any financial program. Every investment has some degree of risk.

ANNUITIES AND YOUR RETIREMENT

Instructor: Marshall-Ben Tisdale AAMS

Join us to learn about the different types of annuities and how the right one for your situation can help alleviate the impact of some retirement-related uncertainties. Free, register online.

RCC-E6519 Feb 11 (Thur) 6:30 pm-7:30 pm

FAMILY MATTERS WITH LONG-TERM CARE

Instructor: Marshall-Ben Tisdale, AAMS

For most people, discussing long-term care is often an uncomfortable topic. However, creating a long-term strategy now may help to protect your family from financial burden in the future. Free, register online

RCC-E6517 April 15 (Thur) 6:30 pm-7:30 pm

PREPARING YOUR ESTATE PLAN

Instructor: Marshall-Ben Tisdale, AAMS

It's a topic people tend to put off or ignore, but one of the most important things you can do is develop a sound estate plan. Join us and learn basic estate planning strategies. Free, register online.

RCC-E6564 Mar 9 (Tue) 6:30 pm-7:30 pm

NEW! ROLL IT, TAKE IT, LEAVE IT, MOVE IT: KNOW YOUR EMPLOYER RETIREMENT OPTIONS

Instructor: Marshall-Ben Tisdale, AAMS

How you handle your 401K pension or other employer sponsored retirement plan when you leave your job is one of the most important financial decisions you can make. Learn more about your choices. Free, register online.

RCC-E6521 Jan 12 (Tue) 6:30 pm-7:30 pm

NEW! DOLLARS AND SENSE: THE BIG PICTURE

Instructor: Ralph Viscione

Do you need help organizing your financial life? We will explore how to establish a rainy day fund for emergency expenses, create a monthly budget, protect against risks to your wealth, invest wisely, save for retirement and leave a legacy. The course includes a workbook which will help you plan and organize your finances. Materials fee of \$10 to cover workbook will be collected by instructor. Free, register online.

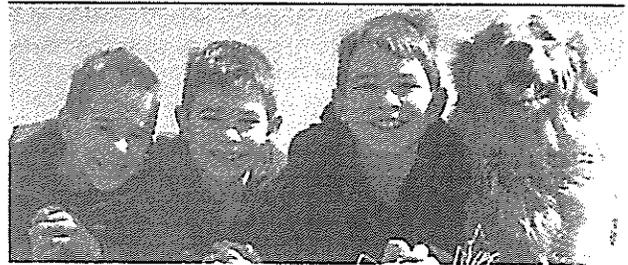
RCC-E6703 Feb 17 (Wed) 7:00 pm-8:30 pm

HOW TO SELL YOUR HOME IN TODAY'S MARKET

Instructor: Frances Markel & Jan Poulain

Find out what you need to know to sell your home in today's market. Save time by focusing on techniques used by professional stagers to make your home appeal to the largest number of buyers. Learn what home improvements will give you the biggest return on investment. \$15 per couple, \$10 per person

RCC-E6654 Mar 11 (Thur) 7:00 pm-8:30 pm



NEW! KIDS PROTECTION PLANNING WORKSHOP FOR FAMILIES WHO HAVE CHILDREN WITH SPECIAL NEEDS

Instructor: Attorney David Feakes

You will learn when and whether to become the guardian of your adult child with special needs, how to plan for and secure government benefits, how to ensure your kids and spouse are prepared for life without you in case something happens to you. Free, register online.

RCC-E6627 Feb 9 (Tue) 7:00 pm-8:30 pm

ROUDENBUSH COMMUNITY CENTER

Adult Social Day Program "The Club"

Do you have an elderly family member who no longer can be alone safely? If you answered "yes" please consider "The Club" at 65 Tadmuck Rd. Westford, MA.

Your family member will benefit from:

- Caring staff skilled in dementia and geriatric services
- Carefully planned activities
- Door to door transportation
- A place where safety, comfort and cleanliness are top priority

Open Monday-Friday 8:30 am to 3:30 pm

Visit www.roudenbush.org and click 'Adult Day Program'

or call Stephanie Dymont, Activities Coordinator

978-692-0803

Health And Safety

These courses do not meet the requirements for the Health Care Provider or Professional Rescue Certification. Defibrillator not covered.

*PEDIATRIC CPR CERTIFICATION/ RECERTIFICATION

Instructor: EMS 2000

S44/S41 (materials fee of \$8.50 payable to instructor)

RCC-E6535	Jan 13 (reg by 1/6)	(Wed)	8:15 pm-10:00 pm
RCC-E6536	Feb 17 (reg by 2/10)	(Wed)	8:15 pm-10:00 pm
RCC-E6537	Mar 17 (reg by 3/10)	(Wed)	8:15 pm-10:00 pm
RCC-E6538	Apr 14 (reg by 4/7)	(Wed)	8:15 pm-10:00 pm
RCC-E6539	May 12 (reg by 5/5)	(Wed)	8:15 pm-10:00 pm
RCC-E6540	June 16 (reg by 6/9)	(Wed)	8:15 pm-10:00 pm

ADULT CPR CERTIFICATION/RECERTIFICATION

Instructor: EMS 2000

S44/S41 (materials fee of \$8.50 payable to instructor)

RCC-E6523	Jan 13 (reg by 1/6)	(Wed)	6:30 pm-8:15 pm
RCC-E6524	Feb 17 (reg by 2/10)	(Wed)	6:30 pm-8:15 pm
RCC-E6525	Mar 17 (reg by 3/10)	(Wed)	6:30 pm-8:15 pm
RCC-E6526	Apr 14 (reg by 4/7)	(Wed)	6:30 pm-8:15 pm
RCC-E6527	May 12 (reg by 5/5)	(Wed)	6:30 pm-8:15 pm
RCC-E6528	June 16 (reg by 6/9)	(Wed)	6:30 pm-8:15 pm

*ADULT & PEDIATRIC CPR CERTIFICATION/ RECERTIFICATION

Instructor: EMS 2000

S53/S50 (materials fee of \$8.50 payable to instructor)

RCC-E6529	Jan 13 (reg by 1/6)	(Wed)	6:30 pm-10:00 pm
RCC-E6530	Feb 17 (reg by 2/10)	(Wed)	6:30 pm-10:00 pm
RCC-E6531	Mar 17 (reg by 3/10)	(Wed)	6:30 pm-10:00 pm
RCC-E6532	Apr 14 (reg by 4/7)	(Wed)	6:30 pm-10:00 pm
RCC-E6533	May 12 (reg by 5/5)	(Wed)	6:30 pm-10:00 pm
RCC-E6534	June 16 (reg by 6/9)	(Wed)	6:30 pm-10:00 pm

CPR FOR HEALTH CARE PROVIDERS & PROFESSIONAL RESCUE CERTIFICATION/ RECERTIFICATION

Instructor: EMS 2000

One session course in adult and pediatric CPR for Health Care Providers and Professional Rescue will include 2-man CPR instruction. Materials fee of \$11 is payable to instructor. S76/S73

RCC-E6541	Jan 11 (reg by 1/6)	(Mon)	6:00 pm-10:00 pm
RCC-E6542	Feb 8 (reg by 2/3)	(Mon)	6:00 pm-10:00 pm
RCC-E6543	Mar 15 (reg by 3/10)	(Mon)	6:00 pm-10:00 pm
RCC-E6544	Apr 12 (reg by 4/7)	(Mon)	6:00 pm-10:00 pm
RCC-E6545	May 10 (reg by 5/5)	(Mon)	6:00 pm-10:00 pm
RCC-E6546	June 14 (reg by 6/9)	(Mon)	6:00 pm-10:00 pm

*FIRST AID

Instructor: EMS 2000

American Heart Association course will review care and handling of medical and trauma related emergencies for adults, children and infants. Course includes American Heart Association completion card. \$14 for book is payable to instructor. S61/S58

RCC-E6547	Feb 24 & Mar 3 (reg by 2/18)	(2 Wed)	6:30 pm-9:30 pm
RCC-E6548	Apr 21 & 28 (reg by 4/15)	(2 Wed)	6:30 pm-9:30 pm

NEW! WEIGHT LOSS CHALLENGE

Instructor: Samita Apte & Dipika Contractor

Make a New Year's resolution and get in shape. Learn how to incorporate healthy eating with our fast paced life styles. This 12 week program advises on proper nutrition and food choices and encourages exercise. Each participant will receive personalized weekly one-on-one counseling. The challenge is based upon the percentage of body weight lost and cash prizes will be awarded to the participants losing the largest percentage of weight. S35

RCC-E6670	Jan 14- Apr 1	(12 Thur)	5:45 pm-6:30 pm
RCC-E6671	Feb 16-May 4	(12 Tue)	5:45 pm-6:30 pm

HOME FIREARM SAFETY

Location: Westford Sportsmen's Club, West Street

Instructor: Rick Cooper

Learn the skills of operating firearms and the attitude necessary for the safe handling and proper storage of guns in the home. Course meets Mass requirements for issuance of a license to carry firearms. For more information, call Rick Cooper at 978 692-1843. S78/S75, one additional family member or friend \$10

RCC-E6398	Jan 16	(Sat)	9:00 am-1:00 pm
RCC-E6399	Mar 20	(Sat)	9:00 am-1:00 pm
RCC-E6400	May 15	(Sat)	9:00 am-1:00 pm

Trips and Tours



BIRD WALK

Location: Emmet Conservation Land

Instructor: Lenny Palmer, Dot Mooney and Marian Harman

Come join us to explore Westford's largest piece of conservation land in search of resident and migrant birds at the Richard Emmet Conservation Land, Nashoba Pond and the Nashoba Brook Mass Audubon Sanctuary. Wear appropriate footwear. Bring binoculars if possible, no dogs. Park in the lot at the end of Trailside Way, off Powers Road. Free, register online.

RCC-E6513	May 8	(Sat)	7:00 am-9:00 am
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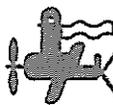
WILDFLOWER WALK

Location: Greystone Pond Recreation Area

Instructor: Elana Schreiber

Join Westford's foremost wildflower expert on a beautiful trail to the historic Stone Arch Bridge, in search of spring wildflowers. Walk is appropriate for the whole family, about one mile long and level. Park on Cold Spring Rd by the Stone Arch Bridge sign. Free, register online.

RCC-E6514	May 16	(Sun)	1:00 pm - 2:30 pm
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Detailed flyers available online and in office.

NEW! CELEBRATE SPRING WITH DAFFODILS AT BLITHEWOLD MANSION

Host: Unicorn Tours

Celebrate the arrival of spring in New England at Blithewold mansion overlooking Narragansett Bay in Bristol, Rhode Island. We will be treated to a guided tour of the mansion and stroll through the beautifully manicured gardens. Lunch will be at White's of Westport. Register by April 20.

RCC-E6659 Apr 28 (Wed) 8:15 pm-4:45 pm

NEW! COMEDIAN GLEN ANTHONY AT LANTANA'S RESTAURANT

Host: Best of Times Travel

Join Roudenbush on April 22nd at Lantana's Restaurant in Randolph for a wonderful luncheon and show with Comedian Glen Anthony.

RCC-E6722 April 22 (Thur) morning departure

NEW! HARTFORD'S ELIZABETH PARK ROSE GARDEN

Host: Unicorn Tours

Journey with us to neighboring Connecticut to stroll through Hartford's Elizabeth Park Rose Garden while the roses are at their spectacular peak of blossom. A relaxing lunch will follow in the lovely Pond House.

RCC-E6662 June 16 (Wed) 8:15 am-5:15 pm



NEW! THE BOSTON FLOWER & GARDEN SHOW

Host: Best of Times Travel

Join Best of Times Travel for a feast of the senses! Our day will also include a narrated tour of Boston via motorcoach, and luncheon at Joe Teece's Restaurant in Boston's North End.

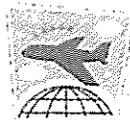
RCC-E6726 March 26 (Fri) morning departure

NEW! JAY SIEGEL & THE TOKENS AT VENUS DE MILO RESTAURANT

Host: Best of Times Travel

Doo Wop at its best! Enjoy a delicious lunch while listening to a crowd-pleasing show at the Venus De Milo Restaurant in Swansea, MA.

RCC-E6724 June 17 (Thur) morning departure



Come Fly With Us...

Included in price: air, taxes, fees/surcharges, hotel transfers, round trip air from Logan.

BRANSON MUSICAL GETAWAY – THE MIDWEST ENTERTAINMENT CAPITAL

Tour Host: Collette Tours

Highlights include: Performance by the famous Hughes Brothers, Dutton Family Theatre, Twelve Irish Tenors, Comedian Yakov Smirnoff, and the famous Doug Gabriel show.

RCC-E6713 Apr 29-May 4 (Thur-Tue)

CANADIAN ROCKIES & GLACIER NATIONAL PARK

Tour Host: Collette Vacations

Highlights of this trip are Waterton Lakes National Park, Glacier National Park, "Going To the Sun Road", Banff, Columbia Icefields Athabasca Falls, Jasper & Calgary. Included in price: Air, taxes and fees/surcharges, Hotel transfers, Round Trip Air from Logan. Detailed flyer online.

RCC-E6711 July 16-July 24 (Fri-Sat)

ITALIAN LAKES & GREEK ISLANDS

Tour Host: Collette Tours

This 12-day Italian Lakes and Greek Islands vacation includes a 7-night Eastern Mediterranean Cruise. Highlights include: Lago Maggiore, Stresa, Lake Como, Bari, Greek Island, Katakolon, Santorini, Mykonos, Rhodes, Dubrovnik and Venice.

RCC-E6715 Oct 1-Oct 12 (Fri-Tue)

Parenting And Teaching

NEW! RAISING ABLE CHILDREN – AN INTERACTIVE PARENTING WORKSHOP

Instructor: Susan Tordella

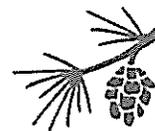
Develop confident children who evolve into resourceful adults. Eliminate hassles over bedtime, meals, food & fitness, sibling rivalry, technology, chores and time management. Give up yelling, threats, punishment and bribery. This participatory class is ideal for parents of children of all ages. Master the Adlerian approach. (Alfred Adler was a contemporary of Freud) Learn and use one consistent approach to nurture youngsters from birth until they leave home. \$128/\$125

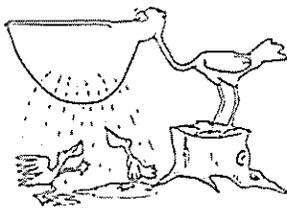
RCC-E6720 Jan 14-Mar 11 EX 2/28 (8 Thur) 9:30 am-11:30 am

EAST BOSTON CAMPS

East Boston Camps is a spectacular natural conservation site in the center of Westford. The property is open and accessible to all and the camp buildings are available for lease. Over 300 wooded acres include two brooks, Burge's Pond and a historic camp.

For more information please visit www.ebcwestford.net





Child Classes

Early Learning (Ages 0-5 Years)

ABC MOMMY AND ME! (AGE 2-4 WITH PARENT)

Instructor: Bernadette Baird

This playtime session includes songs, dances, games, dress up, sensory play and crafts in a relaxed setting. This is a wonderful opportunity for parents and caregivers to meet and interact in a fun environment. \$56/\$53

RCC-E6474	Jan 8-Jan 29	(4 Fri)	10:15 am-11:15 am
RCC-E6475	Feb 5-Mar 5, EX 2/19	(4 Fri)	10:15 am-11:15 am
RCC-E6476	Mar 26-Apr 16	(4 Fri)	10:15 am-11:15 am

KINDERMUSIK VILLAGE: (NEWBORN - 18 MO.)

Instructor: Bernadette Baird

Celebrate your baby's development and nurture your bond in this very special music and movement program. Bring a blanket or towel and socks for you and your child. The instructor will collect a required \$36 materials fee for CD, board book & instrument. \$91/\$88

RCC-E6482	Jan 8-Mar 5, EX 2/19	(8 Fri)	11:45 am-12:30 pm
RCC-E6119	Feb 26-Apr 16	(8 Fri)	11:45 am-12:30 pm

KINDERMUSIK - OUR TIME (AGE 18 MO-3 YRS)

Instructor: Bernadette Baird

Encourage your child to uncover an engaging musical world while building confidence, self control and communication skills. Along with an accompanying parent or caregiver, children meet weekly and enjoy singing, moving, listening and interacting socially and playing simple instruments. Materials fee of \$56 payable to instructor. \$135/\$132

RCC-E6484	Feb 6-Apr 24	(12 Sat)	9:30 am-10:15 am
RCC-E6483	Feb 22-May 24	(12 Mon)	10:30 am-11:15 am

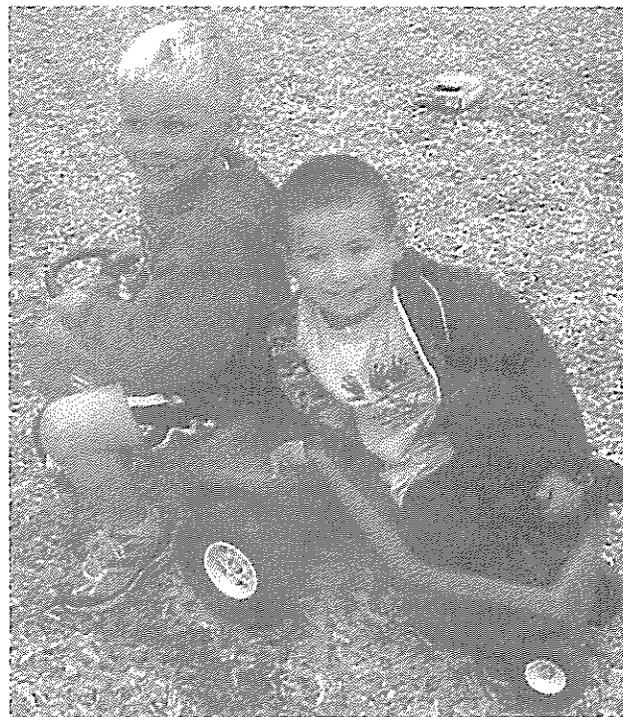
EX 4/19, 5/3

KINDERMUSIK ABC, MUSIC AND ME (AGES 3-4)

Instructor: Bernadette Baird

Learning through music - a winning combination! Through songs, instrument play, stories, games & pretend play, your child will develop the skills needed for early school success! Materials fee of \$15 will be collected at first class. \$51/\$48

RCC-E6731	Jan 9-Feb 6, EX 1/30	(4 Sat)	10:30 am-11:15 am
RCC-E6732	Feb 20-Mar 13	(4 Sat)	10:30 am-11:15 am
RCC-E6733	Mar 20-Apr 10	(4 Sat)	10:30 am-11:15 am



JUST TAMERA & ME (AGES 2.8-5 YEARS)

Instructor: Tamera Baker

Two hours of singing, making crafts, reading books, and having fun. Give your child a chance to be independent in a secure and loving environment before starting pre-school or public school. Sign up for one or more sessions. \$69/\$66 3 wk, \$91/\$88 4 wk, \$113/\$110 5 wk

RCC-E6203	Jan 6-Jan 27	(4 Wed)	9:00 am-11:00 am
RCC-E6205	Feb 3-Feb 24, EX 2/17	(3 Wed)	9:00 am-11:00 am
RCC-E6206	Mar 3-Mar 31	(5 Wed)	9:00 am-11:00 am
RCC-E6207	Apr 7-Apr 28, EX 4/21	(3 Wed)	9:00 am-11:00 am
RCC-E6208	May 5-May 26	(4 Wed)	9:00 am-11:00 am

WESTFORD COMMUNITY PARTNERSHIP

The WCP program provides information about affordable childcare to working families with preschool children (ages 3-5) in Westford. This program is funded through the EEC Partnership Grant. If you need assistance with child care, please call one of the centers below or call Juanita Antunes at 978 692-5511 ext 225 for an application. If you are a Westford childcare center, preschool or family daycare and would like to be a member of the WCP, please call for details.

The following childcare centers are Westford members this year:

Roudenbush Children's Center @ Frost	978-692-5533
Roudenbush Children's Center @ Nab	978-692-5544
Roudenbush Children's Center @ Main Street	978-692-5511 ext 225
Westford Preschool @ St. Mark's	978-392-1565
Westford Academy Preschool	978-692-5570
Westford Integrated Preschool	978-692-5560 ext 2132
Child Care Center Inc.	978-692-3714
Natureland Family Child Care (Family Daycare)	978-692-5657

Arts, Crafts and Cooking

ART - GRADES K-1

Instructor: Kathy Dunn

\$52/\$49 3 wk, \$68/\$65 4 wk

RCC-E6493	Jan 27-Feb 10	(3 Wed)	4:15 pm-5:30 pm
RCC-E6494	Feb 24-Mar 17	(4 Wed)	4:15 pm-5:30 pm
RCC-E6495	Mar 31-Apr 28, EX 4/21	(4 Wed)	4:15 pm-5:30 pm
RCC-E6496	May 5-May 26	(4 Wed)	4:15 pm-5:30 pm

ART - GRADES K-2

Instructor: Kathy Dunn

\$52/\$49 3 wk, \$68/\$65 4 wk

RCC-E6485	Jan 25-Feb 8	(3 Mon)	4:15 pm-5:30 pm
RCC-E6486	Feb 22-Mar 15	(4 Mon)	4:15 pm-5:30 pm
RCC-E6487	Mar 29-Apr 26, EX 4/19	(4 Mon)	4:15 pm-5:30 pm
RCC-E6488	May 3-May 24	(4 Mon)	4:15 pm-5:30 pm

ART - GRADES 1-3

Instructor: Kathy Dunn

\$52/\$49 3 wk, \$68/\$65 4 wk

RCC-E6489	Jan 26-Feb 9	(3 Tue)	4:15 pm-5:30 pm
RCC-E6490	Feb 23-Mar 16	(4 Tue)	4:15 pm-5:30 pm
RCC-E6491	Mar 30-Apr 27, EX 4/20	(4 Tue)	4:15 pm-5:30 pm
RCC-E6492	May 4-May 25	(4 Tue)	4:15 pm-5:30 pm

ART - GRADES 3-5

Instructor: Kathy Dunn

\$52/\$49 3 wk, \$68/\$65 4 wk

RCC-E6501	Jan 29-Feb 12	(3 Fri)	4:15 pm-5:30 pm
RCC-E6502	Feb 26-Mar 19	(4 Fri)	4:15 pm-5:30 pm
RCC-E6503	Apr 2-Apr 30, EX 4/23	(4 Fri)	4:15 pm-5:30 pm
RCC-E6504	May 7-May 28	(4 Fri)	4:15 pm-5:30 pm

ART - GRADES 4-6

Instructor: Kathy Dunn

\$52/\$49 3 wk, \$68/\$65 4 wk

RCC-E6497	Jan 28-Feb 11 (3 Thur)	4:15 pm-5:30 pm
RCC-E6498	Feb 25-Mar 18 (4 Thur)	4:15 pm-5:30 pm
RCC-E6499	Apr 1-Apr 29 (4 Thur, EX 4/22)	4:15 pm-5:30 pm
RCC-E6500	May 6-May 27 (4 Thur)	4:15 pm-5:30 pm

NEW! ARTSMART (3.5-5 YEARS WITH PARENT)

Instructor: Bernadette Baird

This class combines literature and art for a fun, multi-sensory experience! Each week we will read and discuss a story and create a piece of art that relates to the story. Children will learn valuable skills in attentiveness, creativity and fine motor skills in a fun, relaxed setting. Please bring a smock or large t-shirt. Supplies included. \$58/\$55

RCC-E6456	Jan 4 -Feb 1, EX 1/18	(4 Mon)	12:30 pm-1:15 pm
RCC-E6457	Jan 4-Feb 1, EX 1/18	(4 Mon)	1:30 pm-2:15 pm
RCC-E6458	Feb 22-Mar 15	(4 Mon)	12:30 pm-1:15 pm
RCC-E6459	Feb 22-Mar 15	(4 Mon)	1:30 pm-2:15 pm

NEW! *BASIC CALLIGRAPHY (AGES 10-14)

Instructor: Dimple Shah

Learn the ancient art of beautiful writing. Calligraphy styles of gothic, italic and many others will be taught. After learning them you will be able to make invitations & greeting cards. Bring a smock. \$53/\$50

RCC-E6705	Jan 25-Feb 22, EX 2/15	(4 Mon)	4:30 pm-5:45 pm
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*CLAY, POTTERY WHEEL, SCULPTURE

Location: Pottery Studio, 108 Lowell Rd., Westford

Instructor: Suzanne Donahue

Please see website for description. \$128/\$125 5 wk, \$153/\$150 6 wk

All Ages:

RCC-E6236	Jan 12-Feb 9	(5 Tue)	4:30 pm-6:00 pm
RCC-E6237	Jan 14-Feb 11	(5 Thur)	4:30 pm-6:00 pm
RCC-E6437	Mar 9-Apr 13	(6 Tues)	4:30 pm-6:00 pm
RCC-E6438	Mar 11-Apr 15	(6 Thur)	4:30 pm-6:00 pm
RCC-E6640	May 11-June 15	(6 Tue)	4:30 pm-6:00 pm
RCC-E6641	May 13-June 17	(6 Thur)	4:30 pm-6:00 pm

Fitness And Dance

A PRINCESS CLUB BALLET (AGES 3-5)

Location: TA-DAH! Studio of Dance, 1 Park Dr., Westford

Instructor: TA-DAH! Staff

Princess Club Ballet introduces your child to dance, costumes, music and more. Through educational ballet classes, your child gains confidence in an engaging environment. Princess kit (crown, wand, etc.) included for each dancer. \$53/\$50

RCC-E6644	Jan 21-Feb 11	(4 Thur)	1:30 pm-2:00 pm
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BEGINNING BALLET (AGES 4-5)

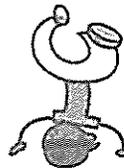
Location: TA-DAH! Studio of Dance, 1 Park Dr. Westford

Instructor: TA-DAH! Staff

Classes are designed to introduce the young dancer to beginning ballet steps and terminology. Students will learn to use ballet movements to express feelings and ideas. Students should wear leotard, tights and ballet slippers. \$53/\$50

RCC-E6645	Jan 25-Mar 8, EX 2/15	(6 Mon)	10:15 am-10:45 am
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RCC-E6646	Mar 22-May 3, EX 4/19	(6 Mon)	10:15 am-10:45 am
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NEW! BOYS' HIP HOP (AGES 8-12)

Location: TA-DAH!, 1 Park Dr. Westford

Instructor: TA-DAH! Staff

Join this exciting class with all the latest moves, just for boys! \$58/\$55

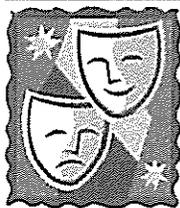
RCC-E6653	Jan 21-Mar 4, EX 2/18	(6 Thur)	7:00 pm-7:45 pm
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MOVEMENT AND MOTION (AGE 3-4)

Location: TA-DAH! Studio of Dance, 1 Park Dr. Westford
Instructor: TA-DAH! Staff

Program is designed to develop a child's natural movement and encourage creativity in the very young dancer. Students will learn beginning ballet techniques using props, music and imagination. Students should wear leotard, tights and ballet slippers. \$53/\$50

RCC-E6647 Jan 25-Mar 8, EX 2/15 (6 Mon) 9:30 am-10:00 am
RCC-E6648 Mar 22-May 3, EX 4/19 (6 Mon) 9:30 am-10:00 am



NEW! MUSICAL THEATER DANCE (AGES 8-13)

Location: TA-DAH!, 1 Park Dr. Westford
Instructor: TA-DAH! Staff

Do you love drama and theater? Do you perform in your school play or other productions? Songs from the latest Broadway productions will be

played and choreography will be learned for many musicals. Learn staging and dancing while addressing your audience. \$58/\$55

RCC-E6651 Jan 8-Feb 12 (6 Fri) 5:45 pm-6:30 pm

PINKALICIOUS DANCE (AGES 3-6)

Location: TA-DAH! Studio of Dance, 1 Park Dr. Westford
Instructor: TA-DAH! Staff

We love activities and dance instruction which revolve around our favorite color: PINK! Be Pinkerbelle and Pinkerella and dance in our pink garden and have a pink cupcake party at the last class. \$53/\$50

RCC-E6649 Mar 4-Mar 25 (4 Thur) 1:30 pm-2:00 pm

BOLLYWOOD DANCING FOR KIDS (AGES 5-12)

Instructor: Amulya Deepak

Bollywood dancing, Bhangra and Indian folk dances are some of the hottest dances around. The dances are an influence of some hip hop and modern dance. Step into the dream of Bollywood with a great workout for your body and lots of fun! \$89/\$86

RCC-E6367 Jan 5-Feb 23 (8 Tue) 6:00 pm-7:00 pm

RCC-E6368 Mar 2-Apr 20 (8 Tue) 6:00 pm-7:00 pm

TAE KWON DO (AGES 6 & UP)

Instructor: Debbie Ladue

Learn traditional forms of self-defense in a non-contact, fun class. Students receive instruction from the lead instructor, other black belts and advanced students in a fun and progressive environment. \$223/\$220, add'l child or family member \$135/\$132 Open enrollment ends when class begins.

RCC-E6297 Feb 23-July 27, EX 4/20 (22 Tue) 6:30 pm-8:00 pm

Learning and Fun

BABYSITTING COURSE (AGES 10-14)

Instructor: Reilly Hutchinson

Become a "super-sitter." Make baby-sitting fun and safe. After completing the course, you may fill out an application, with parent's permission, to be on the Roudenbush babysitting list. Children should bring pen or pencil, doll and lunch. Cost includes handouts. \$43/\$40

RCC-E6655 Mar 6 (Sat) 9:30 am-1:30 pm

BE PREPARED & SAFE: "YOU'RE HOME ALONE" (AGES 9-14)

Instructor: Reilly Hutchinson

Does your child know what to do if a stranger comes to the door or how to get help in an emergency? This class is designed to teach children simple rules and procedures for responsible self-care at home. \$26/\$23

RCC-E6656 Mar 6 (Sat) 1:30 pm-2:45 pm

NEW! CHEMICAL MAGIC (AGES 6-11)

Instructor: Staff From Scienstational Science

Magical Microscopes & Rocks and Minerals - In 2 action packed days, children will perform many amazing experiments - learn to make batteries from fruits or potatoes and a fantastic crystal tree. Work with invisible ink & powerful magnets. Look at prepared slides using microscopes. Learn about the different types of rocks and minerals from our interesting rock and mineral collection. Be a chemical detective using paper chromatography to separate colors. Make dirty pennies turn clean and clean pennies turn green. \$168/\$165

RCC-E6380 Feb 16 & 17 (Tue & Wed) 9:00 am-4:30 pm

BATTLE BOTS USING LEGO® (AGES 8-12)

Instructor: Staff All About Learning

Using advanced LEGO® parts and pieces students design and build motorized battle cars and other vehicles. Using principles of simple and complex machines, gearing, and mechanical advantage, students flip, push or smash their opponents battle vehicles. This is brain over brawn through applied physics. Demonstrates use of mechanical devices to overcome other bots. \$103/\$100

RCC-E6436 Mar 12-Apr 2 (4 Fri) 6:00 pm-8:00 pm

JUNIOR LEGO® ENGINEERING 2 (K-AGE 7)

Instructor: Staff from All About Learning

Using very advanced LEGO® parts and pieces, this class provides great hands on learning and building of projects using gears and motors. A must for students who enjoyed Jr. Engineering 1. An integrated science and math class. No prerequisite. \$103/\$100

RCC-E6435 Mar 12-Apr 2 (4 Fri) 4:00 pm-6:00 pm



Discount Ski & Tubing Tickets and more at Nashoba Valley Ski Area!

Nashoba Valley Ski Area is Boston's destination for fun and outdoor excitement. Get your discount tickets at Roudenbush in time for the holidays!

Anytime Ski Area Tickets \$42 (save \$3.00)

Anytime Snowtubing Tickets \$22 ~ Rental Vouchers \$28

GOLF FOR GIRLS

Location: Billerica Country Club
51 Baldwin Rd, Billerica MA

Instructor: Staff from the Barrie Bruce Golf Schools

Five lessons including position, swing with irons and woods, and short game putting and chipping. Equipment and balls provided. \$85

RCC-E6689	April 19-April 23	Spring Vacation	10:00 am-11:30 am
RCC-E6690	June 21-June 25		8:00 am-9:30 am
RCC-E6691	July 12-July 16		8:00 am-9:30 am
RCC-E6692	July 26-July 30		8:00 am-9:30 am

GOLF JUNIOR CLINIC (AGES 7-14)

Location: Billerica Country Club
51 Baldwin Rd, Billerica MA

Instructor: Staff from Barrie Bruce Golf School

Five lessons including position, swing with irons and woods, and short game putting and chipping. Equipment and balls provided. \$85

RCC-E6708	Apr 19-Apr 23	Spring Vacation	10:00 am-11:30 am
RCC-E6709	Apr 19-Apr 23	Spring Vacation	2:00 pm-3:30 pm

NEW! FAMILY SCIENCE NIGHTS

Instructor: Staff from Top Secret Science

\$12/child, parent free.

Crazy Chemistry - It's slimy, it's disgusting, it's also a little disturbing. It's also the reason us scientists crave it. Learn about weird reactions, crystals, and different forms of matter.

RCC-E6461	Jan 8	(Fri)	6:30 pm-7:30 pm
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Magical Science - Is it magic or science? Are magicians using optics, chemistry or magnets to make their tricks come to life? Learn the science behind magician's secrets and then become a magical scientist.

RCC-E6462	Jan 29	(Fri)	6:30 pm-7:30 pm
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Faster than a Speeding Bullet - Weird lights and sounds will dazzle you, and everything you see or hear might not actually be real. We will look at optical illusions, colors, light and sound.

RCC-E6464	Mar 19	(Fri)	6:30 pm-7:30 pm
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Roller Coaster Rides - A fun ride with motion. We will look at physics, balance, flight, energy, and gravity.

RCC-E6463	Feb 26	(Fri)	6:30 pm-7:30 pm
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20,000 Leagues Under the Sea - Ocean waves, tornadoes and miracle fish? It's air and water reacting like you've never seen them. We'll examine air pressure, waves and density.

RCC-E6465	Apr 9	(Fri)	6:30 pm-7:30 pm
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FRIDAY NIGHT CHESS CLUB

Instructor: Ron Cahill

Come and play chess with other kids and teens from the Nashoba/Merrimack Valley area who are interested in the game. Players will be grouped according

to skill and age. We have boards and pieces, but if you have your own, bring it. \$3 per session

Starting Jan 8	Friday nights, ongoing	6:30 pm-8:00 pm
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MORE FRIDAY NIGHT SCOUT BADGE WORKSHOPS

Instructor: Bonnie Rankin

Complete a Scout Merit Badge in a fun Friday evening workshop. Badges will be finished during the scheduled time unless there is work to be done at home. Workshops open to individuals or groups. \$15

Boy Scout Webelos:

RCC-E6466	Communicator Badge	Jan 22	(Fri)	6:30 pm-8:00 pm
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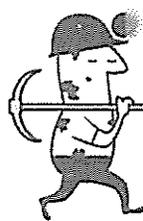
Brownie:

RCC-E6579	Listening To The Past	Mar 5	(Fri)	6:30 pm-7:30 pm
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Junior Girl Scout:

RCC-E6577	Now & Then Stories	Feb 26	(Fri)	7:00 pm-8:30 pm
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RCC-E6578	Women's Stories	Mar 19	(Fri)	6:30 pm-7:30 pm
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NEW! PROSPECTORS MYSTERY ROCK WORKSHOP (AGES 6-11)

Instructor: Staff from Sciensational Science

In this workshop you will get to excavate for valuable gems, fascinating rocks and ancient fossils. All are yours to keep. The identities of the 10 specimens found in your mystery rock have been kept a secret from you.

Your specimens are in a hard clay material the same as the prospectors found. You will have an excavation tool, specimen brush, log book, sorting trays and labels. \$168/\$165

RCC-E6664	April 20 & 21	(Tue & Wed)	9:00 am-4:30 pm
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ROUDY TWIRLERS (AGES 4-14)

Instructor: Maureen Dunn & Staff

Explore the world of baton twirling for the beginner or the continuing twirler. Students will learn to coordinate twirling with music and dance steps. Whether you are new or have twirled before, children will split into groups based on ability. Learn a routine for the May Apple Blossom Parade. Cost of baton \$20, payable to instructor at first class. \$53/\$50

Ages 4-7:

RCC-E6433	Apr 9-May 14	(6 Fri)	4:00 pm-4:45 pm
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Age 8 -14:

RCC-E6434	Apr 9-May 14	(6 Fri)	5:00 pm-5:45 pm
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Special Needs

CHAMPIONS PROGRAMS

Is your son or daughter looking for a socialization program that is fun and rewarding for you both? Learning for Life Champions Program is for both girls and boys with special needs and is offered for children aged middle school and up. Roudenbush Community Center is currently sponsoring both a Boys and Girls Champions. Champions work at their own pace and on areas that are most impactful to the participants. The Learning for Life parent/teacher's resource edition has 57 lesson plans ranging from self-concept, personal/social skills as well as life skills such as safety and manners.

For more information contact

Nadine Briggs 978-392-9865 or nbriggs@socialsmarkkids.com

Dan Bush 978-372-0591 dabush@bsaemail.org

NASHOBA VALLEY SPECIAL OLYMPICS (NVSO)

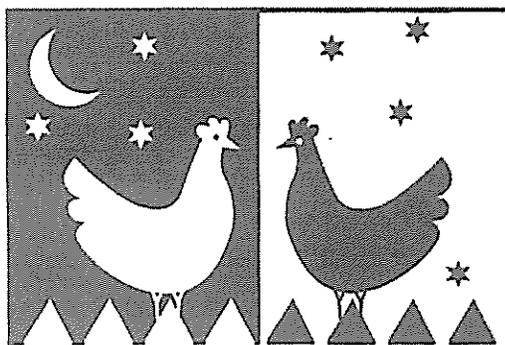
Instructor: NVSO Committee

Location: Different locations during the year

The Nashoba Valley Special Olympics (NVSO) is a program affiliated with Roudenbush Community Center under the guidelines of the MA Special Olympics program serving the greater Nashoba Valley area. NVSO is a local non-profit, volunteer organization, committed to supporting athletes with special needs through training, coaching and competition. There is no cost to join and compete in this program; NVSO relies on fund raising and contributions to pay for training, event fees and other expenses.

NVSO offers soccer in the fall, swimming and basketball in the winter, and track & field in the spring. Other programs and events are offered as well. Check the website below for new offerings and events. NVSO is a Unified Special Olympics program meaning that "athletes" with special needs will be paired with a "partner" (of similar age if possible for both training and competition). If you know a child who would like to participate as a partner, please visit www.nvso.org to sign up and for more info.

For questions, visit www.nvso.org/contact.



We are always looking for new courses.
If you have an expertise or talent you would like to share with the community, please give us a call!
Donna x 222 or Ellen x 231

Fees Non-Resident/Resident

*Teens welcome

Gymnastics

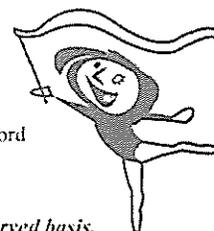
Session C January 27 – March 26

Session D April 5 – June 7

(The majority of classes are 8 weeks long with exceptions noted)

Gymnastics Registration:

Registration for both sessions C & D begins Wednesday, Jan 6 for both Westford residents and non-residents.



All registrations on a first-come, first-served basis.

ROUDENBUSH GYMNASTICS TEAM

A competitive year long program for serious gymnasts who are ready to learn routines and compete in gymnastics competitions. Gymnasts will compete at the prep optional novice or intermediate level. There are additional Team fees for uniforms, competitions and USAG membership. Permission of an instructor or try-out is required to join the Roudenbush Team. \$325

Feb 3-June 16

(Wed)

3:45 pm-6:15 pm

TODDLER GYMNASTICS I

(AGES 1.5 - 2.5 WITH PARENT)

Parents actively participate with their toddlers as they work on developing body awareness and coordination through parent/teacher guided activities including simple exercises, songs, obstacle courses, free play and parachute activities. \$75/\$72 8 wk

C Jan 25-Mar 15, EX 2/15

(8 Mon)

10:00 am-10:40 am

C Jan 27-Mar 17, EX 2/17

(8 Wed)

9:50 am-10:30 am

C Jan 29-Mar 19, EX 2/10

(8 Fri)

9:50 am-10:30 am

D Mar 29-May 24, EX 4/19

(8 Mon)

10:00 am-10:40 am

D Mar 31-May 26, EX 4/21

(8 Wed)

9:50 am-10:30 am

D Apr 9-June 4, EX 4/23

(8 Fri)

9:50 am-10:30 am

TODDLER GYMNASTICS II

(AGES 2.5 -3.5 WITH PARENT)

Parents actively participate with their child as they work on developing gross motor skills, body awareness and coordination through parent/teacher guided activities including simple exercises, songs, obstacle courses, free play & parachute activities. \$75/\$72 8 wk

C Jan 25-Mar 22, EX 2/15

(8 Mon)

10:50 am-11:30 am

C Jan 27-Mar 24, EX 2/17

(8 Wed)

9:00 am-9:40 am

C Jan 28-Mar 25, EX 2/18

(8 Thur)

10:50 am-11:30 am

C Jan 29-Mar 26, EX 2/19

(8 Fri)

9:00 am-9:40 am

D Apr 5-June 7, EX 4/19

(8 Mon)

10:50 am-11:30 am

D Apr 7-June 2, EX 4/21

(8 Wed)

9:00 am-9:40 am

D Apr 8-June 3, EX 4/22

(8 Thur)

10:50 am-11:30 am

D Apr 9-June 4, EX 4/23

(8 Fri)

9:00 am-9:40 am

All locations Roudenbush unless otherwise noted

**TINY TUMBLERS GYMNASTICS
(AGES 3.5-4.5 WITHOUT PARENT)**

An introduction to formal gymnastics. Basic skills and body awareness are taught on floor, beam, bars & vault through exercises, obstacle courses and fun games. Listening, following directions, taking turns & safety are all part of this class. \$75/\$72 8 wk

C Jan 25-Mar 22, EX 2/15	(8 Mon)	12:30 pm-1:10 pm
C Jan 26-Mar 23, EX 2/16	(8 Tue)	9:00 am-9:40 am
C Jan 27-Mar 24, EX 2/17	(8 Wed)	10:45 am-11:25 am
C Jan 27-Mar 24, EX 2/17	(8 Wed)	12:30 pm-1:10 pm
C Jan 28-Mar 25, EX 2/18	(8 Thur)	10:00 am-10:40 am
C Jan 29-Mar 26, EX 2/19	(8 Fri)	12:45 pm-1:25 pm
D Apr 5-June 7, EX 4/19	(8 Mon)	12:30 pm-1:15 pm
D Apr 6-June 1, EX 4/20	(8 Tue)	9:00 am-9:40 am
D Apr 7-June 2, EX 4/21	(8 Wed)	10:45 am-11:25 am
D Apr 7-June 2, EX 4/21	(8 Wed)	12:30 pm-1:10 pm
D Apr 8-June 3, EX 4/22	(8 Thur)	10:00 am-10:40 am
D Apr 9-June 4, EX 4/23	(8 Fri)	12:45 pm-1:25 pm

**TUMBLEBUGS GYMNASTICS
(AGES 4.5-5.5 WITHOUT PARENT)**

Children learn beginning gymnastics skills on floor, balance beam, uneven bars and vault while also building coordination, flexibility and strength through fun activities. Listening, following directions and safety are also part of this class. \$75/\$72 8 wk

C Jan 26-Mar 23, EX 2/16	(8 Tue)	9:50 am-10:30 am
C Jan 26-Mar 23, EX 2/16	(8 Tue)	1:30 pm-2:10 pm
C Jan 27-Mar 24, EX 2/17	(8 Wed)	1:20 pm-2:00 pm
C Jan 28-Mar 25, EX 2/18	(8 Thur)	12:30 pm-1:10 pm
C Jan 29-Mar 26, EX 2/19	(8 Fri)	10:45 am-11:25 am
D Apr 6-June 1, EX 4/20	(8 Tue)	9:50 am-10:30 am
D Apr 6-June 1, EX 4/20	(8 Tue)	1:30 pm-2:10 pm
D Apr 7-June 2, EX 4/21	(8 Wed)	1:20 pm-2:00 pm
D Apr 8-June 3, EX 4/22	(8 Thur)	12:30 pm-1:10 pm
D Apr 9-June 4, EX 4/23	(8 Fri)	10:45 am-11:25 am

KINDER GYM (AGES 5.5 -6.5)

A progressive gymnastics program that teaches boys and girls fundamental gymnastics skills on floor exercises, balance beam, bars, and vault apparatus. Helps build flexibility, strength and coordination. \$80/\$77 8 wk

C Jan 25-Mar 22, EX 2/15	(8 Mon)	9:00 am-9:50 am
C Jan 25-Mar 22, EX 2/15	(8 Mon)	1:20 pm-2:10 pm
C Jan 28-Mar 25, EX 2/18	(8 Thur)	9:00 am-9:50 am
C Jan 28-Mar 25, EX 2/18	(8 Thur)	1:20 pm-2:10 pm
D Apr 5-June 7, EX 4/19	(8 Mon)	9:00 am-9:50 am
D Apr 5-June 7, EX 4/19	(8 Mon)	1:20 pm-2:10 pm
D Apr 8-June 3, EX 4/22	(8 Thur)	9:00 am-9:50 am
D Apr 8-June 3, EX 4/22	(8 Thur)	1:20 pm-2:10 pm

GYMNASTICS FOR FROST

A special class offered for students at Frost Day Care. Children learn beginning skills on all apparatus through fun activities. \$75/\$72

Ages 3.5-4.5 yrs:

C Jan 27-Mar 24, EX 2/17	(8 Wed)	3:00 pm-3:40 pm
D Apr 7-June 2, EX 4/21	(8 Wed)	3:00 pm-3:40 pm

Ages 4.5-6 yrs:

C Jan 27-Mar 24, EX 2/17	(8 Wed)	2:15 pm-2:55 pm
D Apr 7-June 2, EX 4/21	(8 Wed)	2:15 pm-2:55 pm

BEGINNERS/ADVANCED BEG GYMNASTICS (AGES 6-12)

A progressive program with an emphasis on building good basic skills. Children will build greater strength, flexibility and coordination while learning skills on floor exercises, balance beam, bars, and vault. Children are grouped based on their ability. \$88/\$85 8 wk

Ages 6 & up:

C Jan 25-Mar 22, EX 2/15	(8 Mon)	4:00 pm-5:00 pm
C Jan 29-Mar 26, EX 2/19	(8 Fri)	4:00 pm-5:00 pm
C Jan 29-Mar 26, EX 2/19	(8 Fri)	5:05 pm-6:05 pm
D Apr 5-June 7, EX 4/19	(8 Mon)	4:00 pm-5:00 pm
D Apr 9-June 4, EX 4/23	(8 Fri)	4:00 pm-5:00 pm
D Apr 9-June 4, EX 4/23	(8 Fri)	5:05 pm-6:05 pm

Ages 8½ yrs & up:

C Jan 25-Mar 22, EX 2/15	(8 Mon)	5:05 pm-6:05 pm
D Apr 5-June 7, EX 4/19	(8 Mon)	5:05 pm-6:05 pm

INTERMEDIATE GYMNASTICS (AGES 7 & Up)

This class is for serious gymnasts who have mastered the Beginner/Advanced Beginner class. Gymnasts will work on more advanced skills, and routine development as well as flexibility & strength conditioning. Must complete a minimum of one session of Beg/Adv Beg or have permission of an instructor. \$113/\$110 8 wk

C Jan 26-Mar 23, EX 2/16	(8 Tue)	4:00 pm-5:30 pm
C Jan 28-Mar 25, EX 2/18	(8 Thur)	4:45 pm-6:15 pm
D Apr 6-June 1, EX 4/20	(8 Tue)	4:00 pm-5:30 pm
D Apr 8-June 3, EX 4/22	(8 Thur)	4:45 pm-6:15 pm

BOY'S TUMBLING & GYMNASTICS (AGES 5-10)

Have fun and build strength, flexibility and agility with basic gymnastics and tumbling exercises. Ages 5-6 \$75/\$72, Ages 6.5-10 \$80/\$77

Ages 5-6 yrs:

C Jan 29-Mar 26, EX 2/19	(8 Fri)	1:30 pm-2:10 pm
D Apr 9-June 4, EX 4/23	(8 Fri)	1:30 pm-2:10 pm

Ages 6.5-10 yrs:

C Jan 28-Mar 25, EX 2/18	(8 Thur)	3:50 pm-4:40 pm
D Apr 8-June 3, EX 4/22	(8 Thur)	3:50 pm-4:40 pm

NEW! MIDDLE SCHOOL GYMNASTICS (GIRLS)

Build strength, flexibility and coordination while learning skills on floor, balance beam, bars, and vault. All abilities welcomed. \$88/\$85

C Jan 26-Mar 23	(8 Tue)	3:00 pm-4:00 pm
D Apr 6-June 1, EX 4/20	(8 Tue)	3:00 pm-4:00 pm

Community Events

- "The Club" Adult Social Day Program - 65 Tadmuck Road 8:30-4:30 daily. Call 978-692-0803 for info.
- Apple Blossom Festival - May 12-16, Parade Sat. May 15th. For info call Rick McNeil 692-8077.
- Cameron Senior Center - Call 692-5523 or visit www.westford.com, senior center for events.
- WOW Investment Club - Call (978)692-8958 for membership information.
- NAIC Investment Club - Call Patti Mason at (978)692-8958 for membership information.
- Nashoba Youth Hockey - Learn to Skate & Learn to Play Hockey begins 1/17/10. Visit www.nashobahockey.org for info.
- Parish Center for the Arts (PCA), 10 Lincoln Street, Art. Music. Dance. Theatre. Visit www.westford.com/PCA, 692-6333.
- Town Wide Spring Yard Sale - Sat., April 24th (rain date 4/25), at your home. Sign up on-line at Roudenbush.org
- Westford Against Substance Abuse & WPC present "Building Resilience: Giving Children Roots & Wings" Mar. 17th
- Westford Academy - Sr Prom Sat. May 15th, Jr. Cotillion Sat. April 10th, Graduation/Last Night Celebration Fri., June 4th
- Westford Annual Town Election - Tuesday, May 5th; check with Town Clerk for voting locations.
- Westford Conservation Trust - Meets 3rd Thurs of the month @ RCC, 7pm. Call Marian Harman 692-3907 for info.
- Westford Charitable Foundation - 11th Annual Westford Road Race – Sun. May 2nd. Visit www.westford.com/roadrace
- Westford Education Foundation - Mark your calendars for the next Big Event on April 10, 2010, www.WEFweb.org
- Westford Friends & Newcomers Club - please visit www.westford.com/newcomers for a calendar of events & club info.
- Westford Museum & Historical Society - For information on monthly events, visit www.westford.com/museum/lecture.htm
- Westford Parent Connection (WPC) Programs - visit www.westford.com/wpc for info on parent education programs.
- Westford Recycling Commission - Meets 2nd Thurs of the month 7:30 p.m. Visit www.westfordrecycles.org
- Westford Special Election - Tues. January 19th, check with Town Clerk for voting locations.
- Westford Town Meeting - Sat. March 27th, 10:00a.m., Abbot School

REGISTRATION FORM (Checks Payable to TRCCI)

(PARENT) LAST NAME, FIRST NAME		E-MAIL (confirmation, receipt & updates):		
#1 NAME:		CHILD DOB: / /	GRADE:	
#2 NAME:		CHILD DOB: / /	GRADE:	
HOME ADDRESS:		TOWN:	STATE:	ZIP:
HOME #	WORK #	CELL#		
Student #	Class #	Description	Date & Time	Tuition
				\$
				\$
Tax-deductible contribution to scholarships or special projects:				\$
Please list current allergies, medication, physical or medical conditions:				TOTAL \$

SIGNATURE (or parent if child is under 18 yrs of age) _____

Please circle and initial the following (registration will not be completed without initials):

I give permission for photos to be taken at RCC for possible publication. Circle: YES or NO _____

I have read and agree with CED and Gymnastic's class waiver and Medical Waiver on General Information Page 3 _____

The Roudenbush Community Center, Inc.
65 Main Street
Westford, MA 01886

6th Annual American Girl Fashion Show ~ April 9 & 10



Styles of Yesterday & Today

American Girl Fashion Show is a fun filled event for girls and their families, friends, and favorite dolls!

Enjoy new fashions for both you and your doll!

Enjoy delicious light refreshments, and enter to win fabulous door prizes, be a possible "guest model", photo opportunities, new souvenirs, t-shirts and more. Learn how clothing has changed over the years to reflect history, culture and girls' individual styles.

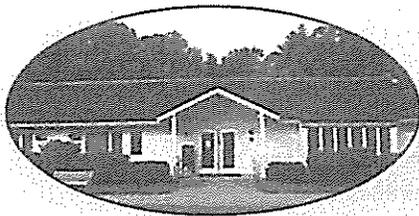


Hosted by The Roudenbush Community Center, Inc.
To benefit Roudenbush Children's Projects Fund



Visit www.roudenbush.org, click on American Girl
for more information & to register

Application for being an American Girl Model will be on-line in January.



Roudenbush Community Center's Adult Social Day Program

65 Tadmuck Road
Westford, MA 01886
(978) 692-0803

Providing elders a social program daily
Monday-Friday 8:30am - 3:30pm

Appendix E:
Preschool Programs Offered at 170 Plain Road

Preschool
TRCCI 170 Plain Rd

License Capacity 63

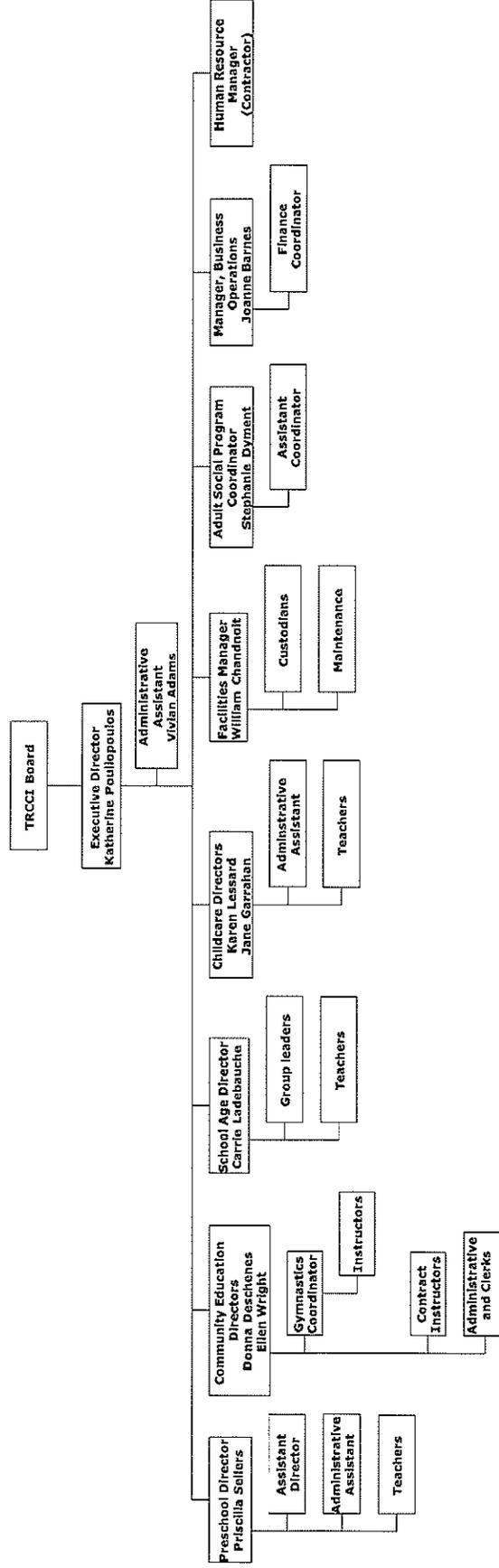
Room 1	Monday	Tuesday	Wednesday	Thursday	Friday
Ages	4 - 5 yrs	3 - 4 yrs	4 - 5 yrs	3 - 4 yrs	4 - 5 yrs
# Children AM	18	18	18	18	18
# Children PM	18	18	18	18	18
Staff	2	2	2	2	2
Room 2	Monday	Tuesday	Wednesday	Thursday	Friday
Ages	4.9 - 7 yrs	4.9 - 7 yrs	4.9 - 7 yrs	4.9 - 7 yrs	4.9 - 7 yrs
# Children AM	18	18	18	18	18
# Children PM	18	18	18	18	18
Staff	2	2	2	2	2
Room 3	Monday	Tuesday	Wednesday	Thursday	Friday
Ages	3 yrs	2.9 - 3.9 yrs	3 yrs	3 yrs	2.9 - 3yrs
# Children AM	18	12	18	18	12
# Children PM	18	12	18	18	12
Staff	2	2	2	2	2
Room 4	Monday	Tuesday	Wednesday	Thursday	Friday
Ages	2 yrs	2 yrs	2 yrs	2 yrs	18m - 2.9
# Children AM	9	9	9	9	9
# Children PM	12	12	12	12	12
Staff	2	2	2	2	2

Appendix F:
Management Structure – Organizational Chart

The Roudenbush Community Center, Inc.

Organizational Chart

(March 16, 2010)



Appendix G:
Management Structure – Staff Biographies

TRCCI Staff Biographies

Katherine Pouliopoulos, Executive Director

Employed as Roudenbush Executive Director for 7 years, 20 years experience in government contract analysis, cost and schedule analysis, budget, and project management. Was a member of the Roudenbush Community Center Committee as board member and chairperson for three (3) years prior to becoming Executive Director.

Education/certifications: Bachelor of Science in Financial Management, First Aid , CPR/AED Certified

Karen Lessard (Tatro), Full Day Childcare Director

Employed at Roudenbush 10 years. 8 years as Director, two years as teacher. 17 years teaching/director experience, and 10 years of budget experience.

Education/certifications: Director II qualified, Lead teacher for infants/toddlers and pre-school. First aid and CPR certified. Maintained EEC and NAEYC accreditation.

Jane Garrahan - Full Day Childcare Director

Employed at Roudenbush for 26 years, 8 years as Director, 18 years as a teacher. 34 years of teaching/director experience, 1 year budget experience.

Education/certifications: BS in elementary education, Graduate work in reading, Lead teacher preschool, Teacher infant/toddler, Director II, first aid and CPR qualified. Maintained EEC and NAEYC accreditation.

Priscilla Sellers, Part-day Preschool Director

Employed at Roudenbush for 15 years, 10 years as Director, 5 years as teacher/lead teacher. Total 23 years of teaching/director experience. 10 years of budget experience

Education/certifications: Associates Degree in Early Childhood Education, Director II, Lead Teacher Preschool and Lead Teacher Infant/ Toddler qualified. First Aid, CPR/AED certified, Epipen Administration Training. Piloted new programs to meet parent and children needs, hired and retained qualified staff. Maintained EEC and NAEYC accreditation.

Ellen Wright, Community Education Manager

Employed at Roudenbush for 12 years, 3 years as Manager and 9 years as Administrative Assistant/Clerk in Community Education Department

Education/certifications: BA in Marketing, Certificate in Banking , CPR/AED Certified

Donna Deschenes – Development & Community Education Manager

Employed at Roudenbush for 3 years. 20 years experience in various daycare, preschool and academia settings.

Education/certifications: BA in Marketing, CPR/AED Certification

Joanne Barnes – Business Manager

Employed at Roudenbush for 1.5 years, 25+ years experience in financial management: government contract management, cost and schedule analysis, budget, and project management.

Education/certifications: Bachelor's of Arts, Early Childhood Education Program, Associates of Science in Business, and CPR/AED qualified

William Chandnoit – Facilities Manager

Employed at Roudenbush for 10 years, 36 years of Facilities/Maintenance Management

Stephanie Dymont – Adult Social Day Activities Coordinator

Employed at Roudenbush for 4 months, 13 years of experience with Alzheimer patients in a similar setting.

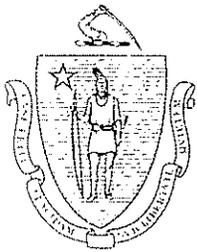
Education/certifications: First Aid, CPR/AED certified, Food Service Preparation course (April 2010)

Vivian Adams – Administrative Assistant

Employed at Roudenbush for 3.5 years, 20+ years of experience in teaching, copy editing and administrative.

Education/certifications: BA in English, AS in Business

Appendix H:
Governing Board – TRCCI Official Non-Profit Documentation



THE COMMONWEALTH OF MASSACHUSETTS
OFFICE OF THE ATTORNEY GENERAL

ONE ASHBURTON PLACE
BOSTON, MASSACHUSETTS 02108

MARTHA COARLEY
ATTORNEY GENERAL

(617) 727-2200
www.mass.gov/ago

ROUDENBUSH COMMUNITY CENTER, INC.
c/o Katherine Pouliopoulos
65 Main Street
Westford, MA 01886

Certificate for Solicitation

This certificate has been issued to the organization listed below because it is current in its filings with the Attorney General's Division of Non-Profit Organizations/Public Charities. This registration in no manner constitutes endorsement or approval by the Commonwealth of Massachusetts or the named organization.

Name of Organization: ROUDENBUSH COMMUNITY CENTER, INC.
Certificate End Date: 11/15/2010
Attorney General's Account Number: 016871

Issued By

The Division of Non-Profit Organizations/Public Charities
Business and Labor Bureau



The Commonwealth of Massachusetts

OFFICE OF THE MASSACHUSETTS SECRETARY OF STATE
MICHAEL J. CONNOLLY, Secretary
ONE ASHBURTON PLACE, BOSTON, MASSACHUSETTS 02108

ARTICLES OF ORGANIZATION (Under G.L. Ch. 180)

ARTICLE I

The name of the corporation is:

The Roudenbush Community Center, Inc.

ARTICLE II

The purpose of the corporation is to engage in the following activities:

Please see attached.

AXJ
Miner

MS
Name
Approved

97-167061

- C
- P
- M
- R.A.

9
P.C.

Note: If the space provided under any article or item on this form is insufficient, additions shall be set forth on separate 8 1/2 x 11 sheets of paper leaving a left hand margin of at least 1 inch. Additions to more than one article may be continued on a single sheet so long as each article requiring each such addition is clearly indicated.

Roudenbush Community Center, Inc.
Articles of Organization
Article IV: Other Provisions
Page 1 of 2

The corporation is organized exclusively for charitable, religious, educational, and scientific purposes, including, for such purposes, the making of distributions to organizations that qualify as exempt organizations under section 501(c)(3) of the Internal Revenue Code, or corresponding section of any future federal tax code.

No part of the net earnings of the corporation shall inure to the benefit of, or be distributable to its members, directors, officers, or other private persons, except that the corporation shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes of the corporation. No substantial part of the activities of the corporation shall be the carrying on of propaganda, or otherwise attempting to influence legislation, and the corporation shall not participate in, or intervene in (including the publishing or distribution of statements) any political campaign on behalf of any candidate for public office. Notwithstanding any other provision of these articles, the corporation shall not carry on any other activities not permitted to be carried on (a) by a corporation exempt from federal income tax under section 501(c)(3) of the Internal Revenue Code, or corresponding section of any future federal tax code, or (b) by a corporation, contributions to which are deductible under section 170(c)(2) of the Internal Revenue Code, or corresponding section of any future federal tax code.

In the event of dissolution of the corporation, the board of directors shall, after paying or making provisions for the payment of all of the liabilities of the corporation, dispose of all the assets of the corporation exclusively for the purposes of the corporation, as the board of directors shall determine, in such manner as required by section 501(c)(3) of the Internal Revenue Code (or corresponding provision of any future United States Internal Revenue law) and in accordance with the statutes of the Commonwealth of Massachusetts by petition to the Supreme Judicial Court of Massachusetts.

No officer or director of the corporation shall be personally liable to the corporation for monetary damages for or arising out of a breach of fiduciary duty as an officer or director notwithstanding any provision of law imposing such liability; provided, however, that the foregoing shall not eliminate or limit the liability of an officer or director to the extent that such liability is imposed by applicable law (i) for a breach of the director's duty of loyalty to the corporation or its members, (ii) for acts or omissions not in good faith or which involve intentional misconduct or a knowing violation of

Roudenbush Community Center, Inc.
Articles of Organization
Article IV: Other Provisions
Page 2 of 2

the law, or (iii) for any transaction from which the officer or director derived an improper personal benefit.

The corporation may, to the extent legally permissible, indemnify each person who may serve or who has served at any time as an officer or director of the corporation against all expenses and liabilities, including, without limitation, counsel fees, judgments, fines, excise taxes, penalties and settlement payments, reasonably incurred by or imposed upon such person in connection with any threatened, pending or completed action, suit or proceeding in which he or she may become involved by reason of his or her service in such capacity; provided that no indemnification shall be provided for any such person with respect to any matter as to which he or she shall have been finally adjudicated in any proceeding not have acted in good faith in the reasonable belief that such action was in the best interests of the corporation; and further provided that any compromise or settlement payment shall be approved by the corporation.

The indemnification provided hereunder shall inure to the benefit of the heirs, executors and administrators of an officer or director entitled to indemnification hereunder. The right of indemnification under this provision shall be in addition to and not exclusive of all other rights to which any person may be entitled.

This provision constitutes a contract between the corporation and the indemnified officers and directors. No amendment or repeal of this provision which adversely affects the right of an indemnified officer or director shall apply to such officer or director with respect to those acts or omissions which occurred at any time prior to such amendment or repeal.

Roudenbush Community Center, Inc.
Articles of Organization
Article VII: Officers and Directors
Page 1 of 2

Officers

Pres
~~Chairperson:~~ Tim Butler
3 Wayne Road
Westford, MA 01886

Vice-Chair: Stella Snyder
16 Drawbridge Road
Westford, MA 01886

clerk
~~Recording Secretary:~~ Peggy Blanchard
18 Boston Road
Box 246
Westford, MA 01886

Treasurer: Cho Chau Li
14 Wayne Road
Westford, MA 01886

Directors

Tim Butler
3 Wayne Road
Westford, MA 01886

Stella Snyder
16 Drawbridge Road
Westford, MA 01886

Peggy Blanchard
18 Boston Road
Box 246
Westford, MA 01886

Cho Chau Li
14 Wayne Road
Westford, MA 01886

Peggy Baranowski
22. County Road
Westford, MA 01886

Roudenbush Community Center, Inc.
Articles of Organization
Article VII: Officers and Directors
Page 2 of 2

Barbara Meader
84 Stony Brook Road
Westford, MA 01886

Charlotte Scott
36 Boston Road
Westford, MA 01886

Jack Viera
12 Kirsi Circle
Westford, MA 01886

The Roudenbush Community Center, Inc.
Articles of Organization
Article II: Purposes

To provide, support, and promote community programs and activities for children, teens, and adults in the areas of education, health, the arts, and physical education.

To engage in all activities in furtherance of or relating to the above-stated purposes which may lawfully be carried on by a corporation formed under Chapter 180 of the General Laws of Massachusetts and which are not inconsistent with the corporation's qualification as an organization described in Section 501(c)(3) of the Internal Revenue Code or corresponding section of any future tax code.

ARTICLE III

If the corporation has one or more classes of members, the designation of such classes, the manner of election or appointments, the duration of membership and the qualification and rights, including voting rights, of the members of each class, may be set forth in the by-laws of the corporation or may be set forth below:

As set forth in the Bylaws.

ARTICLE IV

* Other lawful provisions, if any, for the conduct and regulation of the business and affairs of the corporation, for its voluntary dissolution, or for limiting, defining, or regulating the powers of the corporation, or of its directors or members, or of any class of members, are as follows:

Please see attached.

* If there are no provisions, state "None".

Note: The preceding four (4) articles are considered to be permanent and may ONLY be changed by filing appropriate Articles of Amendment.

ARTICLE V

Bylaws of the corporation have been duly adopted and the initial directors, president, treasurer and clerk or other presiding, financial or recording officers, whose names are set out below, have been duly elected.

ARTICLE VI

The effective date of organization of the corporation shall be the date of filing with the Secretary of the Commonwealth or if a later date is desired, specify date, (not more than 30 days after date of filing).

The information contained in ARTICLE VII is NOT a PERMANENT part of the Articles of Organization and may be changed ONLY by filing the appropriate form provided therefor.

ARTICLE VII

a. The post office address of the initial principal office of the corporation IN MASSACHUSETTS is:

65 Main Street, Westford, MA 01886

b. The name, residence and post office address of each of the initial directors and following officers of the corporation are as follows:

NAME	RESIDENCE	POST OFFICE ADDRESS
President:		

Treasurer: Please see attached.

Clerk:

Directors: (or officers having the powers of directors).

NAME	RESIDENCE	POST OFFICE ADDRESS
- Please see attached.		

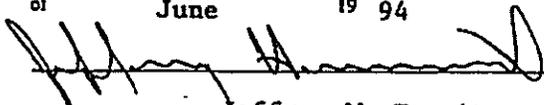
c. The fiscal year of the corporation shall end on the last day of the month of:

June

d. The name and BUSINESS address of the RESIDENT AGENT of the corporation, if any, is:

I/We the below-signed INCORPORATORS do hereby certify under the pains and penalties of perjury that I/We have not been convicted of any crimes relating to alcohol or gaming within the past ten years. I/We do hereby further certify that to the best of my/our knowledge the above-named principal officers have not been similarly convicted. If so convicted, explain.

IN WITNESS WHEREOF and under the pains and penalties of perjury, I/WE, whose signature(s) appear below as incorporator(s) and whose names and business or residential address(es) ARE CLEARLY TYPED OR PRINTED beneath each signature do hereby associate with the intention of forming this corporation under the provisions of General Laws Chapter 180 and do hereby sign these Articles of Organization as incorporator(s) this 16th day of June 19 94


Jeffrey M. Hurwit

NOTE: If an already-existing corporation is acting as incorporator, type in the exact name of the corporation, the state or other jurisdiction where it was incorporated, the name of the person signing on behalf of said corporation and the title he/she holds or other authority by which such action is taken.

468267

THE COMMONWEALTH OF MASSACHUSETTS

1994 JUN 16 PM 2:56

REGISTRATION DIVISION

ARTICLES OF ORGANIZATION
GENERAL LAWS, CHAPTER 180

I hereby certify that, upon an examination of the within-written articles of organization, duly submitted to me, it appears that the provisions of the General Laws relative to the organization of corporations have been complied with, and I hereby approve said articles; and the filing fee in the amount of \$35.00 having been paid, said articles are deemed to have been filed with me this 16th day of JUNE 19 94.

Effective date

Michael Joseph Connolly
MICHAEL J. CONNOLLY
Secretary of State

A PHOTOCOPY OF THESE ARTICLES OF ORGANIZATION SHALL BE RETURNED

TO: Jeffrey M. Hurwit
Hurwit Associates
230 Congress Street
Boston, MA 02110
Telephone: 617-426-2244

BYLAWS
OF
THE ROUDENBUSH COMMUNITY CENTER, INC.



Tim Butler, Chairperson

BYLAWS
OF
THE ROUDENBUSH COMMUNITY CENTER, INC.

March 21, 1994

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The Roudenbush Community Center, Inc.
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BYLAWS
OF
THE ROUDENBUSH COMMUNITY CENTER, INC.

March 21, 1994

ARTICLE 1

General Provisions

1
2 Section 1.1 Name. The name of this corporation shall be The
3 Roudenbush Community Center, Inc., and shall herein be referred to
4 as "the corporation."

5 Section 1.2 Offices. The principal business office of the
6 corporation shall be at 65 Main Street, Westford, Massachusetts,
7 01886. The corporation may also have offices at such other places
8 as the corporation may require.

9 Section 1.3 Fiscal Year. The fiscal year of the corporation
10 shall begin on July 1 and end on the following June 30 of each
11 year.

12 Section 1.4 No Members. The corporation shall have no
13 members. No person now or hereafter designated by the corporation
14 as a "member" for any purpose shall be or be deemed to be a member
15 for purposes of the Articles of Organization or bylaws of the
16 corporation or for purposes of Massachusetts General Law Chapter
17 180 or any other law, rule, or regulation. Any action or vote
18 required or permitted by Chapter 180 or any other law, rule, or
19 regulation to be taken by members shall be taken by action or vote
20 of the same percentage of the board of directors of the
21 corporation.

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ARTICLE 2

Statement of Purposes

The corporation is organized to provide, support, and promote community programs and activities for children, teens, and adults in the areas of education, the arts, and physical education. The corporation may, as permitted by law, engage in any and all activities in furtherance of, related to, or incidental to these purposes which may lawfully be carried on by a corporation formed under Chapter 180 of the General Laws of Massachusetts and which are not inconsistent with the corporation's qualification as an organization described in Section 501(c)(3) of the Internal Revenue Code or corresponding section of any future tax code.

ARTICLE 3

Board of Directors

Section 3.1 Authority. The business and affairs of the corporation shall be controlled and governed by the board of directors, which shall have the right to exercise all powers of the corporation as permitted by law.

Section 3.2 Composition. The Roudenbush Community Center Committee, as appointed by the Selectmen of the Town of Westford, Massachusetts, shall serve in an ex officio capacity as the board of directors of the corporation.

1 Section 3.3 Terms of Office. The terms of office of
2 directors of the corporation shall be exactly coterminous with
3 their terms as members of the Roudenbush Community Center
4 Committee.

5 Section 3.4 Meetings. The board of directors shall hold
6 annual meetings each year and may elect the time and place for
7 annual and other meetings of the board. Other meetings of the
8 board of directors may be called by the chair of the board or by
9 one-half of the directors then in office by delivering notice in
10 writing, of the date, time, place, and purpose of such meeting, to
11 all directors at least three (3) days in advance of such meeting.

12 Section 3.5 Quorum and Voting. One-half of the board of
13 directors shall constitute a quorum for the transaction of business
14 at any meeting of the board. At any meeting of the board of
15 directors at which a quorum is present, a majority of those
16 directors present shall decide any matter, unless a different vote
17 is specified by law, the Articles of Organization, or these Bylaws.

18 Section 3.6 Meetings by Telephone. One or more directors
19 may participate in any annual, regular, or special meeting of the
20 board by means of conference telephone or similar communications
21 equipment by which all persons participating in the meeting are
22 able to hear each other at the same time. Such participation shall
23 constitute presence in person at such meeting.

24 Section 3.7 Action Without a Meeting. Any action required
25 or permitted to be taken at any board meeting may be taken without
26 a meeting if a consent in writing, setting forth the action as

1 taken, shall be signed by all of the directors with respect to such
2 subject matter. Such consent, which may be signed in counterparts,
3 shall have the same force and effect as a vote of the board of
4 directors.

5 Section 3.8 Waiver of Notice for Meetings. Whenever any
6 notice of a meeting is required to be given to any director under
7 the Articles of Organization, these bylaws, or the laws of
8 Massachusetts, a waiver of notice in writing signed by the
9 director, whether before or after the time of the meeting, shall
10 be equivalent to the giving of such notice.

11 Section 3.9 Committees. The board of directors may create
12 such standing and special committees as it determines to be in the
13 best interest of the corporation. The board of directors shall
14 determine the duties, powers, and composition of such committees,
15 except that the board shall not delegate to such committees those
16 powers which by law may not be delegated. Each such committee
17 shall submit to the board of directors at such meetings as the
18 board may designate, a report of the actions and recommendations
19 of such committees for consideration and approval by the board of
20 directors. Any committee may be terminated at any time by the
21 board of directors.

22 Section 3.10 Compensation. Directors as such shall not
23 receive any salaries for their services on the board, but directors
24 shall not be precluded from serving the corporation in any other
25 capacity and receiving reasonable compensation.

1 Section 4.5 Chair. The chair shall preside at all meetings
2 of the board of directors. The chair, or other proper officer or
3 agent of the corporation authorized by the board of directors, may
4 sign any deeds, mortgages, bonds, contracts, or other instruments
5 which the board of directors has authorized to be executed. The
6 chair shall perform all duties incident to the office of chair and
7 such other duties as may be prescribed by the board of directors
8 from time to time.

9 Section 4.6 Vice Chair. There shall be a vice chair, who
10 shall have such powers and perform such duties as shall be
11 designated by the board of directors from time to time. In the
12 absence or disability of the chair, the vice chair shall assume all
13 powers and perform all the duties of the chair until such time as
14 the board of directors shall otherwise direct.

15 Section 4.7 Treasurer. The treasurer, or other proper
16 officer or agent of the corporation authorized by the board of
17 directors, shall have charge and custody of and be responsible for
18 all funds and securities of the corporation; receive and give
19 receipt for moneys due and payable to the corporation from any
20 source whatsoever, and deposit all such moneys in the name of the
21 corporation in such banks, trust companies, or other depositories
22 as shall be selected by the board of directors; and in general
23 perform all of the duties incident to the office of treasurer and
24 such others as may from time to time be assigned by the board of
25 directors. Signatories to accounts held by the corporation shall
26 be designated by the board of directors.

1
2 ARTICLE 10

3 Indemnification

4 The corporation shall indemnify each person who may serve or
5 who has served at any time as an officer or director of the
6 corporation against all expenses and liabilities, including,
7 without limitation, counsel fees, judgments, fines, excise taxes,
8 penalties and settlement payments, reasonably incurred by or
9 imposed upon such person in connection with any threatened, pending
10 or completed action, suit or proceeding in which he or she may
11 become involved by reason of his or her service in such capacity;
12 provided that no indemnification shall be provided for any such
13 person with respect to any matter as to which he or she shall have
14 been finally adjudicated in any proceeding not to have acted in
15 good faith in the reasonable belief that such action was in the
16 best interests of the corporation; and further provided that any
17 compromise or settlement payment shall be approved by a majority
18 vote of a quorum of directors who are not at that time parties to
19 the proceeding.

20 The indemnification provided hereunder shall inure to the
21 benefit of the heirs, executors and administrators of persons
22 entitled to indemnification hereunder. The right of
23 indemnification under this Article shall be in addition to and not
24 exclusive of all other rights to which any person may be entitled.

25 This Article constitutes a contract between the corporation
26 and the indemnified officers and directors. No amendment or repeal

1 of the provisions of this Article which adversely affects the right
2 of an indemnified officer or director under this Article shall
3 apply to such officer or director with respect to those acts or
4 omissions which occurred at any time prior to such amendment or
5 repeal.

6
7 **ARTICLE 11**

8 **Amendments to Bylaws**

9 Article 2 (containing the statement of purposes of the
10 corporation), Articles 3.2 and 3.3 (relating to the composition and
11 terms of office of the board of directors), and this Article 11 may
12 be amended only upon a two-thirds vote of the total number of
13 directors. All other Articles may be amended by a majority vote
14 of the total number of directors.

15
16
17 (End of Bylaws)

Of the provisions of this Article which adversely affects the right of an indemnified officer or director under this Article shall apply to such officer or director with respect to those acts or omissions which occurred at any time prior to such amendment or repeal.

ARTICLE 11

Amendments to Bylaws

Article 2 (containing the statement of purposes of the corporation), Articles 3.2 and 3.3 (relating to the composition and terms of office of the board of directors), and this Article 11 may be amended only upon a two-thirds vote of the total number of directors. All other Articles may be amended by a majority vote of the total number of directors.

Article 3 (containing the Board of Directors of the corporation), Delete Section 3.2 Composition in its entirety and to replace Section 3.2 with a new Section 3.2 to read: Composition and Election. The Roudenbush Community Center Board shall consist of seven (7) members and shall be responsible for overall policy and direction of the Corporation. During the last quarter of each fiscal year of the corporation, the board of directors shall elect Directors to replace those whose terms will expire at the end of the fiscal year. This

election shall take place during a regular meeting of the directors, called in accordance with the provisions of these bylaws. New directors shall be elected by a majority of directors present at such a meeting, provided there is a quorum present. Directors so elected shall serve a term beginning on the first day of the next fiscal year.

Delete Section 3.3 Terms of Office in its entirety and to replace Section 3.3 with a new Section 3.3 to read: Terms of Office. All board members shall serve three-year terms, but are eligible for re-election for an indefinite number of terms.

Amend Section 3.5 Quorum and Voting by replacing the term "One-half of the board" with the term "A majority of the board" in the first sentence.

Amend Section 4.4 Removal by replacing the term "by a vote of one-half of the entire board of directors" with the term "by a majority vote of the board of directors" in the first sentence.

(1/26/10) Amend Article 3 (containing the Board of Directors of the corporation) to read:

Composition and Election. The Roudenbush Community Center Board shall consist of nine (9) members and shall be responsible for overall policy and direction of the Corporation. During the last quarter of each fiscal year of the corporation,

the board of directors shall elect Directors to replace those whose terms will expire at the end of the fiscal year. This election shall take place during a regular meeting of the directors, called in accordance with the provisions of these bylaws. New directors shall be elected by a majority of directors present at such a meeting, provided there is a quorum present. Directors so elected shall serve a term beginning on the first day of the next fiscal year.

(End of Bylaws)

Appendix I:
Special Circumstances – Testimonials

March 15, 2010

The Roudenbush Center gave
me help with childcare of
80 hours.

I deeply appreciate it.

Many Thanks,

Jeri Trney



The Roudenbush Community Center, Inc.

65 Main Street, Westford, Massachusetts 01886-2509
(978) 692-5511

www.roudenbush.org

March 11, 2010

Jill Toney
78 Main Street
Westford, MA 01886

Dear Ms Toney,

I received your request for financial assistance for childcare to enable you to care for your sister Jodi Marchand. You do not meet the requirements of our existing scholarships. Instead, we have decided to offer you childcare for your two children at no cost to you so you can share in the role of caregiver for your sister who was critically injured. This childcare will be for time at Frost not to exceed 80 hours total for both children.

The parameters for your childcare at Frost are:

- Your childcare is available Monday, Wednesday and Friday only
- Between the hours of 9:00 AM and 5:00 PM.
- Both the toddler and infant children must attend at the same time
- Please advise the Directors at Frost in advanced of your attendance

We are very happy to help you in this time of extraordinary circumstances. If you have any questions I can be reached at 978-692-5511, x239. Best wishes from all of us at Roudenbush for a speedy recovery for your sister Jodi.

Sincerely,

Katherine Pouliopoulos
Executive Director

Dear Roudenbush Community,

As I'm sure you have all heard there was a shooting in Westford on February, 1st. My sister, Jody Marchand was injured by her husband Brian and their daughter Olivia was killed at the scene.

Since that moment a family member has been by Jody's side 24 hours a day. We had no idea if she would survive with gun shots to her head. As the days went on her chances of survival seemed possible. She found she does have bullet fragments in her brain requiring her to take anti seizure medication for the rest of her life though it appears it hasn't caused any serious brain damage. The biggest challenges for her are surgeries to repair all of the shattered bones in her face. She has had to have a feeding tube, breathing tube, and jaw wired shut. There are issues of hearing loss. We have been there for her emotional support but also to be able to be her voice. She has been unable to press a call button or ask for any help. Of course, she is terrified to be alone and we need to be there to help her cope with this unbelievable tragedy.

I have a sister and a brother who are trying to juggle jobs and families of their own. We are all trying to be by Jody's side and also to grieve Olivia. We have work to do to help Jody's life in the present; putting her house together if she chooses to return there, find new housing if she doesn't, pay bills, manage her care, meet with lawyers to protect her assets, sort files to find pertinent paperwork, meet with social workers, psychologist, trauma teams, plastic teams. It is endless. She has more surgeries to deal. We also have to plan for Olivia's funeral service. Needless to say we are all maxed out.

Part of the saddest piece is that Olivia was at my house almost everyday for a few hours to be with my children. Between her loss and me not being around this past few weeks they are completely upset which is showing up with sleeping, eating and crying issues. I ask for your help as I don't know where else to turn. My older son Finn is familiar with the Roudenbush Center. We've played there whenever we are allowed; holidays, weekends and after day care hours. The teachers there know who we are. We visited the classroom this past fall though we were having financial problems so I never enrolled him. I dread having him deal with too much more change in his life. I think he will feel secure, loved and at peace a few hours a week in your care. His younger brother Cooper hasn't been away from either of us at all in his life. He has been adjusting to a juggling of people babysitting him this past few weeks. I think it is too much for him too and he needs a consistent routine as well.

My partner Bill is a builder and has been scraping by with this economy over the past few years. We sold a condo in Cambridge to try to hold onto someplace to live last May. Since then we've taken cash advances on credit cards to keep living here. He finally got work this week and will be in Cape Cod for an addition to a house. This means we will have some income but I will have even less help here as he will have to stay on sight given a two hour commute. I've been on disability for an issue with nerve damage. Honestly, I feel like I could completely collapse right now and am holding it together for my family. We would be deeply grateful for anything you can do to help. I don't want my children to have to suffer too.

Many thanks,

Jill Toney

Katherine Pouliopoulos

From: Bonnie Hansen [my4boysandgirl@yahoo.com]
Sent: Tuesday, March 09, 2010 1:08 PM
To: director@roudenbush.org
Cc: preschool@roudenbush.org
Subject: Support for Roudenbush

To Whom It May Concern:

As a parent who has greatly benefited from the Roudenbush Center's preschool programs, I am writing to express my support of its proposal to lease the three buildings where it currently presides. I have five children ages eight and under. My oldest three children spent two years each as preschool students at Roudenbush. My two oldest boys, now ages 8 and 6 and attending the Miller School, entered Kindergarten well-prepared and socialized due to Roudenbush's exceptional teachers and programs.

After my divorce in 2008, Roudenbush granted my family scholarship funds that greatly helped ease a difficult change in my financial circumstances. This kindness was continued the following fall, as I was allowed to keep my son Trey in the extended day Lunch Bunch program at no further cost, enabling me to work from home on Thursday afternoons.

Upon first moving to the Westford in 1999, I remember a neighbor telling us about the great community center in town and all that it offered. The Roudenbush Center is a Westford tradition and landmark. As a family, we have benefited from it's community programs so much. I met some of my closest friends through its New Mother's Group in 2001. Bouncing Babies, Cake Decorating, Lego Engineering: these are just a few of the classes my kids and I have attended and enjoyed. I look forward to the years ahead here in Westford, and am hopeful that the Roudenbush Center will continue to offer its wide gamut of programs and resources to my family.

Sincerely,
Bonnie Hansen

Dear Mr. Poulosoulas,

Thank you for granting my son, Trey Hansen, a scholarship to help me finance the tuition for the rest of the year. Trey is very happily enrolled in the 3 day 3's program at TPL, and this comes as a big help during a difficult time. Your kindness is deeply appreciated.

Sincerely,
Bonnie Hansen

March 8, 2010

Holly A. Messina
102 Chamberlain Road
Westford, MA 01886

Roudenbush Community Center
Westford, MA

Dear Review Committee,

I have been a resident of Westford for 18 years, and I am writing to express my concern for the Request for Proposal for the Roudenbush Community Centers.

My family has benefitted from the Roudenbush Community Center for many years. My first born, twin boys, began their social activities with the "Ellen and Me" program and then completed the pre-school program in 1997.

The RCC and their staff made a huge impact on our lives when my two year old son, Joseph, was diagnosed with a terminal cancer in 2001. We wanted nothing more than to give him the best quality of life and keep his life as "normal" as possible. A big part of this would be to have him attend "school" as his friends did. This was made possible with the help of the wonderful teachers at the RCC whom went above and beyond to keep Joseph healthy, comfortable, and happy.

Joseph had many treatments in and out-of-state. His teachers made up packages for him that included; lessons, crafts, books, and cards (handmade by his classmates). Joseph's teachers also made visits to him when he was unable to come to school. He was always kept informed as to what was going on in the classroom so that when he returned to school he would feel connected. He loved to share his experience(s) at school with his family. I am thankful that he was allowed the chance to have a sense of normalcy in his life other than his treatments.

After my son passed away in 2005, a picnic table was placed in the play area in his memory. My family was honored to see his name in a place he loved so much. I am forever grateful to the teachers, staff and programs for their many years of service and it would be sad to see a change. The Roudenbush Community Center has been an asset to Westford and beyond, for so long.

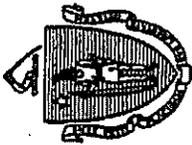
Hopefully, the RCC and staff will be able to continue to share their expertise and services in the future.

Sincerely,

A handwritten signature in cursive script that reads "Holly A. Messina". The signature is written in black ink and is positioned above the printed name.

Holly A. Messina

Appendix J:
Licensing



**THE COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF EARLY EDUCATION AND CARE**

Deval L. Patrick, Governor

Regular License to Operate a Group Child Care Program

Program Number: 212691

License Number: 8122363

In accordance with the provisions of Chapter 28A of the General laws, and regulations established by the Department of Early Education and Care, a license is hereby granted to:

Licensee Name: THE ROUDENBUSH COMMUNITY CENTER, INC.

Program Name: ROUDENBUSH CHILDREN'S CENTER AT NABNASSETT

Address: 170 PLAIN RD WESTFORD MA 01886-0000

<i>Capacity Detail:</i>	<i>Infant</i>	<i>Toddler</i>	<i>Preschool</i>	<i>Mixed Group</i>	<i>IT Mixed</i>	<i>TP Mixed</i>
	0	9	54	0	0	0

Total Capacity: 63

Children Ages: 1 year(s) 3 month(s) to 7 year(s) 0 month(s)

Condition: The group of 9 Toddlers can be converted to a group of preschoolers.

Issue date: 1/29/2010

Expiration date: 1/28/2012

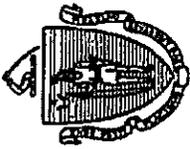
License printed on: 1/29/2010

License#: 2G015

Sherrill Killins, Commissioner

Please Post Conspicuously

This License is Not Transferable



**THE COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF EARLY EDUCATION AND CARE**

Deval L. Patrick, Governor

Regular License to Operate a School-Age Child Care Program

Program Number: 3910542

License Number: 1223099

In accordance with the provisions of Chapter 28A of the General laws, and regulations established by the Department of Early Education and Care, a license is hereby granted to:

Licensee Name: THE ROUDENBUSH COMMUNITY CENTER, INC.

Program Name: ROUDENBUSH CHILDREN'S CENTER @ MAIN ST.

Program Location: 65 MAIN ST WESTFORD MA 01886-2509

Total Capacity: 58

Capacity Detail: Summer: 58

Condition: Ages 6 to 13. Summer and school vacations, only.

Issue date: 11/19/2008

Expiration date: 11/18/2010

License printed on: 11/20/2008

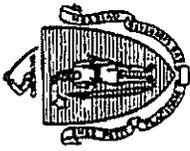
Licensors: 2SG13

A handwritten signature in black ink, appearing to read "Amy Kershaw".

Amy Kershaw, Acting Commissioner

Please Post Conspicuously

This License is Not Transferable



**THE COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF EARLY EDUCATION AND CARE**

Deval L. Patrick, Governor

Regular License to Operate a School-Age Child Care Program

Program Number: 390574

License Number: 1223077

In accordance with the provisions of Chapter 28A of the General laws, and regulations established by the Department of Early Education and Care, a license is hereby granted to:

Licensee Name: THE ROUDENBUSH COMMUNITY CENTER, INC.

Program Name: ROUDENBUSH CHILDRENS CENTER AT ABBOT SCHOOL

Program Location: 25 DEPOT ST WESTFORD MA 01886-2602

Total Capacity: 65

Capacity Detail: Summer: 0

Issue date: 10/31/2008

Expiration date: 10/30/2010

License printed on: 10/31/2008

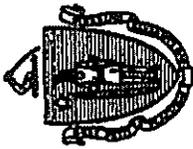
Licenser: 2SG13

A handwritten signature in black ink, appearing to read "Amy Kershaw".

Amy Kershaw, Acting Commissioner

Please Post Conspicuously

This License is Not Transferable



**THE COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF EARLY EDUCATION AND CARE**

Deval L. Patrick, Governor

Regular License to Operate a Group Child Care Program

Program Number: 200893

License Number: 8122339

In accordance with the provisions of Chapter 28A of the General laws, and regulations established by the Department of Early Education and Care, a license is hereby granted to:

Licensee Name: THE ROUDENBUSH COMMUNITY CENTER, INC.

Program Name: ROUDENBUSH CHILDREN'S CENTER

Address: 65 MAIN ST WESTFORD MA 01886-2509

Capacity Details:	Infant	Toddler	Preschool	Mixed Group	IT Mixed	TP Mixed
	0	0	56	0	0	0

Total Capacity: 56

Children Ages: 2 year(s) 9 month(s) to 7 year(s) 0 month(s)

Issue date: 1/22/2010

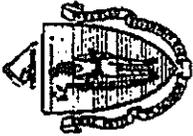
Expiration date: 1/21/2012

License printed on: 1/22/2010
License #: 2G015

Sherri Killins, Commissioner

Please Post Conspicuously

This License is Not Transferable



**THE COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF EARLY EDUCATION AND CARE**

Deval L. Patrick, Governor

Regular License to Operate a Large Group & School Age Child Care Program

Program Number: 200891 License Number: 9000427

In accordance with the provisions of Chapter 15D of the General laws, and regulations established by the Department of Early Education and Care, a license is hereby granted to:

Umbrella Organization: The Roudenbush Community Center, Inc.
Program Name: Roudenbush Children's Center At Frost
Address: 73 MAIN ST, WESTFORD, MA 01886-2509

Total Capacity: 111

Detail:	Infant	Toddler	Preschool	Kindergarten	School Age	IT Mixed	TP Mixed	PS Mixed	KS Mixed
	0	9	84	0	0	18	0	0	0

Children Ages: 0 year(s) to 1 month(s) to 5 year(s) to 0 month(s)

Condition: Mixed infants/toddlers grouping allowed with no more than three infants in each group of nine;
One I/T group of 9 may be converted to a group of 7 infants at which time the center capacity is reduced to 109.

Issue date: 3/2/2010

Expiration date: 3/1/2012

License printed on 3/3/2010

License: 2G015

Sherrill Killins, Commissioner

Please Post Conspicuously

This License is Not Transferable



The Commonwealth of Massachusetts



Town of Westford

Board of Health

55 Main Street, Westford, MA 01886

Phone: (978)692-5509

Fax: (978)392-4497



**PERMIT TO OPERATE
A FOOD SERVICE ESTABLISHMENT: 51-200 SEATS
LICENSE TO SELL/SERVE MILK & CREAM**

In accordance with Regulations promulgated under the authority of
Chapter 94, Section 305A and Chapter 111, Section 5 of the General Laws a Permit is hereby granted to:

**Roudenbush Childrens Center @ Frost
73 MAIN ST
Westford, MA 01886**

Permit #: 305-090139
Issued: 12/28/2009
Valid: 1/1/2010 - 12/31/2010

Darren R. MacCaughey, Director of Environmental Services



The Commonwealth of Massachusetts



Town of Westford
Board of Health
55 Main Street, Westford, MA 01886
Phone: (978)692-5509
Fax: (978)392-4497



**PERMIT TO OPERATE
A FOOD SERVICE ESTABLISHMENT: 51-200 SEATS
LICENSE TO SELL/SERVE MILK & CREAM**

In accordance with Regulations promulgated under the authority of
Chapter 94, Section 305A and Chapter 111, Section 5 of the General Laws a Permit is hereby granted to:

**TOWN OF WESTFORD
170 PLAIN RD
Westford, MA 01886**

Permit #: 305-100157
Issued: 1/6/2010
Valid: 1/1/2010 - 12/31/2010

Darren R. MacCaughey, Director of Environmental Services



The Commonwealth of Massachusetts



Town of Westford
Board of Health
55 Main Street, Westford, MA 01886
Phone: (978)692-5509
Fax: (978)392-4497



**PERMIT TO OPERATE
A FOOD SERVICE ESTABLISHMENT: 51-200 SEATS
LICENSE TO SELL/SERVE MILK & CREAM**

In accordance with Regulations promulgated under the authority of
Chapter 94, Section 305A and Chapter 111, Section 5 of the General Laws a Permit is hereby granted to:

**Roudenbush Community Center
65 MAIN ST
Westford, MA 01886**

Permit #: 305-090127
Issued: 12/28/2009
Valid: 1/1/2010 - 12/31/2010

Darren R. MacCaughy, Director of Environmental Services



The Commonwealth of Massachusetts



Town of Westford
Board of Health
55 Main Street, Westford, MA 01886
Phone: (978)692-5509
Fax: (978)392-4497



**PERMIT TO OPERATE
A FOOD SERVICE ESTABLISHMENT: 0-50 SEATS
LICENSE TO SELL/SERVE MILK & CREAM**

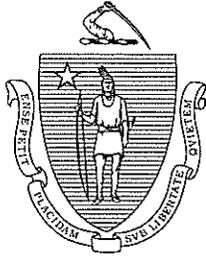
In accordance with Regulations promulgated under the authority of
Chapter 94, Section 305A and Chapter 111, Section 5 of the General Laws a Permit is hereby granted to:

**The Roudenbush Community Center Inc. Adult Day
Program
65 TADMUCK RD
Westford, MA 01886**

Permit #: 305-090112
Issued: 12/23/2009
Valid: 1/1/2010 - 12/31/2010

Darren R. MacCaughey, Director of Environmental Services

Appendix K:
References



The Commonwealth of Massachusetts
House of Representatives
State House, Boston 02133-1054

JAMES ARCIERO
STATE REPRESENTATIVE
CHELMSFORD (3,5,7), LITTLETON, WESTFORD

STATE HOUSE, ROOM 34
TEL: (617) 722-2320
FAX: (617) 722-2415
Rep.JamesArciero@hou.state.ma.us

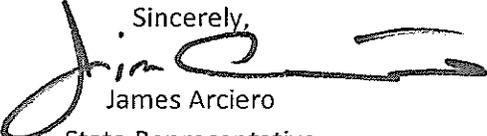
March 1, 2010

To the members of the Roudenbush RFP Review Committee

I am writing to give my strongest support to the Roudenbush Community Center in its bid application to lease three buildings located at 65 Main Street, 73 Main Street and 170 Plain Street, Westford.

The Roudenbush Community Center has been at the center of the social life of the community of Westford for over 30 years. The RCC is a self-funded, non-profit corporation which has enriched the lives of the citizens of Westford and surrounding communities by its offering of diverse social programs and services. These services range from child care, adult social day programs, community education to health, entertainment and promotion of the arts. It is a multifaceted organization which truly enriches the lives of all those who take advantage of its unique mission. I can think of no other organization, public or private, which offers the diversity of programs to meet the needs of the citizens, be they one to a hundred years of age.

The bid by the Roudenbush Community Center will allow for the proper care, maintenance and upkeep of its historical structure and associated property. I wholeheartedly support them in this endeavor and am more than willing to discuss my thoughts and comments on this special part of the Westford community. I can be reached at 978-973-4491.

Sincerely,

James Arciero
State Representative

Architecture
Planning
Interiors
Construction
Management

28 Penniman Road
Boston, MA 02134
TEL 617/782/9131
FAX 617/782/9141
Email info@lpba.com

LPBA Architects, Inc.

Ronald John Alex, AIA
Principal

Barbara Thornton, MCP, MBA
Senior Planner

Francesco Garofalo, AIA
Principal

March 9, 2010

Katherine Pouliopoulos, Director
Roudenbush Community Center
65 Main Street
Westford, MA 01886

Re: Roudenbush Community Center
Letter of Support and Recommendation

Dear Katherine,

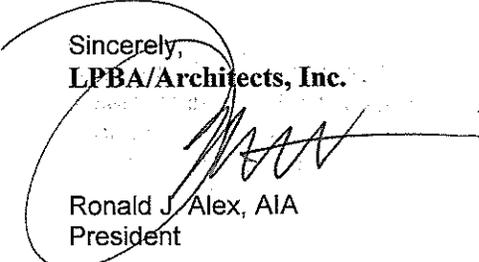
LPBA/Architects, Inc. is pleased to express our gratitude to you and your staff for LPBA design and construction work that has been completed at Roudenbush Community Center. Your efforts to bring superior performance and excellent quality to the historic exterior building envelope, including new and re-use of existing slate roof, restoration to the cupola, wood trim, wood siding and replicating original details during the last historic preservation project has been very successful.

Under your direction you have provided improvements to the building that adds long term value through quality design and construction workmanship and insures near maintenance –free building performance with long life cycle accomplishment.

LPBA's design skills and construction administration efforts promoted the success of this project for which recently originated under your direction. Your staff is commended on the effort and attention that assured the completed project the highest quality workmanship, within budget, and noteworthy- the continuous operation of the Center's activities with no schedule restrictions. Your assistance in achieving the Center's goals, and working favorably with tough hidden conditions while in construction did not go unnoticed.

My recommendation and support of your ability to physically maintain the Center is without reservation. I recommend to any client or public authority that inquires of your ability to run the physical operations of the Center to be of high regard, and others could benefit from your professional sensitivity to your long term approach to construction and maintenance services. We look forward to working together on future projects that are beneficial to you and the Roudenbush Community Center.

Sincerely,
LPBA/Architects, Inc.


Ronald J. Alex, AIA
President

Roudenbush/"D" DR. LPBA/MGMT/Recomm

EMS 2000, INC.

51 Griffin Road, Westford, MA 01886

Phone/Fax: 978-692-2358

E-mail: ems2000inc@verizon.net

March 11, 2010

Roudenbush Community Center Review Committee
Roudenbush Community Center
65 Main Street
Westford, MA 01886

Attention: Katherine Pouliopoulos

As far back as 1990, we started to offer our CPR and First Aid Classes through the RCC. Over the years there have been staff changes, but the transitions have never interfered with the day-to-day operations or their on-going commitment to offer their valuable service.

Having worked in the Emergency Medical and Firefighting field for thirty plus years has given us the opportunity to develop some teaching programs that enhance our knowledge, bring us together and have fun sharing our skills. All of our staff are trained above the level we instruct. This includes Emergency Medical Technicians, Firefighters, Paramedics and Registered Nurses.

The RCC has always offered a welcomed atmosphere for the public to gather for all types of instruction. Over the years, we have always supported the efforts to continue this important center for our town and its people with recommendations and by contributing to their fund raising efforts.

If you would like the opportunity to discuss our association, please feel free to call.

Sincerely,


Bob Benoit, EMT, I/C

Ret. State Rep. Geoffrey Hall
1 Pershing Street
Westford, MA 01886

March 11, 2010

Roudenbush RFP Review Committee

It is my pleasure to express my support for The Roudenbush Community Center Inc. and their bid for the Town of Westford RFP. Roudenbush has proven to be a valuable community asset in many areas such as community education, preschool, childcare, and their incredible support of many community efforts. For more than 30 years, endeavors such as food drives, holiday collections, warm clothing, blood drives, and so much more are a big part of the Roudenbush tradition. Roudenbush strives to meet the needs of many diverse community members with their versatile talents and enthusiasm. From infants to our senior community, they will rise to any occasion to participate in activities that serve to help those in need.

The continuance of Roudenbush to be located in these three historical buildings will also assure the care and pristine maintenance of these structures at the highest level, as seen by past performance. The attention to detail in all aspects of this non-profit organization, both business oriented and their sense of community, has made Roudenbush Community Center a highly respected establishment of the Town.

This remarkable organization has been a part of my life, and my family's lives, for many years. As a resident of Westford, I fully endorse the continuance of Roudenbush Community Center, Inc. in these three buildings. I'm certain the Roudenbush staff will continue their mission in the Town of Westford, and I look forward to their continued success for many years to come.

As a former Selectman for Westford and State Representative for the town, I fully endorse this RFP request.

Respectfully Yours,

A handwritten signature in black ink, appearing to read 'Geoffrey D. Hall', written over a horizontal line.

Geoffrey D. Hall

Retired State Representative



Joanne Sheehan
Director of Elder Services

Westford Council on Aging

Cameron Senior Center
20 Pleasant Street, P.O. Box 2223
Westford, MA 01886-5323

(978) 692-5523
(978) 692-5589
Fax: (978) 392-4992
e-mail: JSheehan@westfordma.gov

March 10, 2010

Dear RFP Review Committee:

It is my pleasure to express my sincere support for The Roudenbush Community Center Inc. and their bid for the three buildings located at 65 Main St., 73 Main St. and 170 Plain Rd. in Westford. I have worked closely with Katherine Pouliopoulos, Executive Director and others in the Roudenbush team for over twenty years. Specifically, we have coordinated and worked together regarding the Adult/Senior Program initially developed by my organization. The town of Westford requested Roudenbush to create a similar program to the one established in order to fill a gap that Westford could no longer afford to support due to budget constraints. This transition went smoothly, and Roudenbush created a wonderful program to support our seniors in a safe, well supervised environment with nurturing and stimulating staff. They stepped up to take on a program that was costly and not profitable in order to meet the needs of these seniors and their families. This program, affectionately called "The Club", is an environment where seniors can meet and socialize with other seniors. Roudenbush contracts with our organization for a van for daily transportation as well.

In addition, Roudenbush is a passionate organization with a staff that is willing to step up and pitch in wherever the need may be. They have provided tremendous support in our efforts to stock our food pantry by holding many food drives, have participated in our annual Thanksgiving and Christmas collections to provide food, necessary warm clothes, and gifts for selected families from the local community, along with Easter baskets for the children of our community each spring.

I believe strongly that Roudenbush is a valuable participant in our community and fully support their continuing this mission in Westford. It has been a pleasure working with these professionals, and I look forward to continuing in the future.

Thank you for your consideration, and please feel free to call me with any questions you may have at 978 399-2323.

Sincerely,

Joanne Sheehan,
Director of Elder Services



TOWN OF WESTFORD
HEALTH DEPARTMENT

23 Depot St.
WESTFORD, MA 01886
(978) 692-5509 FAX (978) 392-4497

March 11, 2010

To the RFP Review Board,

This letter affirms that I believe that the Roudenbush Community Center (RCC) meets the requirements of the RFP.

The Westford Board of Health/Health Department has had a mutual and beneficial relationship with RCC for over 25 years. RCC and the Health Department have partnered in hosting the annual American Red Cross blood drive, various community health and wellness clinics, including mammograms, pap smear and well child clinics. They have provided space for our annual flu clinics, numerous educational programs, and public health events. They have been flexible with their scheduling. To satisfy community needs and for the convenience of our residents, the RCC staff offer many events on weekends and evenings. The RCC routinely promote our events in their brochure, which reaches every household in town.

RCC also supports community fundraising efforts. For the past three years, they helped Westford Against Substance Abuse by selling WASA Christmas ornaments. They also allowed us to display health education materials. Most recently, the RCC enabled us to distribute emergency survival kits to the residents who purchased them.

RCC also helped us tremendously when the Westford town hall was abruptly closed due to structural problems and the Board of Health needed office space. The Roudenbush School Age program had occupied four rooms in the Millennium. They reduced their space to two rooms to provide office space for the Health Department.

I have been the Health Care Consultant for their Child Care programs. In this capacity, I review and approve their child-care policies and procedures. They always adhere to the health-care policy requirements of the Department of Early Education and Care, the Massachusetts Department of Public Health, and the Health Department.

Roudenbush has provided wonderful service to this community over the past 35 years. Many residents eagerly participate in their programs. I look forward to continuing this long standing relationship

Sincerely,

Sandy Collins R.N.

Sandy Collins, R.N.
Director of Health Care Services



Enterprise Bank

March 12, 2010

RE: RFP for Building at 65 Main Street, 73 Main Street & 170 Plain Road

Dear RFP Review Committee:

I am writing in reference to the above-mentioned RFP for the Roudenbush Community Center, Inc. Roudenbush has been my customer for ten years, and I have nothing but the highest praise for their mission and what they provide to the residents of Westford. This wonderful and vital organization has been a part of my life both as a resident of Westford and a business professional.

I have seen first hand their attention to detail: professionalism and business acumen demonstrated in all aspects of their business management. As Roudenbush's banker, I have found them to be conscientious and careful with all aspects of fund management. They have been a self-funded organization for many years, and from all indicators they will continue to be financially self-sustaining based on their past performance. Roudenbush has attended many of the informational seminars we have offered at Enterprise Bank to further educate their staff. They have attended programs on financial and technology safety: online technology: and business workshops aimed at maintaining a healthy business environment in a tough economy.

All three of the historic buildings they are operating in have been beautifully restored and are impeccably maintained. It is a pleasure when I visit them to see what they have accomplished. Their engaging community education programs, preschool and childcare operations provide a necessary component of Westford's well rounded offerings as a community. As a previous resident of Westford, I can speak first hand to their success.

In addition to their business management, their care and concern for all those they serve is apparent in their participation in town activities that serve to help those in need. Their willingness to jump in and get the job done no matter the cause sets them apart and further establishes them as a first-rate business to support in their bid to continue in their buildings.

Roudenbush is a caring and professional organization that I fully endorse. Thank you for your consideration of their RFP and please feel free to contact me at 978-656-5557 should you want me to expand in more detail to any of the above.

Sincerely,

A handwritten signature in cursive script that reads "Sarah Duffy".

Sarah Duffy
Vice President
Branch Relationship Manager II

Brian J. Stafford, CPA, MST
12 Preservation Way
Westford, MA 01886

March 10, 2010

TOWN OF WESTFORD
23 Depot Street
Westford, MA 01886

RE: Roudenbush Community Center - RFP
Letter of Reference

Dear Sirs/Mesdames:

While still living in Lowell, Massachusetts, over twenty years ago, my family first looked throughout the area for a preschool program for my daughter, Caitlin.

After a review of the programs and on site evaluations, we chose Roudenbush. It was a major reason we moved to Westford.

Fifteen years later, we chose it for my son, Sean. We were so pleased that a number of the teachers and other employees were still there. A couple of them have become life long friends. Experience and ability has always been consistent. Sean has a number of food allergies, including peanuts, and this was always handled professionally and with great attention.

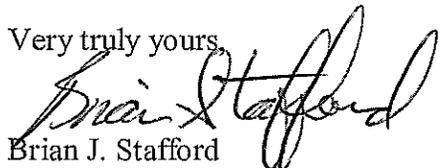
We have also availed ourselves of many of the other programs which have served to enrich our lives. The program brochure is always reviewed when it arrives in our mailbox. The range of subject matter and broad appeal attracts each family member, not just the children.

There are many comments I could make, but these are just a few on all that Roudenbush means to the community.

I would strongly suggest that Roudenbush be selected to continue its exceptional work and create more memories for the families that utilize their services.

If you have any comments or questions, or I can be of further assistance, please contact me.

Very truly yours,


Brian J. Stafford

Enc.

BRIAN J. STAFFORD, CPA, MST

Partner

bstafford@sgacpa.com

PROFESSIONAL: Public accounting since 1973
CPA Licenses - Commonwealth of Massachusetts, State of New Hampshire
American Institute of Certified Public Accountants (AICPA), Tax Division
And Personal Financial Planning Divisions
Massachusetts Society of Certified Public Accountants (MSCPA)
New Hampshire Society of Certified Public Accountants (NHSCPA)
Commonwealth of Massachusetts - Notary Public

EDUCATION: Bentley College, Master of Science in Taxation (MST)
Winner of MAPA Scholarship
Boston College, BS Degree in Accounting
Keith Academy

PRESENT AND PAST AFFILIATIONS:

Battles Home, Board of Directors
Bentley College, Graduate Student Association Representative
Butler Bank, Board
Chelmsford Rotary Club Inc., Board
Cub Scouts, Treasurer / Girl Scouts, Leader
Dare Inc., Board
Girls Incorporated, Board, Treasurer, Chair of Finance
Greater Lowell Community Foundation, Inc., Board, Officer
House of Hope, Board
House of Hope Housing Inc., Board, Treasurer
Lowell Association for the Blind, Inc., Board, President
Lowell Boys and Girls Club, Incorporator
Lowell Five Cent Savings Bank, Corporator
Lowell General Hospital, Board, Committee Chairs, Finance Committee
Lowell Plan
Mass. Society of CPA, North Shore
Merrimack Repertory Theatre, Inc., Board of Trustees, Treasurer
Merrimack Valley Catholic Charities, Board
Merrimack Valley Estate Planning Council, Inc., Board, President
Middlesex Community College, Advisory Board
Northern Middlesex Chamber of Commerce, Boards
Saints Memorial Medical Center, Board of Governors
Shirley Co-operative Bank, Advisory Board
St. John's Hospital Mens Guild
St. Margaret's Holy Name League, President
United Way of Merrimack Valley, Inc. – Boards
Visiting Nurse Association (VNA) of Greater Lowell, Board,
VNA Hospice, Board, President, Finance Committee
Westford Teen Center, Board, Treasurer
Westford Youth Sports – Coach – Various Sports

REFERENCES: Professional and personal references are available upon request.



Joanne Sheehan
Director of Elder Services

Westford Council on Aging

Cameron Senior Center
20 Pleasant Street, P.O. Box 2223
Westford, MA 01886-5323

(978) 692-5523
(978) 692-5589
Fax: (978) 392-4992
e-mail: JSheehan@westfordma.gov

March 10, 2010

Re: RFP for Building at 65 Main Street, 73 Main Street & 170 Plain Road

Dear RFP Review Committee:

It is the Council on Aging pleasure to express their sincere support for The Roudenbush Community Center Inc. and their bid for the three buildings referenced above. Roudenbush has had a working relationship with the Council since their inception. They were the facility that housed many card games and other activities prior to the town supporting a Senior Center. We have worked closely with Avis Hooper through the present Executive Director, Katherine Pouliopoulos for many years. Recently, we have coordinated and worked together regarding the Adult/Senior Program initially developed by the Council on Aging. The town of Westford requested Roudenbush to create a similar program to the one established in order to fill a gap that Westford could no longer afford to support due to budget constraints. This transition went smoothly, and Roudenbush created a wonderful program to support our seniors in a safe, well supervised environment with nurturing and stimulating staff. They stepped up to take on a program that was costly and not profitable in order to meet the needs of these seniors and their families. This program, affectionately called "The Club", is an environment where seniors can meet and socialize with other seniors. Roudenbush contracts with our organization for a van for daily transportation to "The Club" as well.

In addition, Roudenbush is a passionate organization with a staff that is willing to step up and pitch in wherever the need may be. They have provided tremendous support in our efforts to stock the Westford Community Food Pantry by holding many food drives, have participated in our annual Thanksgiving and Christmas collections to provide food, necessary warm clothes, and gifts for selected families from the local community, along with Easter baskets for the children of our community each spring.

We believe strongly that Roudenbush is a valuable participant in our community and fully support their continuing this mission in Westford. It has been a pleasure working with these professionals, and we look forward to continuing in the future.

Thank you for your consideration.

Sincerely, 

Helena Crocker, Chairperson
Council on Aging

Nikopoulos

INSURANCE AGENCY

206 Ayer Road • P.O. Box 671 • Harvard, MA 01451 • (978) 456-9700 TEL • (978) 456-9170 FAX

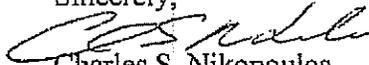
March 5, 2010

RE: The Roudenbush Community Center, Inc

To Whom It May Concern:

I have been the Insurance broker for the past five years and have always had an excellent working relationship with Katherine Pouliopoulos and her team. They are very competent and professional organization who strive to be efficient and prudent with the insurance program. On a personal note, our daughter takes drama lessons at The Roudenbush and it's been a pleasant experience for her. The teachers take an interest in the children they are dealing with and bring out the best in them. If you have any question or concerns regarding the integrity of The Roudenbush Community Center, Inc., please give me a call.

Sincerely,



Charles S. Nikopoulos
President

**NEW ENGLAND
COOLING TOWERS**

HVAC/BOILERS/MECHANICAL

62 Westech Drive

Tyngsboro, MA 01879

Phone (978) 649-6001

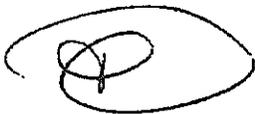
Fax (978) 649-5653

March 5, 2010

To Whom It May Concern:

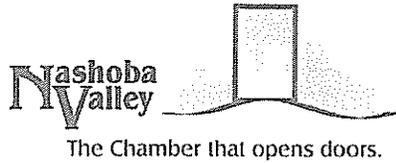
Roudenbush has been a customer of New England Cooling Towers, Inc for approximately 20 years. We have serviced the HVAC equipment at Roudenbush School, The Nab Building and the Frost School. Roudenbush has been a great customer, and has always made prompt payments toward their account. Not only has my company serviced the schools but, on a personal basis I have three children who utilize the services that Roudenbush has to offer. The array of services that the program has to offer is impressive. Toddler Programs, Adult programs, Arts, Crafts, Trips to name a few. I would be very happy to see Roudenbush expand. I feel as though their services have been a great asset to our community.

Sincerely,



Lawrence T. Murphy
President

Lm/tr



100 Sherman Ave., Suite 3
Devens, MA 01434
978-772-6976
Fax 978-772-3503
www.nvcoc.com
director@nvcoc.com

March 11, 2010

On behalf of the Nashoba Valley Chamber of Commerce, it is my pleasure to write a letter in support of Roudenbush Community Center.

In 2007, the Nashoba Valley Chamber of Commerce recognized Roudenbush Community Center as a recipient of the Roy L. Jeannotte Award for Outstanding Company or Organization.

*EXECUTIVE
COMMITTEE*

Mike Gervais
President

Joe Harrington
Vice President

Marcia Fernald
Secretary

Dexter Stevens
Treasurer

Scott Lathrop
Past President

Warren Chase
At-Large

Savas Danos
At-Large

Melissa Fetterhoff
Executive Director

Since 1897, the former Westford Academy Building at 65 Main Street has provided a road to life-long learning, family activities and community care and service programs. The building became "Roudenbush" in fall of 1975. For over 100 years that building has been a landmark of education and public care for the residents and businesses in and around Westford.

Roudenbush's mission is to give back to the community, which is why they received the Roy L. Jeannotte Award in 2007 from the Chamber. They have partnered with the First Parish Church to support the wonderful farmers market, supporting local farm families and fostering community support.

Roudenbush also has a Special Olympics Program where they work with children from ages seven to fourteen with special needs, offering soccer, basketball and tennis.

In addition, Roudenbush collects winter hats, mittens, coats, etc. to distribute to the Westford Senior Center for families in need.

These are just a few of the many wonderful things Roudenbush has provided to the residents and businesses of Westford. We are proud to have such an organization in the Nashoba Valley Region.

Sincerely,

Melissa Fetterhoff
Executive Director

Premier Sponsor

NORTH MIDDLESEX
SAVINGS BANK
Banking at its personal best.

Elizabeth Adams
63 Main St.
Westford, MA 01886
978-692-5216
email: lizadams@earthlink.net

March 8, 2010

Roudenbush Community Center Review Committee
Roudenbush Community Center
65 Main St.
Westford, MA 01886
Attn: Katherine Poulipoulos

Re: RFP for operation at "Frost," "Old Nab," and "Roudenbush at Main"

To Whom It May Concern:

It is my pleasure to write in support of the Roudenbush Community Center's bid to operate at the town-owned facilities referenced above. I have been Roudenbush's next-door neighbor on Main St. since 1999, and have both taught and taken classes at the Main St. location; my family members have also availed themselves of Roudenbush's offerings at other locations over the years.

In all this time, RCC has consistently maintained the buildings under their care with conscientiousness and thoughtfulness for the buildings' uses, as well as sensitivity to their historical value to the Town. They have maintained the accompanying grounds with equal care and consideration, from clearing leaves and brush in the spring and fall, to ensuring speedy snow removal in our protracted and sometimes challenging winters. The buildings are consistently warm, clean, and welcoming. I fully support the RCC's bid to operate at these locations, or indeed any other, and urge your favorable consideration of their proposal.

Sincerely,

A handwritten signature in black ink, appearing to read "E. Adams", written in a cursive style.

Elizabeth M. Adams

Jonathan Bollen & Jane Calvin

64 Broadway Street, Westford, MA 01886
(978) 692-0687 jcalvin@prospeed.net

March 8, 2010

Dear Roudenbush RFP Evaluation Task Force,

When deciding where to buy a house in 1998, one of the strong deciding factors was that the community of Westford supported a strong community center with diverse programming that met a cross-section of needs within the town. We wanted to *invest* in a town that had a strong sense of community, as exemplified by Roudenbush Community Center, Inc. We immediately became involved in programming at Roudenbush, attending classes as divergent as exercise programs, floral arranging, and childbirth classes. By late 2002 our first child was enrolled in childcare at Frost. Frost was attractive to us because of the longevity of the staff, its location in a historic school, and its quality programming. Since, our oldest child has transitioned into the School Age Program at Abbott and our youngest is still at Frost.

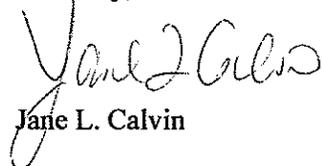
Roudenbush fills a unique niche in a town such as Westford. While education has certainly been at the core of our involvement, we have also seen programs fostered by Roudenbush grow to become community centers in and of themselves, such as the Farmer's Market. Having a strong community-based non-profit that can step-in in crises, celebrations, unforeseen challenges alike to support community-based projects is critical to the fabric of a town like Westford. Whether supporting calendar sales for the local land trust, conducting a food drive, or collecting clothing, Roudenbush has continually risen above itself to meet community needs.

As Executive Director of a small non-profit in Lowell for fifteen years, I can attest to how well-run Roudenbush is. I have been continually impressed by their care of the historic buildings I step into nearly every day. In Lowell, one of my responsibilities is to oversee the 1760 Spalding House and its restoration. I have been impressed by the continual care of both the interior and exterior of each building, especially Frost. Whether rugs, siding, or windows, each major project has been done professionally and in a well-coordinated manner that did not disrupt daily programming. The care of historic buildings is daunting in and of itself, not to mention operating essential community programs at the same time. I am pleased to see that my investment in childcare at Roudenbush has also helped to protect these historic buildings

Roudenbush Community Center has continually excelled in its ability to meet community needs. One of the best indicators of the strength of a non-profit and its roots in the community is the dedication and longevity of its staff. This is what attracted us to move our oldest child from one childcare center in Westford to Roudenbush at Frost.

As you consider your selection of the appropriate entity to carry on the tradition of Roudenbush, we urge you to consider its long history of programming to meet community needs, the quality of its staff, and the impact your decision will have on families such as ours that have chosen to invest in a community that supports such institutions that have made Westford what it is today.

Sincerely,


Jane L. Calvin


Jonathan Bollen

Katherine Pouliopoulos

From: Debbie Armstrong [familyarmstrongs@comcast.net]
Sent: Monday, March 08, 2010 9:31 PM
To: director@roudenbush.org
Cc: 'Joanne Barnes'
Subject: Letter of Recommendation

March 8, 2010

I am writing to express my support and appreciation for the Roudenbush Community Center and the programs it provides to the town of Westford and surrounding communities. As residents of Westford for 10+ years, my family and I have had many opportunities to take advantage of the wonderful programs offered by Roudenbush. The center has a wide variety of offerings geared toward meeting the needs and interests of children and adults of all ages. Through Roudenbush our two young children were introduced to beginner-level sports including soccer, tennis and softball as well as gymnastics. Over the years, they enjoyed science programs, Lego building, arts and crafts and princess parties among other activities. We consistently found the programs entertaining, interesting, and stimulating for the children. The instructors were always knowledgeable, competent, kind, caring, and engaging. The children loved attending the various activities and we always felt the classes were a good value for the money.

Over the past year, I had the opportunity to be involved with the Adult Day Program ("The Club") offered at the Felix Perrault building. The program was enormously helpful for me and for my family. My elderly mother had come to live with us in the summer. At the recommendation of one of her visiting nurses, I enrolled her in "The Club." The program provided a means for her to meet and socialize with other seniors in the community and to receive a level of stimulation and activity that I was not always able to provide in a busy home. It also allowed me to continue in a part-time job knowing my mother was in a safe well-supervised and pleasant environment. The staff was outstanding in helping keep Mom involved and interested in activities even as her physical and cognitive state declined. I always felt that she was in caring, capable hands. The staff kept me well informed as to her well-being and status on a daily basis. It was in large part due to this program that we were able to keep my mother in our home to care for her. Even after she underwent a significant physical set-back, the staff offered to work with us to help her continue in the program. Sadly, Mom passed away at the beginning of the year, but we remain extremely grateful for the kind and compassionate staff at the Adult Day Program and the care and help they provided.

It is our hope as a family that the Roudenbush Center and its fine staff will continue to offer its many wonderful services to the town of Westford for many, many years to come.

Sincerely,
Debbie Armstrong
10 Jennie Richards Road

March 8, 2010

To whom it may concern,

I am writing to express my support for the Roudenbush Community Center, Inc. and its proposal to continue occupying the three buildings located at 65 Main Street, 73 Main Street, and 170 Plain Road. Roudenbush has been a huge part of the community for more than 30 years, and I think it would be in everyone's best interest for them to remain in those buildings.

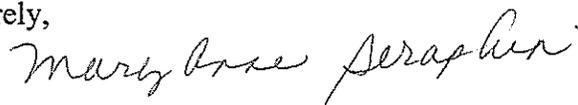
My youngest child attends preschool at 65 Main Street. He loves it there, and so do I. The teachers are fantastic. My son loves both that playground and the one at the Frost School. The outdoor space was a selling point for us in choosing a preschool. Central location was also important.

My son has also taken several gymnastics classes at 65 Main Street. The price, location, and instruction can't be beat for what my family needs.

I have been involved with Roudenbush in a professional capacity, as well, in my role as president of the Westford Parent Connection. The front office staff has been a tremendous help to us. Participants have been able to purchase less-expensive advance tickets, as well as season passes. Without the RCC front office staff, our attendance may be adversely impacted. The 65 Main Street facility is a great location, and the office hours are convenient, too. They have also allowed the Westford Parent Connection to hold board meetings when space is available. Since members are scattered around town, the 65 Main Street facility works very well for us.

Please feel free to contact me with any questions or concerns. Thank you for your consideration.

Sincerely,



Mary Anne Seraphin

12 Swedes Crossing

Westford, MA 01886

mseraphin@comcast.net

President, Westford Parent Connection

www.westford.com/wpc/

1 Swedes Crossing
Westford, MA 01886
7 March 2010

The Roudenbush RFP review committee

To Whom It May Concern:

We are writing in support of The Roudenbush Community Center Inc's efforts to remain in Westford, operating as it does today (in the same buildings, and under the same organization). We have had our children at Frost, and now the Roudenbush School Age program since early 2004. Our daughter began in the Infant Room at Frost when she was approximately 5 months old and attended five days per week through Kindergarten. She is now in 1st grade, and attends the School Age Program several afternoons per week. In addition, our middle son has attended Frost since he was 4 months old, and is now in the Pre-K Room (again, 5 days per week). Our youngest son started at Frost when he was 3 months old, and is now in the Pooh's Place Room where he attends 5 days per week.

We feel so lucky to have chosen Roudenbush@Frost as our childcare option from the start. Our three children have always had the highest quality care at Roudenbush@Frost, and we feel the environment has enabled them to thrive. The teachers are caring, responsible, communicative, and compassionate. They have always sought to work with our family to ensure that we are consistent in the messages and discipline for our children, both at home and at school. While at the Roudenbush@Frost programs, our kids have been exposed to so many diverse creative, educational, and cultural opportunities that they would never have had otherwise. Lastly, the directors at Roudenbush@Frost are very receptive to feedback, and are constantly seeking to improve the program in any way they can.

As our daughter transitioned to Westford public school kindergarten, we felt as though she had an advantage over her classmates in that she had already been exposed to the educational and social environment at Frost, and her transition was very easy, as we expect it will be with our two sons.

Our oldest two children have both taken several gymnastics sessions each, and we have been very pleased with that program as well.

We have never been anything less than super impressed with Roudenbush@Frost and the School Age Program. It has always been very apparent that our children have had the highest quality care, and have been in an educational environment where they are stimulated and always learning. We cannot imagine any other group being better suited to run a similar organization, and are fearful that we may have to consider lesser quality options if the Roudenbush Community Center Inc. organization were not able to continue

to operate as it does today in Westford. Westford is extremely lucky to have Roudenbush Community Center Inc. serving our town.

Sincerely,

A handwritten signature in black ink, appearing to read "Jaskie & Mike Sofer". The signature is stylized with a large, circular flourish at the beginning and a long, horizontal line extending to the right.

Jaskie & Mike Sofer

Appendix L:
Memorandum of Understanding (MOU)

Memorandum of Understanding (MOU)

TABLE 1: SECTOR INFORMATION

Sector Name (Youth, Parents, Business, etc.)	Sector Representative (Individual's Name as listed in "Sector Representative Table")	Agency/Organization
Other/Community Education	Katherine Pouliopoulos	Roudenbush Community Center

1. This Agreement between Westford Against Substance Abuse Coalition Committee and shall be from October 1, 2010 until terminated by mutual agreement:

SERVICES AND RESPONSIBILITIES

1. Westford Against Substance Abuse Committee shall be responsible to:
 - a. Set policies for staff and programs;
 - b. Formulate goals and objectives in compliance with its funding source;
 - c. Oversee the daily operation of its activities and programs;
 - d. Direct any Westford Youth Substance Abuse Committee staff and volunteers working on its activities and programs;
 - e. Jointly set goals and objectives for staff and volunteers, and negotiate and approve their activities;
 - f. Create and follow its strategic plan within the requirements of its funding source; and
 - g. Westford Against Substance Abuse Committee will respect the right of the Roudenbush Community Center members to their own opinions and beliefs.
2. Katherine Pouliopoulos shall be responsible to:
 - a. Attend 4 number of meetings annually;
 - b. Provide early childhood education programs, after school programs for elementary children and provide information to parents on prevention activities.
 - c. Participate in Communities Organizing for Change on Alcohol including public programs and trainings that address the legal, social and health issues related to the root causes and consequences of substance abuse, underage drinking and violence prevention.

- d. Attend coalition sponsored trainings, seminars, and community-wide events;
- e. Participate in assessing and analyzing root causes of substance abuse problems in the community;
- f. Participate in on-going logic model development and strategic planning processes;
- g. Participate in on-going refinement of the coalition vision, mission, objectives, goals, and activities;
- h. Ensure clear communication between the sector member's organization and the coalition;
- i. Participate in the implementation of multiple strategies across multiple sectors to achieve community change;
- j. Work towards creating population-level change as evidenced by the four core measures;
- k. Participate in sustaining the coalition's vitality, involvement, and energy in the community; and
- l. Support the overarching principles of cultural competence and ensure its incorporation into the coalition's comprehensive approach.

CONFIDENTIALITY

Both parties agree that they shall be bound by and shall abide by all applicable Federal or State statutes or regulations pertaining to the confidentiality of client records or information, including volunteers. The parties shall not use or disclose any information about a recipient of the services provided under this Agreement for any purpose not connected with the parties' contract responsibilities, except with the written consent of such recipient, recipient's attorney, or recipient's parent or guardian.

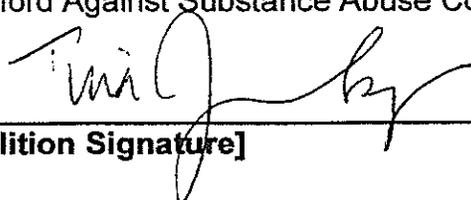
AMENDMENT

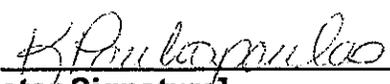
This agreement may be amended by mutual consent of both parties, however such agreements MUST BE in writing and signed by both parties before a notary.

DATED this 10th day of March, 2010.

Westford Against Substance Abuse Committee *Katherine Pouliopoulos*

Director, Roudenbush Community Center

By: 
 [Coalition Signature]

By: 
 [Sector Signature]

Substance Abuse Prevention
~~_____~~ Coordinator

Title (Please Print)

By: Executive Director

Title (Please Print)

Appendix M:
Certificate of Non-Collusion Form

ATTACHMENT C

CERTIFICATE OF NON-COLLUSION

The undersigned certifies under penalties of perjury that this bid or proposal has been made and submitted in good faith and without collusion or fraud with any other person. As used in this certification, the word "person" shall mean any natural person, business, partnership, corporation, union, committee, club, or other organization, entity, or group of individuals.

 (FRANK J. PISANO) CHAIRPERSON 3/16/10

(Signature of individual submitting bid or proposal)

The Roudenbush Community Center, Inc

(Name of business)

Appendix N:
Massachusetts Tax Compliance Statement

ATTACHMENT B
MASSACHUSETTS TAX COMPLIANCE STATEMENT

TO: TOWN OF WESTFORD
Town Hall
55 Main Street
Westford, MA 01886

FROM: The Roudenbush Community Center, Inc. Fed ID# 04-3260203

I certify under the penalty of perjury that the above named organization of person, to the best of my knowledge, has filed all State tax returns and paid all State taxes required under law.

SIGNED THIS DATE: 16th of March, 2016 BY Chairperson
Name: [Signature]
Title: Frank J Pisano - Chairperson

*Note: Your Federal Identification number will be furnished to the Commonwealth of Massachusetts - Department of Revenue to determine whether all tax filing and tax payment obligations have been met. Under Mass. G.L.C. 62C s., 49A, providers of goods or services who fail to correct a tax filing or tax payment delinquency will not have a Contract or other agreements issued, renewed or extended.